

1 RE: THE ARBITRATION OF:
2 THE ESTATE OF ESTELA PEREZ DE
3 GUZMAN, by and through ALEXIS DE
4 GUZMAN, Personal Representative,
5
6 Plaintiff,
7
8 vs.
9
10 PORT ST. LUCIE MGT, LLC, a/k/a
11 PORT ST. LUCIE MGT, LLC, d/b/a
12 EMERALD HEALTH CARE CENTER;
13 THE PALMS MGT, LLC; W. STEWART
14 SWAIN; L.P. HERZOG, a/k/a
15 LAVERNE P. HERZOG; ANDREW J.
16 BARTH; and JASMINE MELODY CARR
17 (as to EMERALD HEALTH CARE CENTER),
18
19 Defendants.

/

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21
22 DEPOSITION OF PERRY J. STARER, M.D.
23 Taken by Counsel for Defendants
24 (Pages 1 - 131)

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22 REPORTED BEFORE:
23 Heidi Kay-Harmer
24 Florida Professional Reporter
25 Esquire Deposition Solutions
Orlando office - Job No. JO340759
(407) 426-7676

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PAGE

DEPOSITION OF PERRY J. STARER, M.D.

Direct Examination by Mr. Sessions 4

Cross-Examination by Ms. Cooley 126

Certificate of Oath 127

Certificate of Reporter 128

Errata Sheets 129-131

- - -

DEFENDANTS' EXHIBITS

NO.

1 Curriculum Vitae 9

2 List of testimony 10

3 Letters dated 9/9/15, 11/25/15
and 2/26/16 12

4 Three CD disks 15

5 Handwritten notes 17

- - -

1 Deposition taken before Heidi Kay-Harmer,
2 Florida Professional Reporter and Notary Public in
3 and for the State of Florida at Large, in the above
4 cause.

5 * * * * *

6 THE COURT REPORTER: Do you swear or
7 affirm that the testimony you are about to
8 give will be the truth, the whole truth, and
9 nothing but the truth, so help you God?

10 THE WITNESS: Yes, I do.

11 THEREUPON,

12 PERRY J. STARER, M.D.,
13 having been first duly sworn or affirmed, was
14 examined and testified as follows:

15 DIRECT EXAMINATION

16 BY MR. SESSIONS:

17 Q. Good morning, sir.

18 A. Good morning.

19 Q. Would you state your name for the record.

20 A. My name is Perry, P-e-r-r-y, middle name
21 is Jay, J-a-y, Starer, S-t-a-r-e-r.

22 Q. Dr. Starer, and you are a medical doctor?

23 A. That is correct, sir.

24 Q. All right.

25 Dr. Starer, I know that you've been

1 deposed on several occasions, is that correct?

2 A. That is true.

3 Q. About how many times have you had your
4 deposition taken?

5 A. I would estimate between 75 and 100
6 times.

7 Q. How many times have you been deposed in
8 the last 12 months?

9 A. I'm not sure. Maybe about 12 or 15
10 times.

11 Q. And how about in the preceding 12-month
12 period?

13 A. That I don't know, but it might be on the
14 list that I brought for you.

15 Q. And the reason I ask is that I had an
16 opportunity to review a few of your transcripts
17 and I think you gave a similar estimate of your
18 deposition testimony back in 2014. So I realize
19 you're just giving me a general estimate, but it
20 may be more than 100 depositions by now?

21 A. It could be, and I really do estimate. I
22 don't think it's 200. I don't even think it's
23 150.

24 Q. How many times have you testified at
25 trial?

1 A. I think about 15 to 20 times.

2 Q. Fifteen to 20 times?

3 A. Yes.

4 Q. And how many times have you testified at
5 arbitrations?

6 A. Never.

7 Q. This case is scheduled for arbitration at
8 the end of this month. Do you plan on testifying
9 live if you're asked to do so?

10 A. If invited, I will attend.

11 Q. It sounds like a party.

12 Well, I'm not going to go through all the
13 preliminaries because you're very familiar with
14 this process.

15 I will ask that -- that you -- if you
16 don't understand my question, or if I ask a
17 question that is confusing or inartful, please let
18 me know so I can rephrase it so we can make sure
19 that you understand the question and, therefore,
20 that your answers under oath are given in response
21 to a question that you understand, okay?

22 A. Fair enough.

23 Q. And, also, you and I need to work
24 together to make sure that this transcript that is
25 being generated by this lady to my left here is

1 clear, so I'm going to do my best to not talk or
2 start a question while you are still giving an
3 answer. And if you would, sir, please wait until
4 I'm done asking my question before you begin your
5 answer so we're not talking at the same time.

6 A. I agree.

7 Q. And, lastly, a promise I made to the
8 court reporter, I'm going to try to speak slowly
9 because sometimes I speak fast.

10 Doctor, what is your professional
11 address?

12 A. 87-08 Justice Avenue, Office No. C5, and
13 that's in New York City.

14 Q. And we are down here in Orlando, and I
15 told you I'd do this on the record, thank you for
16 arranging this deposition on short notice.

17 A. It is my pleasure. I happened to be in
18 Florida, so I tried to accommodate you.

19 Q. Sir, when did you obtain your medical
20 license?

21 A. Oh, I think around 1981. I had graduated
22 medical school in 1980 and then took about a year
23 to get the license. I think it was about 1981.

24 Q. And how many states are you currently
25 licensed to practice medicine in?

1 A. One, and that's New York State.

2 Q. Have you ever been licensed to practice
3 medicine in any other state?

4 A. No, I've not.

5 Q. Do you have a specialty, sir?

6 A. I have a specialty in internal medicine
7 with a sub-specialty in geriatrics.

8 Q. Are you board certified in internal
9 medicine?

10 A. I am.

11 Q. And have you obtained any additional
12 certifications as a geriatric physician?

13 A. Yes, I have.

14 Q. When did you first obtain the special
15 certification in geriatric medicine?

16 A. It was in 1988.

17 Q. And when was the last time that you
18 renewed that?

19 A. 2008.

20 Q. And is that certification current?

21 A. Yes, it's current, I believe, until 2018.

22 And just to offer an additional
23 explanation, this process changes over time, so
24 now they are calling it maintenance of
25 certification, and that means that it's an ongoing

1 process as opposed to waiting every ten years, so
2 I am maintaining my certification at this time by
3 complying with certain requirements.

4 Q. Okay.

5 Sir, you were asked to bring some
6 documents to your deposition and you have several
7 documents in front of you, so let me just take
8 these one by one.

9 Do you have a copy of your current
10 curriculum vitae?

11 A. I do.

12 MR. SESSIONS: I'd like to attach that as
13 the first exhibit to this deposition.

14 (Defendants' Exhibit No. 1 was marked for
15 identification.)

16 BY MR. SESSIONS:

17 Q. Sir, you told me that you had a list of
18 trials and I think deposition testimonies, is that
19 correct?

20 A. Yes. I asked -- I was asked to bring my
21 most current list. This is the most current list.
22 It's put together. It may not -- well, it does
23 not include 2016, but it goes back three years
24 from 2015.

25 Q. Was this generated because you were

1 involved in a federal suit as a witness?

2 A. No. This is something which I am
3 maintaining now because in the past I had been
4 involved with a federal case, and I was told that
5 you have to have a three-year list, so I keep one
6 going.

7 Q. Okay, sir. And that includes deposition
8 and trial testimony?

9 A. That is true.

10 MR. SESSIONS: I would like to attach a
11 list of testimony as the second exhibit to the
12 deposition.

13 (Defendants' Exhibit No. 2 was marked for
14 identification.)

15 BY MR. SESSIONS:

16 Q. You have some more paper in front of you
17 that looks like it's correspondence. Would you
18 describe what those documents are for the record.

19 A. These are the cover letters I had
20 received from the law office of Wilkes & McHugh,
21 and each letter lists some materials which were
22 contained on an accompanying compact disk or what
23 I call a compact disk.

24 Q. I was going to say it is called compact
25 disks?

1 A. You know, they called them CDs, but they
2 probably are not called CDs anymore.

3 Q. Let me take one more look at the papers.
4 You let me take a look at these before the
5 deposition.

6 A. (Hands counsel.)

7 Q. Thanks.

8 I realize you don't have your records in
9 front of you or your computer where you might be
10 reviewing the records. Do you have a hard copy of
11 the records, or do you use digital records?

12 A. For this case everything is on these
13 disks.

14 Q. Okay.

15 And a question I have for you, and I
16 don't know if you can answer this now since you
17 don't have the records in front of you, you have
18 Lawnwood Regional Medical Center from September
19 24th, 2008, to October 8th, 2008. There was a
20 couple of different sets of the records going
21 around. One's, for lack of a better word, I'll
22 call it abstract, but it's -- it doesn't contain
23 that much material, and there's another set that's
24 pretty voluminous.

25 As we sit here today, do you know which

1 one that you saw? Was it only a few pages or was
2 it hundreds of papers?

3 A. No. The ones that -- I didn't count the
4 papers, but what I saw -- I don't know if it also
5 was contained in the third transmission.

6 Q. Yes, sir. There are. You're right.
7 There's two different [inaudible], you are right
8 (indicating).

9 A. So I was looking at the most recent set
10 of records and, to me, it looked fairly complete.

11 Q. Okay. You would know what I'm talking
12 about. I mean, it's a two-week hospitalization.
13 I saw one set of records that was roughly 12 pages
14 and, obviously, that clearly wasn't the -- all the
15 records. Then there was another one that was far
16 more complete.

17 A. Right, and that's the one -- well, I may
18 have looked at both of them, but the one I was
19 using was the more complete one.

20 MR. SESSIONS: I would like to attach as
21 the third exhibit to the deposition three
22 letters that Dr. Starer referenced, total of
23 four pages.

24 (Defendants' Exhibit No. 3 was marked for
25 identification.)

1 BY MR. SESSIONS:

2 Q. Doctor, do the documents in Exhibit 3
3 represent all of the correspondence that you've
4 received in this case?

5 A. I believe it has. If there's another
6 letter, then I never saw it or I lost -- this is
7 everything that I had kept together in my file, so
8 that's everything that I have received and looked
9 at. And I don't know of any other letters that
10 were sent, however, there's also electronic mail.

11 Q. That was going to be my next question.

12 A. Yes, and the electronic mail only
13 consisted of messages concerning an arrangement
14 for a deposition and today's deposition.

15 Q. Okay.

16 Is there any correspondence which you
17 generated that you would have sent to Plaintiff's
18 counsel regarding this case?

19 A. No written correspondence, and the email
20 was just messages. Simple word like yes or okay.

21 Q. Okay.

22 You also have in front of you these three
23 disks that you referenced, and, for the record,
24 will you describe what's on them just in general?

25 A. Each one contains what is listed on the

1 cover letters, so it will be records pertaining to
2 Mr. [sic] Guzman's hospitalization at Lakewood
3 [sic] Regional Medical Center, and her residency
4 at Emerald Health Care, and her residency at Sunny
5 Days Assisted Living Facility, and also the care
6 being rendered by Treasure Coast Hospice. There's
7 also some records from the doctor's office;
8 there's the death certificate; there are
9 deposition transcripts; and medical bills; and
10 surveys of the Emerald Health Care facility.

11 Q. So the bottom line is what's on those
12 disks will correspond with the letters that we
13 have marked as Exhibit 3, correct?

14 A. Yes.

15 Q. Okay.

16 And there's no additional information on
17 those disks other than what's outlined in Exhibit
18 3?

19 A. None that I saw.

20 Q. Okay.

21 MR. SESSIONS: I would like to attach
22 copies of the disks to this transcript in
23 whichever fashion would be the most efficient
24 for Esquire, and there's three disks, three
25 separate disks.

1 MS. COOLEY: Are we attaching the disks
2 separately as exhibits or Composite No. 4?

3 MR. SESSIONS: Composite No. 4.

4 (Defendants' Exhibit No. 4 was marked for
5 identification.)

6 BY MR. SESSIONS:

7 Q. Doctor, are there any other documents
8 that you brought with you today?

9 A. The only other material which I brought
10 today are my handwritten notes.

11 Q. And would you describe for the record
12 what those notes are.

13 A. These are notes which I created while
14 reviewing the material. I have it organized in a
15 fashion which I think is usable, at least for me,
16 that each facility that I was reading about has
17 its own page, and within the facility I may have
18 taken notes pertaining to a particular topic.

19 And then, also, I have notes that I had
20 taken concerning the surveys and just a minimal
21 number of notes that I took while reading the
22 deposition transcripts.

23 Q. Okay.

24 You said one thing that I would like you
25 to clarify for me. You said it sounds like you

1 have a page for each facility, and then you said
2 something about then I may have taken notes within
3 that about a certain facility. Explain that to
4 me.

5 A. Okay.

6 So the notes themselves, when you'll see
7 them, you'll see the notes do not contain any
8 opinions, editorial comments. They are direct
9 transcriptions.

10 When I was looking at Emerald Health Care
11 and organizing my notes and analyzing the case, I
12 created separate pages pertaining to topics, and
13 the topics were skin, nutrition and mental status.
14 So it's organized that way, but it still contains
15 no opinions.

16 And, also, when I started taking notes on
17 the hospice care, I wrote a little bit at the
18 bottom to show me a timeline. The topic here
19 would be end of life, or possible end of life.

20 So I -- to me, it makes sense. You know,
21 to someone else looking at it, it may not make
22 sense, but I can explain why the pages are created
23 the way they are.

24 Q. Very good.

25 Were your notes generated at about the

1 same point in time?

2 A. No -- well, I mean, if you look at it
3 you'll see that the pages may have different tints
4 to them. The ink may be a little different. So
5 it was an ongoing process.

6 I began generating the notes when I was
7 first contacted and received first records and
8 I've been adding on to them, and I was adding on
9 to them as recently as this morning.

10 Q. Okay.

11 Let me take a look at your notes, Doctor.

12 A. Sure (hands counsel.)

13 Q. Thank you.

14 MR. SESSIONS: Off the record.

15 (A discussion was held off the record.)

16 MR. SESSIONS: Doctor, thank you for
17 providing us with a set of your notes which I
18 will mark as the fifth exhibit to this
19 deposition.

20 (Defendants' Exhibit No. 5 was marked for
21 identification.)

22 BY MR. SESSIONS:

23 Q. Are there any other documents which would
24 make up your file in this case?

25 A. No.

1 Q. Have you generated any billing
2 statements?

3 A. No, I have not.

4 Q. Okay.

5 Did you receive a retainer?

6 A. I did not.

7 Q. What are your fees for services, sir, for
8 reviewing records?

9 A. \$200 for an hour of time.

10 Q. Okay.

11 What is your fee for testifying at
12 deposition?

13 A. It's the same, \$200 for an hour.

14 Q. What is your fee for testifying at
15 arbitration or trial?

16 A. It will be \$200 an hour.

17 Q. When did you first begin consulting in
18 medical/legal matters?

19 A. I think around 2000 roughly.

20 Q. How did you get involved in the
21 consulting business?

22 A. I didn't even know there was a consulting
23 business. I was sitting in my office in New York
24 City and the phone rang, and I answered my phone
25 and the gentleman said he was a lawyer from Texas

1 and asked me if I would do a -- consulting work.

2 I said no. And I thought that would be
3 the end of the conversation, but he was persistent
4 and I was persistent, and I said I do not do this.
5 I don't even know what this is and you probably
6 have reached me in error.

7 And he said, well, we have a problem with
8 a -- you know, a nursing home in Texas, and could
9 you just please look at the records for us and
10 tell us whether what we think happened happened.

11 I said fine. Short story.

12 So he sends me the records. I look at
13 it. I go, yeah, there was -- they did something
14 wrong and the person got hurt.

15 He said, well, would you be willing to
16 write a report?

17 I said no, but -- you can see where this
18 is going. He -- I said to him, why are you
19 calling me? You know, you have doctors in Texas.

20 Q. What was the answer to that question
21 because I was thinking the same thing?

22 A. Okay. And he said the doctors in Texas
23 won't do it for whatever reason.

24 And I said then I have to do it.

25 So, you know, I wrote the report. So now

1 you have your report.

2 Well, would you be willing to give a
3 deposition?

4 And at that point I said I -- I don't
5 even know what that means. I [sic] said, oh, you
6 just answer questions. You know, it will be very
7 respectful and courteous.

8 And it really wasn't. It went on for
9 about eight hours and the attorney was a little
10 bit aggressive, and the next thing I know, well,
11 are you willing to come to Texas for a trial to
12 testify?

13 And at that point, you know, I was
14 involved, so I went. I testified in Texas, and
15 then I started getting phone calls from other
16 attorneys.

17 Q. And that was the first case in which you
18 were ever an expert witness?

19 A. The first time ever I did the full, I
20 guess, expert experience.

21 Q. Did you have less than the full
22 experience as an expert prior to that?

23 A. I had never been an expert prior to that.

24 Q. That's what I was getting --

25 A. So I -- I thought, and I don't know if

1 the attorney also had thought, that all I would do
2 was write a report and that would be the end of
3 it, but it went all the way to trial. So it was
4 the first time I ever gave a deposition. The
5 first time I have testified at trial. The first
6 time I think I ever was in the courtroom.

7 Q. So in all the cases in which you've been
8 retained as an expert and you provided deposition
9 testimony, has it always been in favor of the
10 plaintiff?

11 A. I've -- for the most part I only get
12 called by plaintiffs' attorneys, so any time
13 I've -- as it worked out, the only time I've ever
14 given testimony at deposition or at trial has been
15 for the plaintiff.

16 Q. Okay. You've never been an expert
17 witness on behalf of the defendant in a
18 nursing-home case?

19 A. I've spoken to defense experts [sic] a
20 small -- to defense attorneys a small number of
21 times, but they have never -- it's never gone
22 beyond a phone call or a quick review of the
23 records. The attorneys did not want to pursue it
24 with me.

25 Q. And, again, I've had a chance to look at

1 your testimony history. It looks like you
2 testified in a number of different jurisdictions,
3 is that fair to say?

4 A. I have given depositions for cases in
5 many different states, but often the depositions
6 are conducted in New York.

7 Q. Yes, sir.

8 A. Then, as far as trials I've done, I've
9 gone to different states for that.

10 Q. And that includes the state of Florida
11 such as this case?

12 A. Once in Florida.

13 Q. That involved Freedom Square over in
14 Seminole, Florida, Pinellas County. Does that
15 ring a bell?

16 A. You may know better than I do. I just
17 know one time I was in a courtroom in Florida. It
18 was in Tampa, the courtroom.

19 Q. Yes, sir.

20 How many times have you been retained by
21 the firm of Wilkes & McHugh?

22 A. I don't know the number. I'm going to
23 guess 30 or 40 times over the years. I'm
24 guessing.

25 Q. Yes, sir.

1 And of those times, in how many of those
2 cases did you provide deposition testimony?

3 A. I think most of the time. As I said,
4 maybe 70 -- whatever the number's going to be -- I
5 would say 75 or 80 percent of the time.

6 Q. The times that you've been hired by
7 Wilkes & McHugh, has that always been out of their
8 Tampa, Florida, office, or have you also been
9 retained out of some of their other offices?

10 A. Just to be clear, the phone call comes
11 from Tampa and sometimes the attorney is actually
12 based in Tampa, but the case may be in another
13 part of the country.

14 Q. To the best of your recollection, has the
15 law firm of Wilkes & McHugh been the firm that has
16 retained you most often?

17 A. I don't think so because there is an
18 attorney in New York who has been retaining me a
19 lot.

20 Q. Would Wilkes & McHugh be in your top
21 three as far as being retained most frequently?

22 A. Just to be careful, I'll say maybe the
23 top four.

24 Q. All right, sir.

25 Have you ever worked in a long-term care

1 facility?

2 A. I have.

3 Q. All right.

4 Have you ever worked full-time as a
5 medical director of a long-term care facility?

6 A. I had.

7 Q. Pardon me?

8 A. I have done it in the past, yes.

9 Q. All right.

10 When was the last time that you worked as
11 a medical director for a long-term care facility?

12 A. It would have been in the 1990s. It may
13 have been as recently as 1999.

14 Q. What was the name of that facility, sir?

15 A. The facility didn't have a name. And
16 just to explain, when I was part of the medical
17 school and I had retired from that position in
18 2014, there were many different settings in which
19 I had moved over roughly a 30-year period.

20 And in one of the hospitals there was a
21 skilled-nursing facility unit which was contained
22 within the building. So the hospital was Elmhurst
23 and still is Elmhurst Hospital Center. There was
24 an approximately, seven -- I think it was 72 bed
25 skilled-nursing facility, certified beds, spread

1 out over two floors, and I was the medical
2 director for that, those units, but we did not
3 have like a name. We were just called the
4 skilled-nursing facility unit.

5 Q. Which was a wing of Elmhurst Hospital?

6 A. Two wings, two floors, one right on top
7 of the other and the staircase would connect them.

8 Q. Okay.

9 And, currently, sir, what type of
10 practices do you operate or operate in?

11 A. I am operating within a private practice,
12 which is, essentially, home care, it's home
13 visits, house calls in New York. We do have a
14 physical office and there is a nurse practitioner
15 and registered nurse who works with me. Patients
16 can come into the office, but my primary focus is
17 going into the homes. The patients who have been
18 coming into the office are being seen by a nurse
19 practitioner who is partnered with me.

20 Q. How many hours a week do you work in that
21 capacity?

22 A. Well, it's not an -- an hourly/salaried
23 job, and I know that's obviously -- I don't -- I
24 think of it as every day of the week because I'm
25 responding to the patients' needs, and we'll go

1 into the homes in the evening and on holidays and
2 weekends. There's no fixed scheduled. It's based
3 on need.

4 Q. I understand. And I'm trying to get an
5 idea of what percentage of your time is spent
6 actually providing health care in this home-care
7 setting.

8 A. Yeah, I don't think of it -- I know what
9 you're saying -- I don't think of it that way
10 because I could even -- today, even being in
11 Florida, I can actually be providing care by
12 reviewing something, having a discussion or
13 sending a prescription, so I don't break it down.

14 Physically I will be in -- when I'm in
15 New York, I will be sitting in the office
16 throughout the day and getting up and going to
17 somebody's house, so I'll be there in the office
18 maybe five or six days a week.

19 Q. Okay.

20 And during that five- to six-day period,
21 how many hours are you actually spending going to
22 a patient's house and providing care or otherwise
23 providing care to a patient who comes to you?

24 A. Right, and I -- I don't tend to think of
25 it that way. I don't break it down as to when I

1 have physical contact with the patient. Let me
2 see if I can do that.

3 So putting aside time, I'm going through
4 records and reviewing things and making phone
5 calls to go to a patient's home will take at least
6 an hour, and that may not even include the travel
7 time. You have to go there, you have to park, you
8 have to wait for them to answer the door. And
9 once you're in somebody's house, you tend to stay
10 there longer than if they were in your office.

11 So it depends. It could be days where it
12 is -- it's going to be hours and hours and there
13 may be other days where nobody actually needs to
14 see you.

15 Q. And that's what I'm trying to figure,
16 Doctor, is how busy is your practice of actually
17 caring for patients?

18 For example, if you're a physician at a
19 hospital, might be making rounds and seeing
20 patients during a specific set of time, I want to
21 find out, if you can tell me, if you can break it
22 down, what percentage of your work week typically,
23 and if you want to make it monthly, whatever is
24 easiest for you, is spent providing hands-on-care
25 to patients whether it be at their home or in the

1 office setting?

2 A. Yeah. I'm going to say I don't know, but
3 I will try 'cause I am -- obviously, this time I'm
4 working with a team and it's not that I'm trying
5 to evade the question. I'm just telling you how
6 difficult it is to maybe put an answer into that
7 framework because there will be times I'll be
8 sitting in the office and the nurse practitioner
9 goes out to the home, comes back and says a
10 discussion -- then we have to go back to the home,
11 and I have to go because of what needs to be
12 accomplished couldn't be accomplished.

13 But I don't really think of it by the
14 hour. I think of it more on maybe the way a
15 fireman might think, availability, and I have to
16 make myself available during that time.

17 So I see it as a full-time job and in
18 ways it's less -- it's -- it's less rigid than
19 when I was in the hospital, but more demanding
20 because I can't just walk away from it.

21 Q. What's the name of that group you're in?

22 A. Elmhurst Medical Providers.

23 Q. How long have you worked for Elmhurst
24 Medical Providers?

25 A. I started -- well, when we created it --

1 so I created it with the two nurses -- so I was
2 there since the beginning and it was created
3 around the time in 2014 when I decided to leave
4 the medical school, so there was an overlap. In
5 October of 2014, and I was solely devoted to it.

6 Q. What was your reason for choosing to
7 leave the medical school?

8 A. You -- if you want to hear my -- of my
9 life stories, I'll be very happy to tell you, but
10 stop me if you think it goes too far afield.

11 So somewhere in the summer of 2013 I
12 became ill on a family trip, so I had the rare
13 experience not only getting sick, but getting sick
14 in front of my family.

15 At that time there was a lot of
16 discussion about stopping working, you know, as
17 you can imagine. It was probably more frightening
18 to be watching me than to actually have been me in
19 that setting, but I just remember there was a ride
20 in an ambulance and my wife and my daughter were
21 in the ambulance with me.

22 Survived it, but then they said, well,
23 you have to retire.

24 And, of course, I said okay, I will. And
25 I did buy a house here in Florida.

1 Q. Okay. And that's what I was --

2 A. You see where it's going.

3 Q. -- I was wondering if you were slowing
4 down. That's what I was wondering.

5 A. Well, I slowed down and then sped up
6 again.

7 So the retirement quickly turned into a
8 semi-retirement, and then quickly returned to no
9 retirement whatsoever, but I had already put in
10 notice into the medical school.

11 Q. In the past 12 months, what percentage of
12 your income would be comprised of the work that
13 you do in consulting and medical/legal matters?

14 A. I think it's still, I said before, like
15 15 to 20 percent. I think it's still around that,
16 maybe 20 percent of all income.

17 Q. Okay. All right, sir.

18 MR. SESSIONS: Let's take a quick break
19 and I think we're going to get into your
20 opinions.

21 THE WITNESS: Fair enough.

22 MR. SESSIONS: Thanks.

23 (A brief recess was taken.)

24 BY MR. SESSIONS:

25 Q. Doctor, we are here today because you've

1 been identified as an expert witness for the
2 Estate of Estela Perez de Guzman, and it's my
3 understanding that you have some opinions
4 regarding our client Emerald Health Care, is that
5 correct?

6 A. That is true, sir.

7 Q. I know in other cases you prepared
8 reports or affidavits. We don't have that in this
9 case.

10 So what I'd like to do, if you can do it
11 for me, I'd like to outline your opinions, then
12 I'd like to discuss them with you. Can you do
13 that?

14 A. Fair enough.

15 The overriding opinion, which is a
16 criticism of Emerald Health Care for the residency
17 of Miss Perez de Guzman October 8th, 2008, to
18 November 7, 2008, is a failure to properly
19 individualize the care provided to her; coordinate
20 the care; properly devise care plans; properly
21 communicate the care plans to the workers; and how
22 these failures then led to a decline in her
23 condition and how that contributes to death.

24 Now, within that framework I am critical
25 of their approach to her skin care as far as the

1 assessments of her skin condition and the creation
2 and implementation of the care plan.

3 Q. All right. Let me stop you there,
4 Doctor, because you're looking at your notes, and
5 if I can, I would like to sort of look at the same
6 page you're referring to.

7 A. -- so if it's okay, what I'll do is I
8 will tell you what page I'm looking at as I'm
9 speaking --

10 Q. Yes, sir.

11 A. -- and I'll try and do it slowly.

12 So I had just looked at what was page two
13 which would say on the left side in the upper
14 left-hand corner "pressure ulcer."

15 Q. Okay.

16 A. And I was just scanning that to see what
17 notes I had made concerning the assessment of her
18 skin and the creation of the care plan.

19 Now I had just flipped to the next page
20 when you had asked me that question, and you'll
21 see on this page it says in the left upper corner
22 "eating," and this is my opinion concerning the
23 failure of Emerald Health Care to properly respond
24 to Miss Perez de Guzman's nutritional needs and
25 specifically what she needed in order to properly

1 maintain and improve her nutritional status. And
2 it will have to do with creations of care plans,
3 revisions of care plans, and also coordinating the
4 recommendations of consultants, and then will then
5 flow into how this failure contributed to her
6 death.

7 And then I would flip to the next page
8 which in the upper left-hand corner says "mental
9 status," and because of the failure to insure that
10 she is eating properly Miss Perez de Guzman
11 suffers a functional decline, which then results
12 in her death. All of this may not be written in
13 the notes itself, but by looking at the notes, I'm
14 reminded of that.

15 Q. Yes, sir.

16 A. And there are other -- I had noted also,
17 looking at the depositions of family members, that
18 there were complaints concerning hygiene and
19 clothing and areas of dignity. I do recognize
20 that, too, as a problem at the facility. I'm
21 basing most of that on what I saw in the
22 deposition transcripts, but it was not my main
23 criticism, but I'm not saying it's not something I
24 would -- would not be critical of. I would be
25 critical of that if they were putting her in

1 somebody else's clothing or allowing her to lay in
2 her excrement.

3 Q. Yes, sir.

4 We may have covered this with your
5 earlier testimony, but just for perspective, when
6 was the last time that you worked regularly in a
7 long-term care or skilled-nursing facility?

8 A. The last time I was there regularly,
9 which would be either everyday or two or three
10 times a week, would have been in 1999.

11 Q. Okay. Again, that would have been in New
12 York?

13 A. New York City.

14 Q. All right.

15 Are you familiar with Chapter 400 of
16 Florida Statutes which is the chapter that
17 dictates the -- sort of the rules of the game as
18 it pertains to nursing homes?

19 A. Yes. I mean, I know there's federal
20 guidelines and it's 483, and then there's the
21 Florida, which is 400, and it's the rights to
22 adequate and appropriate health care. I am
23 familiar with it and, in fact, I would probably be
24 incorporating that into my opinion, too, because
25 they were mentioned in the surveys which I had

1 looked at.

2 Q. Yes, sir.

3 Let's discuss a little bit about -- let's
4 talk about Emerald Health Care itself. How many
5 beds is that facility?

6 A. I had looked at that material briefly and
7 I don't know if I remember it exactly. I don't
8 know if it was like 75 or 150. I saw somebody had
9 discussed it, but I didn't write that down.

10 Q. Okay.

11 What kind of facility is it, if you know?

12 A. It was my understanding it was a
13 skilled-nursing facility. Now, I don't know if
14 they had -- I think there might have been separate
15 units in there, but I don't remember now. Some of
16 this came up in the deposition transcripts, but I
17 didn't take notes on it.

18 Q. And which surveys did you review?

19 A. The surveys that I reviewed, and I will
20 list the dates, are March 26, 2007; May 29th,
21 2007, October 8, 2007; December 26th, 2007;
22 February 6, 2008. And I'm looking at one of the
23 pages in my notes: February 7th, 2008; April
24 16th, 2008; May 19th, 2008; July 10, 2008;
25 August 27, 2008; October 16th, 2008; February 9,

1 2009; March 30th, 2009; April 20, 2009; April 24,
2 2009; June 5th, 2009; and there were also some
3 re-visits, and that's what they were called, they
4 were not called surveys, and that was
5 February 8th, 2008; March 21st, 2008; March 11th,
6 2009; July 9th, 2009.

7 Q. And it's your understanding that all
8 those dates either pertained to surveys or
9 re-visits?

10 A. That is true.

11 Q. When was Miss de Guzman's residency at
12 Emerald?

13 A. Her residency began on October 8, 2008,
14 and she was discharged on November 7th, 2008.

15 Q. You were reviewing surveys that occurred
16 after she was discharged from the facility?

17 A. Yes, before and I think there's one
18 during and then after.

19 Q. Okay.

20 Why was she admitted to Emerald Health
21 Care, sir?

22 A. From what I was able to determine from
23 the records, they felt that she needed a skilled
24 nursing level of care, but also she was to be
25 getting rehabilitation therapy, which she did get,

1 and this is because she had recently been
2 hospitalized at Lakeland [sic] Regional Medical
3 Center for a right-hip fracture which had been
4 surgically repaired there.

5 Q. How long had she been hospitalized at --
6 you say Lakeland [sic] Regional Medical Center?

7 A. And the correct title might be Lakeland
8 [sic] Regional Medical Center and Heart Institute,
9 but she was admitted on September 24th, 2008, and
10 she was discharged on October 8th, 2008, and my
11 notes are in the first page of your collection.

12 Q. Yes, sir.

13 Why was she hospitalized before her
14 admission into the nursing home?

15 A. She had apparently been at home and was
16 trying to go to the bathroom and had fallen, and
17 it was discovered that she had broken her right
18 hip.

19 Q. What sort of medical intervention did she
20 need at the hospital for that hip?

21 A. She underwent surgery and they repaired
22 it surgically.

23 Q. As we sit here today, do you know what
24 type of surgery she had?

25 A. According to the operative report it was

1 an open reduction and then internal fixation of
2 the fracture and they used a Gamma Nail.

3 Q. Yes, sir.

4 Were there any postoperative
5 complications based on your review of the records?

6 A. There were some. I didn't list all of
7 them, but I believe that she had -- she may have
8 had a urinary tract infection at the time. I
9 think maybe her blood pressure had dropped and
10 they had to address that. They may have noted
11 anemia. I don't know if it was a complication
12 necessarily related to the fracture, and I'm not
13 sure even if the other things were directly
14 related to the fracture or the fracture repair.

15 And then also she was noted to have a --
16 a change in her mental status during the time that
17 she was at Lakeland [sic] Regional Medical Center.

18 Q. Based upon your review of the records,
19 what was the reason that was attributed to her
20 change in mental status at the hospital?

21 A. I had seen a consultation note which was
22 directly addressing this, and this is also in my
23 notes, which would be your first page, and this
24 consultation had arrived -- well, this consultant
25 had arrived at the impression that the change in

1 her mental status was a confusional state which
2 was related to the hip fracture and probably more
3 specifically to the medications that were being
4 utilized for the treatment or -- or for the -- let
5 me just say it more clearly. The medicines were
6 not treating the fracture itself, but medicines
7 were treating the sequela of the fracture and that
8 may have caused the mental-status changes.

9 Q. Did you see any indication that her
10 health-care providers at the hospital determined
11 that she had toxic encephalopathy?

12 A. Yes. In fact, in that very same note
13 that I just referenced it actually said: Mental
14 status changes mostly likely due to confusional
15 state secondary to toxic metabolic encephalopathy
16 in this patient with an acute right hip fracture,
17 status post-sedation with medications.

18 Q. What is toxic encephalopathy?

19 A. The idea of toxic encephalopathy to say
20 simply is that the encephalopathy, which is some
21 sort of change in mental functions, is due not to
22 a structural problem with the brain itself, but
23 due to a toxin which is in the system of the
24 person who is also the owner of that brain, and
25 that the toxins then are interfering with the

1 brain's function, but not necessarily permanently
2 damaging the brain. So it can be an electrolyte
3 abnormality, it could be a medication that
4 somebody is ingesting. In this case the
5 consultant said it was a medication.

6 Q. Did you have any reason to dispute that
7 opinion based upon what you reviewed?

8 A. I have no reason to quarrel with that
9 assessment.

10 Q. Did Miss Perez de Guzman have any
11 dementia?

12 A. She did have a history of dementia. At
13 times they actually said, and they being the
14 health-care providers, said that she had
15 Alzheimer's disease.

16 Q. At the same time in the hospital records
17 did you see where the dementia was described as
18 advanced?

19 A. I did see that phrase advanced dementia.

20 Q. In your opinion, as a geriatric
21 physician, what does advanced dementia mean to
22 you?

23 A. In my opinion, it -- it means exactly
24 what it says, that it is a -- a more -- I don't
25 want to use the word advanced twice, because that

1 doesn't explain it, but it is a more severe type
2 of dementia than having mild dementia or no
3 dementia at all. However, it is not a specific
4 descriptor of the dementia.

5 So as a geriatric physician, if I would
6 hear something like that, I would certainly not
7 discount it, but then I would want to know in what
8 areas has the patient's mental function
9 deteriorated. And then, from there, I would get a
10 better sense of what advanced actually means.

11 Q. What is Alzheimer's dementia?

12 A. It's a degenerative disease of the brain.
13 It's a neurologic disease and it is a -- at this
14 point in time it's not something that everybody's
15 going to get, but it's -- if you're older, you are
16 more likely to get it than if you're younger, and
17 it progresses, but can progress slowly.

18 Q. How does Alzheimer's -- how is
19 Alzheimer's disease manifested in patients?

20 A. Well, it depends at -- at which point
21 that you get them, but I guess the way that a
22 health-care provider would try and understand
23 Alzheimer's disease is to see what areas are being
24 affected. And what I mean by that is, there could
25 be memory problems or judgment problems, but not

1 necessarily hallucinations or seizures. They may
2 not have motor problems necessarily.

3 But also what's important is not just to
4 see that they have a memory problem and then maybe
5 one other thing such as language, being able to
6 read or speak, but that it affects function, and
7 this is just so people don't think they have
8 Alzheimer's disease because they forget the name
9 of their famous -- of their favorite rock-and-roll
10 band from 30 years ago. It's -- it's a dementia
11 which makes it difficult for a person to function
12 in the world without assistance, so that's one
13 component. It has an impact on the way one lives
14 in the world.

15 And also you have to look at the
16 trajectory. And the reason I say that is with
17 Alzheimer's disease, it is a gradual decline. It
18 is not an abrupt change. If somebody suddenly
19 changes in a bad way as far as mental functioning,
20 you wouldn't be thinking of Alzheimer's disease.
21 You would look at something else, such as toxic
22 encephalopathy or a stroke.

23 Q. Do you have any understanding, based upon
24 your review of this material, how Miss Perez de
25 Guzman's Alzheimer's dementia manifested itself?

1 A. I do. There's different parts.

2 There was a physician's note I had seen
3 which may have been written prior to coming to
4 lake -- oh, in here it says Lawnwood, okay. I'm
5 sorry if I said that wrong -- but prior to coming
6 to the hospital she was seen by Jacob Samander,
7 S-a-m-a-n-d-e-r, and I recall that the doctor was
8 looking at behavioral problems.

9 Now, that is one thing which can happen
10 with someone who has dementia, but it could be a
11 reflection of them not feeling in control of their
12 environment sometimes. And when people don't
13 understand their environment because of dementia,
14 they may have behavioral problems.

15 What I was looking for in the records was
16 something more specific that might explain why she
17 is being described as having dementia, and there
18 was at Emerald Health Care a psychiatric consult
19 done in October of 2008 where a mini mental-state
20 examination was conducted and various modalities
21 were looked at.

22 So it's a long way of telling -- of
23 saying I did find a very comprehensive
24 mental-status examination in the medical records.

25 Q. And that was records specifically at

1 Emerald?

2 A. That was at Emerald.

3 When she was at the hospital, there was
4 that acute confusional state and I did want to see
5 if there was an examination which could have --
6 which was done on her when, perhaps, she was not
7 on the -- the influence of medications. This
8 would be on my page of notes that has the word
9 "mental status" in the upper left-hand corner, and
10 that would be page four.

11 Q. And based upon your review of the
12 examination that was done while Miss de Guzman was
13 at Emerald, what conclusions do you have regarding
14 her Alzheimer's dementia, if any?

15 A. Yeah. I have no reason, based upon that,
16 to change my opinion that she had Alzheimer's
17 dementia. What this particular assessment told me
18 is that advanced -- a phrase like advanced
19 dementia may not be as descriptive as what was
20 obtained by the psychiatrist. And what I mean is
21 the psychiatrist who conducted this test on
22 October 14th, 2008, which is about, you know,
23 close to the middle of her stay at Emerald Health
24 Care, determined that she didn't have severe
25 dementia, that she did not have severe dementia,

1 that she had moderate dementia, and that she was
2 able to accomplish various tasks.

3 For instance, if they -- if they asked
4 her to repeat a phrase and the phrase is no ifs,
5 ands or buts, she was able to hear that, she was
6 able to follow the instruction, and she was able
7 to then recite "no ifs, ands or buts," so she got
8 scored as being able to carry that out.

9 I was also impressed -- and the reason
10 I'm saying I'm impressed is that because she had
11 been described as advanced dementia, and yet she
12 was able to carry out a task in which she was
13 invited to read a piece of paper that had the
14 words "close your eyes" on it, and she looked at
15 it and she closed her eyes, so that impressed me
16 'cause I wasn't expecting, based on what I'd seen,
17 that she'd be able to do that.

18 And then they also asked her to write a
19 sentence on a piece of paper of her choosing, and
20 she was able to write that. So she was doing well
21 as far as language. She did well in other things
22 that were asked of her. She was not perfect. She
23 did have dementia, but she was assessed based on
24 that as having moderate dementia as opposed to
25 severe dementia.

1 Q. What were some of the findings that were
2 positive for dementia?

3 A. Well, what she couldn't do. And when it
4 came to orientation, and I don't remember what
5 answers she got wrong specifically, but when they
6 were asking her what's your name and where are you
7 and what's the day, she was not able to give
8 everything accurately.

9 There was another area, and this is what
10 I had spoken to before, all of these had
11 headings -- it's orientation, registration,
12 attention, language, construction, recall -- when
13 she's asked to name three objects, and that would
14 be, you know, they're showing her objects, and she
15 would name them, she couldn't do all of them. She
16 did some of them. When she was asked to recall
17 certain objects after a period of time, she could
18 not recall all of them. She recalled some of
19 them. So there were pieces that were missing.

20 Q. Is it common when evaluating people
21 for -- or staging their Alzheimer's dementia --
22 for them to have some days that are better than
23 others? In other words, their cognitive function
24 might be better on Tuesday than on Friday?

25 A. See, now you are ready to become a

1 geriatrician because you realize that there are
2 other factors, and that's why everybody needs to
3 be understood, and that means individualizing the
4 care and then seeing their environment.

5 So yes, sometimes people will do better
6 based on the time of day, or when the medications
7 are taken, or whether they've had enough sleep, or
8 if they're comfortable and familiar with an
9 environment or an -- an examiner. So you look at
10 them over time and you also take into account the
11 setting under which they were functioning.

12 Q. Okay.

13 While Miss de Guzman was at the hospital,
14 did she have any difficulty taking in food?

15 A. There was a concern about that, and when
16 I say there was a concern, I mean there's several
17 notes that are describing dysphasia or at least a
18 suspicion of dysphasia.

19 And dysphasia would be a difficulty in
20 swallowing. To say it simply, a problem with
21 getting the food down the tube that connects to
22 the stomach, as opposed to not having a taste for
23 food or enough saliva to dissolve the food or
24 enough teeth to chew the food.

25 So I saw the word dysphasia in there, and

1 they were concerned to the extent that they did a
2 test which is called the Modified Barium Swallow.
3 This is on the first page of my notes. And what
4 they do is they have the patient swallow barium,
5 and barium is something which then can be seen on
6 an X-ray and you watch it like a little movie.
7 You watch as the barium flows down the tube. And
8 they can do different consistencies, and some
9 dysphasia was noted.

10 At certain parts they said there was
11 minimal pharyngeal dysphasia, and the
12 recommendation was made at that time as to what
13 consistency food she should be given and also a
14 recommendation that she double swallows. So that
15 is the -- the idea that after you swallow, swallow
16 a second time in order to move everything through,
17 so that had been looked at.

18 Q. Was she actually determined to be at risk
19 for aspiration?

20 A. There were times, yes. I saw that there
21 was that determination. I don't know if that was
22 consistent, but I have no reason to disagree with
23 that assessment.

24 Q. Did the hospital recommend that Miss
25 Perez de Guzman receive a PEG tube?

1 A. There was -- I think there might have
2 even have been a nasogastric tube. I think there
3 was a discussion with a -- for a PEG tube, which
4 would be a gastrostomy tube, a tube inserted
5 directly into the stomach. I think the family did
6 decline to have that done.

7 Q. The family refused the PEG tube, but said
8 that they would agree to an NG-tube, or a
9 nasogastric tube?

10 A. I think it was agreed to, but I don't
11 believe -- I think by the time she had been
12 discharged from the hospital, it was no longer
13 there.

14 Q. Well, in fact, was Miss de Guzman
15 repeatedly pulling the nasogastric tube out in
16 part because of her dementia, or do you recall
17 seeing anything in the records that would say
18 that?

19 A. It does -- I do recall something like
20 that, and I would just, you know, try and explain
21 it.

22 She -- the dementia probably had a
23 component as far as pulling it out, but she
24 probably also may have been pulling it out 'cause
25 it was uncomfortable because she was aware of it,

1 and the dementia then took away the ability, I
2 guess, for someone to explain to her why it was
3 necessary. So it was probably the combination of
4 the dementia and the discomfort of having
5 something in her nose.

6 Q. While Miss Perez de Guzman was at the
7 hospital, was it agreed that she be placed in
8 hospice care?

9 A. She -- there were these on-and-off
10 entries into hospice or palliative care, so I did
11 see at some point there was notes being written
12 about hospice, but I think that was retracted
13 prior to discharge.

14 Q. Did the health-care providers at the
15 hospital recommend that Miss Perez de Guzman be
16 placed in hospice care?

17 A. Somebody did. I don't remember which
18 health-care provider did. I think it might have
19 been a neurologist, but I don't know for certain
20 without looking at the records again.

21 Q. Based upon your review of the records,
22 what was the rationale as to why hospice was
23 recommended while Miss Perez de Guzman was at the
24 hospital before she came to Emerald Health Care?

25 A. Here I would try and fill in a blank, a

1 metaphorical blank in the records.

2 The record that I recall seeing, which I
3 think was written by the neurologist, may have had
4 the diagnosis of end-stage dementia and then was
5 followed by the word hospice.

6 The blank that I would be filling in to
7 explain that is that someone who saw her at that
8 time felt this was not just advanced dementia, but
9 the very last stage of dementia, and that the kind
10 of thing to do, the compassionate thing to do,
11 would be to let her just drift away into the next
12 world rather than, you know, subjecting her to
13 further treatments because her dementia had
14 reached the final stage and her quality of life
15 had deteriorated.

16 Now, to say it again, I'm filling in the
17 blank for the neurologist who only wrote, you
18 know, four words: End-stage dementia and hospice,
19 but that's my sense of what the thought was.

20 Q. What is hospice?

21 A. Hospice is not -- some people think of
22 hospice of actually being a building, and it could
23 be, but you can deliver hospice care in the
24 hospital, and I have done that as well. It is the
25 consent that a person is terminal, that they're

1 close to the end of their lives and that treatment
2 would -- treatment of a disease may be more
3 burdensome than not treating, and that the intent
4 is to keep them -- keep the person comfortable,
5 maintain their dignity, of course take away pain,
6 and not subject them to aggressive treatments and
7 not to hospitalize them in certain cases. If they
8 get sick, sometimes a decision is made not to even
9 feed them, not to take a temperature, all this
10 gets worked out. And you -- you let them pass
11 away in a setting which would be, I guess, more
12 human than a hospital room, and it could be a
13 special building called a hospice or it could be
14 their own home.

15 Q. Was Miss Perez de Guzman nutritionally
16 comprised by the time she was discharged from the
17 hospital based upon your review of the records?

18 A. Based upon my review of the records, when
19 she entered Emerald Health Care, which would be at
20 the same time -- the same day as she's discharged
21 from the hospital, that's October 8th, she was
22 already in a -- a condition where she was below
23 her ideal body weight, which would go along with
24 nutritional compromise.

25 Q. Was there any additional information in

1 the laboratory studies that you saw that would
2 support the conclusion that she was nutritionally
3 compromised when she entered Emerald Health Care?

4 A. There might be, and the reason I'm saying
5 that, I did not see, when I looked at records of
6 Emerald Health Care, studies of her albumin, her
7 pre-albumin, or her total protein, but I -- if
8 they were obtained, I would have expected them to
9 be low. I think just the way she was being
10 assessed at the time that she was nutritionally
11 compromised.

12 Q. Before she came to the nursing home?

13 A. Well, before she came to the nursing
14 home -- well, by the time she came to the nursing
15 home, she was nutritionally compromised. I can't
16 tell you much more than that because I didn't take
17 any notes on that, but I have no reason to argue
18 that she was at optimal nutritional state when she
19 entered into Emerald Health Care.

20 Q. Do you have any opinion as to what her
21 hydration status was at the time she entered the
22 hospital -- I'm sorry -- at the time she entered
23 Emerald?

24 A. Yeah. When I was looking for hydration,
25 I didn't see any descriptions that she was

1 dehydrated. In fact, I didn't really see that
2 even being followed there.

3 So at this time I have no opinion one way
4 or another about her dehydration status upon
5 entering Emerald Health Care or even during her
6 time there.

7 Q. Okay.

8 But did you see anything in the lab
9 values from Lawnwood Regional Medical Center that
10 would have told you anything about her hydration
11 status?

12 A. I might have looked at it, but I didn't
13 write it down, and that might have been the blood
14 urea nitrogen level. I don't actually remember if
15 I had seen them.

16 Q. Did Miss Perez de Guzman experience any
17 skin breakdown while she was at the hospital?

18 A. Yes. And I'm flipping back between my --
19 my pages, but probably do find them now.

20 By the time she left the hospital, she
21 did have a sacral pressure ulcer. I think it was
22 being described as a stage II at the hospital.

23 When she entered Emerald Health Care,
24 they didn't stage it on the first day, but it's --
25 from what I saw, I -- I do not believe that the

1 pressure ulcer formed at Emerald Health Care. I
2 believe that she came in with it, and it very
3 likely may have formed at the -- at the hospital.

4 Q. More likely than not, did the sacral
5 pressure wound develop at Lawnwood Regional
6 Medical Center?

7 A. Yes, I would say so.

8 Q. How long had she had a pressure sore to
9 her sacrum before Miss de Guzman was admitted into
10 Emerald Health Care?

11 A. I don't believe she had it prior to
12 admission to the hospital, but I don't know that
13 for certain, but I don't think she did. I think
14 most likely she developed it there. I just don't
15 know without going through the records. Again, I
16 can't tell you on what day it was first
17 identified.

18 Q. Well, had she had it for only a couple of
19 days before she came into Emerald Health Care, or
20 had it been as long as a week or longer?

21 A. Well, she was only -- likely she was only
22 at the hospital for about two weeks, but I can't
23 tell you whether -- I really can't tell you much
24 more than that. It was sometime during the
25 hospitalization.

1 Q. Okay.

2 And you testified that you saw some notes
3 in the hospital that she had a stage II wound to
4 her sacrum?

5 A. Yeah. I think it was -- might have been
6 on October 7th, but I didn't make a note on that,
7 but I think they had described it as stage II.

8 Q. Okay.

9 What is a stage II wound?

10 A. It's not a -- it's a break in the skin,
11 you know. It's beneath the dermis. It's not a
12 full-thickness wound. There's still, you know,
13 another layer it can go. So it's a whole, but not
14 full thickness. It's not a stage III or a stage
15 IV. It's not as deep as it can go, but it's
16 certainly an ulcer.

17 Q. Do you have an opinion as to what the
18 stage of Miss Perez de Guzman's sacral wound was
19 at the time that she was admitted into Emerald
20 Health Care on October 8th?

21 A. No. My opinion concerning that area is
22 that Emerald Health Care failed to stage it, but,
23 you know, then my criticism would flow in that as
24 far as assessment, but in all the places where I
25 looked in the records for description of the wound

1 on October 8th, 2008, at Emerald Health Care it
2 says "open area" or even less than that. I mean,
3 there's less of a description than "open area."
4 There is no -- I could not find any staging of the
5 sacral pressure ulcer on October 8th, 2008, so I
6 don't know what the stage was.

7 Q. Well, you've reviewed the records from
8 Emerald Health Care and you've reviewed the
9 records from the hospital, correct?

10 A. That is true.

11 Q. Based upon your review of those records,
12 as well as your education, training and
13 experience, even though there was no specific
14 staging done at the time of admission, do you have
15 an opinion as to whether or not Miss Perez de
16 Guzman was admitted into the facility, into
17 Emerald Health Care, with a stage IV wound to her
18 sacrum?

19 A. The --

20 MS. COOLEY: Form objection.

21 A. Yeah. Based on my experience --

22 MS. COOLEY: Let me make a form
23 objection.

24 A. -- yeah, when looking at cases like this,
25 my experience has been that if the sending

1 facility describes the wound on the day it's being
2 sent, that then I'm able to give a -- you know, a
3 reasonable opinion as to what the receiving
4 facility has seen. But I don't recall seeing any
5 information at either facility on October 8th,
6 2008, so I can't say more than I don't know that.

7 But if I had to say more, I'd say it was
8 somewhere between either a stage II or a stage IV,
9 II and IV being included in that.

10 BY MR. SESSIONS:

11 Q. Okay.

12 Do you have any criticisms regarding the
13 health care that was provided to Miss Perez de
14 Guzman by the health-care providers at Lawnwood
15 Regional Medical Center?

16 A. Well, I didn't review the records in
17 enough detail to identify where the standard of
18 care had not been met, if it had not been met, but
19 based on what I saw, I would be critical of the
20 facility for allowing a pressure ulcer to form,
21 but at this time I don't have enough information
22 to tell you where and how they had failed to have
23 done that.

24 Q. And just to be clear, when you say
25 facility in that instance --

1 A. Hospital.

2 Q. -- you're talking about the hospital?

3 A. I'm sorry, yes, the hospital.

4 Q. Are there risk factors to developing
5 pressure sores?

6 A. There are.

7 Q. What risk factors are you aware of that
8 Miss de Guzman had for the development of pressure
9 sores?

10 A. I think the main risk factor here for the
11 actual development of pressure ulcers would be her
12 change in mobility status; that she had just
13 fractured a bone and then underwent surgery for
14 that fracture, so her mobility was limited and,
15 therefore, it would be difficult for her to
16 independently relieve pressure from certain parts
17 of her body. So it's the change in mobility which
18 is most important here as far as the risk factor.

19 The nutritional problems, which we do see
20 identified later on, would not necessarily cause a
21 pressure ulcer, but once a pressure ulcer had been
22 formed, it would make it difficult, more
23 difficult, to heal the ulcer than it would be if
24 she had not been nutritionally compromised.

25 Q. Any other risk factors that Miss de

1 Guzman had that you saw in the records that would
2 either contribute to the development of pressure
3 sores or contribute to the non-healing of an
4 existing sore?

5 A. Well, I mean as far as contributing to a
6 breakdown of the skin, I think there was
7 descriptions of incontinence, but that could be
8 treated by ensuring that whatever excrement passes
9 does not lay on her skin, but if -- if she's
10 incontinent, then that, of course, is a risk
11 factor for breakdown of the skin.

12 As far as healing, even if she had
13 Peripheral Vascular Disease, the sacrum is not in
14 a peripheral area, so that probably would not be a
15 significant factor here.

16 Q. How about her dementia?

17 A. The dementia, in and of itself, is not
18 going to lead to skin breakdown. It would
19 possibly be considered a contributor if a -- if
20 the staff of a facility required her involvement
21 in the treatment plan, and that would be a
22 situation where you are asking a patient, while
23 they are laying in bed or sitting in a chair, to
24 reposition themselves without the assistance of a
25 staff member, and that would mean that the patient

1 has to have the wherewithal to remember it's time
2 to reposition themselves and also to know how to
3 do it.

4 So dementia can be a contributing factor,
5 but that can easily be overcome just by having
6 somebody else step in and do the work for her.

7 Q. Another way it could be a factor would be
8 that once the patient is repositioned by a staff
9 member, that because of the dementia, when the
10 staff member is gone, they change back to their
11 position of comfort, is that correct?

12 A. Well, I mean, hypothetically, yes --

13 MS. COOLEY: Form.

14 A. -- and that can actually occur.

15 MS. COOLEY: I'm sorry. I'm trying to
16 slip those in so she can hear them.

17 A. Hypothetically that's correct, and it can
18 also occur with someone who's not demented, so
19 that's why the staff learns the needs of their
20 patients and the requirements to adjust a care
21 plan.

22 If they had noted that a demented patient
23 is somehow subverting their care, they can -- they
24 have to address it in the records and develop a
25 care, a plan, to take that into account and then

1 implement that care plan.

2 BY MR. SESSIONS:

3 Q. Do you have any criticisms of the
4 health-care providers at Lawnwood Regional Medical
5 Center for the manner in which they provided or
6 attempted to provide for Miss Perez de Guzman's
7 nutritional needs?

8 A. I did not look at all the components.
9 There might be an area that I might have
10 criticism. At this time I...

11 What I was able to see is that they were
12 identifying her needs and then building on top of
13 that going on to the next thing. So based on what
14 I had reviewed, at this time I don't have any
15 specific criticisms.

16 Q. Do you believe that the recommendation
17 that occurred at Lawnwood Regional Medical Center
18 that Miss Perez de Guzman be placed in hospice
19 care at the time of her discharge from the
20 hospital, do you think that was reasonable?

21 A. Well, I think the way I would approach
22 the answer, and I apologize if it's too long,
23 but -- of an answer, but I'm explaining how I
24 think of things.

25 When someone -- if you're asking me is a

1 decision reasonable, what I look at is was the
2 process at arriving at this decision reasonable,
3 and if the process of arriving at a decision is
4 reasonable, then the decision is sound.

5 So it's reasonable to want your patient
6 not to suffer. It's reasonable for them to want
7 them to be comfortable. But if you're plugging in
8 a variable into your equation which may not be
9 true, you may end up at the wrong answer.

10 And the reason I say this is, we know
11 that Miss Perez de Guzman, upon leaving the
12 hospital, did not go into hospice. She actually
13 went into a rehabilitation program and she was not
14 actually dying at that time.

15 So when I look back at, at least, the one
16 person I know was talking about hospice, that
17 individual had used the diagnosis of end-stage
18 dementia to drive the decision to go into a
19 hospice.

20 Now, that would then be an unreasonable
21 conclusion if end-stage dementia was not in
22 existence and being that another consultant is
23 attributing -- actually, I didn't check the names.
24 I don't know if it's the same consultant or
25 another consultant -- but being that somebody else

1 had taken into account that perhaps Miss de
2 Guzman's mental-status changes during the
3 hospitalization were related more to the
4 hospitalization and what happens there than it was
5 to the dementia, to put her into a hospice at that
6 time would not have been reasonable.

7 But in the end -- and I said it might be
8 a long answer -- but in the end when it comes to
9 decisions such as hospices or any medical care,
10 the decision is in the hands of the patient or the
11 person who is deciding on the part of the patient.

12 So presented with the information that's
13 available, the decision-maker, who is the person
14 who's going to be affected by it, makes a
15 reasonable decision.

16 So it was a recommendation to go into
17 hospice, which may not have been reasonable, but
18 the decision made by the family would have been
19 reasonable.

20 Q. Okay.

21 So Miss Perez de Guzman is admitted into
22 the Emerald Health Care on October 8th, 2008?

23 A. That is true.

24 Q. Do you know what time of day she was
25 admitted?

1 A. Oh, I don't know offhand. I would have
2 to see if they listed that.

3 Q. Okay.

4 It would not be unusual to have a patient
5 admitted in the late afternoon to a long-term care
6 facility, correct?

7 MS. COOLEY: Form.

8 A. It's -- it's not unheard of. I know
9 the -- it's preferred that they are admitted prior
10 to dinnertime, but it's -- it could possibly
11 happen that it would be around four or five
12 o'clock.

13 BY MR. SESSIONS:

14 Q. Okay.

15 I want you to assume that Miss de Guzman
16 was, in fact, admitted into the facility on the
17 afternoon of October 8th, 2008. Do you know when
18 in the course of her admission the sacrum wound
19 was first staged?

20 A. The first time that I saw descriptions of
21 the sacral wound, once again, I'm looking at my
22 notes, was on October 9, 2008.

23 Q. And let me clarify, Doctor, just so there
24 is no confusion, you said the first time you saw a
25 description of the wound was October 9th, but what

1 you are saying was a staging of the wound.

2 A. All right. And when I say description,
3 aside from saying just there was a wound, the
4 size, and the stage, but yes, you were correct.
5 The first time I saw it staged and the size and
6 whatever else like the odor was on October 9,
7 2008.

8 Q. So the next day after she was admitted?

9 A. That is true.

10 Q. Are you aware that the wound was staged
11 by a wound-care nurse?

12 A. I saw that there was a reference to a
13 wound-care nurse. I was unable to identify all of
14 the individuals taking care of her, but I saw
15 that in a nutritional assessment on October 10th,
16 2008, the nutritionist was referring to a
17 wound-care consultant.

18 Q. Okay.

19 Now, even though the wound was staged by
20 a wound-care nurse on October 9th, was the wound
21 of Miss Perez de Guzman observed and described by
22 a physician on October 8th, if you know?

23 A. I saw different notes, and at this time I
24 don't know who -- just looking at my notes, I'm
25 not sure who wrote what note, so I can't tell you

1 it was a physician or someone else.

2 Q. In any event, you would not be critical
3 if the facility had the wound observed by a
4 physician on October 8th, 2008, the day she was
5 admitted, even if she was admitted in the late
6 afternoon, correct?

7 MS. COOLEY: Form.

8 A. No, I'm not critical that they had
9 somebody look at her on that date, no.

10 BY MR. SESSIONS:

11 Q. It would actually be a good thing that
12 they had a physician look at her on October 8th
13 and look at the wound on October 8th if you assume
14 that a physician did, in fact, see the wound.
15 That would be a good thing, right?

16 A. I think it's a good thing if that
17 occurred, yes.

18 Q. What is slough as it pertains to wounds?

19 A. Slough is, let's call it, the waste
20 material of the body. It's -- it's -- it's
21 non-viable tissue. It could be dead tissue. It
22 may have various consistencies, but it's laying on
23 top of the wound. It may be obstructing the view
24 of the wound, but it's not going to turn into
25 living tissue. It's going -- the body's

1 discarding it.

2 Q. If you observed a wound that had 80 to 90
3 percent slough on it, what would -- if anything,
4 would that tell you about the stage of the wound?

5 A. The information I would get from that is
6 the wound didn't form overnight, most likely.
7 It's been there for a while. And as far as the
8 stage, the 80 to 90 percent coverage of the wound
9 might be blocking my view of the wound, but I
10 would say that it's more likely a stage III or a
11 stage IV.

12 Q. And why is that?

13 A. Because that's just -- I don't want to be
14 flippant in my answer -- that's what occurs.

15 If you have a situation where a wound is
16 unstageable because the view of the depth is
17 blocked, then it's considered to either be a stage
18 III or stage IV. And then, when you remove the
19 covers, you will see it's either a stage III or a
20 stage IV.

21 Q. Yes, sir.

22 Was Miss Perez de Guzman -- did she have
23 a DNR at the time she was admitted into Emerald?

24 A. I saw that there were references to a
25 do-not-resuscitate order in her records, but --

1 and I saw some of them, but I don't remember if it
2 was actually in effect at the time that she was
3 admitted.

4 And there was a reason I'm saying that I
5 got a little confused is that the nutritionist
6 made some comments about advanced directives and
7 did not indicate there was a DNR, and -- but in
8 other cases I saw that there was a
9 do-not-resuscitate request.

10 Q. Okay.

11 Was Miss Perez de Guzman admitted into
12 the facility on antibiotic therapy, if you know?

13 A. I know there was antibiotic therapy, and
14 I think it was for a urinary-tract infection. I
15 don't know -- and I think it got transitioned into
16 the facility itself, but I can't tell you exactly
17 if it was -- if it was being resumed once she was
18 at the Emerald Health Care.

19 Q. Did she come into the Emerald with or
20 without a Foley catheter, if you know?

21 A. I think there was a Foley. Once again, I
22 don't want to guess, so I didn't make notes on it.
23 I do remember seeing discussions in the records
24 about an in-dwelling urinary catheter. I just
25 don't know if it was in place at the time of

1 admission.

2 Q. I want to focus now on the skin care at
3 Emerald which I understand is one of your areas of
4 criticism, correct?

5 A. This is true.

6 Q. And you made reference in your broad
7 opinions that there were problems with, it sounded
8 like, the assessment in the care plan of which the
9 skin care may be one component, is that true?

10 A. That's true.

11 Q. Okay.

12 What issues or criticisms do you have
13 regarding the assessment of Miss Perez de Guzman
14 in the care plan that was developed for as it
15 pertains to her skin-care needs?

16 A. And this might be the same criticism
17 covering two areas, and that is when looking at
18 how the facility approached this particular
19 problem, I did have the criticism that, at first
20 introduction to her, they did not assess the
21 wound, at least not until the next day. So for
22 the first day where they had the ability to
23 indicate what depth it was, or what stage it was,
24 what size it was, they -- they chose not to.

25 Now, flowing from that they did develop

1 on October 8th, 2008, a care plan, and that's the
2 initial care plan. And it's a general care plan,
3 but my criticism is you -- you could start off
4 with general, but you do want to individualize,
5 and it is a -- a missing piece in the care, at
6 least to have that first day go by.

7 Now, by the second day, they catch up.

8 Q. Let me -- if I can, sir, I don't mean to
9 interrupt you, but I want to try to keep this as
10 compartmentalized as possible. That helps keep me
11 organized.

12 You have a criticism that they did not
13 fully assess the wound at the time of admission,
14 correct?

15 A. That is true.

16 Q. But acknowledge that by the next day
17 there was an assessment that included staging
18 measurements and things that you described?

19 A. That's correct.

20 Q. So when you say that there was a failure
21 to not assess the wound, you are defining
22 assessment as staging and describing measurements?

23 A. That is true.

24 Q. Because there was a description of the
25 wound on October 8th, 2008, at the time of

1 admission, and I would submit to you, sir, there
2 was actually two descriptions, one by a nurse and
3 one by a doctor.

4 MS. COOLEY: Form.

5 A. Fair enough. If that's true, my
6 criticisms would still remain the same if they did
7 not stage it and measure it.

8 BY MR. SESSIONS:

9 Q. All right.

10 Assuming that on October 9, 2008, Miss de
11 Guzman's wounds were staged to your liking or to
12 your approval -- and let me ask you that. Do you
13 have any criticisms regarding the staging and
14 descriptions of the wound as it appeared on
15 October 9th?

16 A. Okay. As far as my feelings about it,
17 this is -- when I looked at the weekly pressure
18 ulcer record on October 9, 2008, I felt that is
19 the way it should be done and it shows me that
20 they are capable of doing it.

21 Q. So what was the harm, if you assume that
22 your criticism was valid, what was the harm of
23 there being a delay in the assessment of the wound
24 as you described it by one day?

25 A. Okay, and that's a good area to discuss

1 'cause I don't think I had given the opinion that
2 there was harm. My opinion is that there is a
3 systemic problem at a facility which may sometimes
4 harm someone and may not harm someone.

5 In this particular case I cannot identify
6 the harm because I -- because, in a way, if there
7 was harm, they're hiding it from me because I
8 don't know where she's starting from. I just see
9 the story of her skin wound starting on
10 October 9th, 2008.

11 So the harm would be that deficits like
12 this leave holes in the safety net. Someone may
13 not always fall through that hole, but the hole is
14 still there.

15 For instance, maybe to make it
16 understandable, if they had identified the
17 resident on October 8th as having elevated blood
18 pressure, but did not measure the blood pressure
19 and record it, and then created a care plan on
20 October 8th to treat elevated blood pressure, and
21 the care plan just said give medicine, they don't
22 know, looking back, where they've been. So they
23 don't know where to go.

24 So what's done on October 8th is generic,
25 but not usable. So if something goes wrong later

1 on, they can't look back and go, well, this is
2 where we failed, because they don't actually know
3 what the skin looks like, and the care plan itself
4 is not even responding to the condition of the
5 skin at that time.

6 So my long way of saying I cannot
7 identify harm, but I am critical of a facility
8 that has a system in place which can cause harm.

9 Q. As it pertains to your criticism that
10 there being a one-day delay in the assessment of
11 the wound for Miss Perez de Guzman, you cannot say
12 that one-day delay resulted in any harm
13 specifically to her?

14 A. No. I am not saying that that October 8,
15 2008, failure to meet the standard of care
16 resulted in harm, but I would say the system that
17 allows such a harm to occur will cause her harm in
18 other ways later on, but not specifically on -- in
19 that compartment on that day.

20 Q. Okay.

21 Now we're going to go to the care plan.

22 THE COURT REPORTER: May I take a
23 five-minute break?

24 MR. SESSIONS: You know, I think I want
25 to do that too.

1 (A brief recess was taken.)

2 BY MR. SESSIONS:

3 Q. All right. Dr. Starer, we discussed your
4 opinion regarding the facility allegedly failing
5 to assess the wound adequately on October 8th.

6 It sounds like the next logical
7 progression would be to talk about the care plan
8 as it pertains to skin care, would you agree?

9 A. That is true.

10 Q. Let me ask you this: When you reviewed
11 the records, you saw a care plan that was
12 developed specifically to address the skin-care
13 needs of Miss Perez de Guzman, correct?

14 A. I did.

15 Q. Is it an appropriate care plan?

16 A. The care plan -- the initial one that I
17 saw on October 8th, 2008, is appropriate in
18 isolation, but I don't want to remove my criticism
19 that it's not responding to a specific pressure
20 ulcer; however, in general it's an appropriate
21 care plan.

22 Q. Okay. So let me ask you that. When you
23 say "in general it's an appropriate care plan,"
24 what do you mean?

25 A. Well, it's written to cover potential

1 skin breakdown and existing skin breakdown, so it
2 takes into account a need for repositioning and
3 pressure-relief mattresses, but it doesn't offer
4 something which is more specific for the needs of
5 the individual, in this case Miss Perez de Guzman.

6 Q. Did you, in fact, see numerous
7 interventions that were in place to prevent skin
8 breakdown and also promote the healing of existing
9 wounds in that initial care plan?

10 A. Yes, and I guess maybe to just offer a
11 little more detail in my answer, these are
12 reasonable things to be done: Repositioning every
13 two hours, putting the mattress in and the other
14 things that they say, checking the wounds, but
15 they are not then individualizing the care to Miss
16 Perez de Guzman specifically, and that is that she
17 has had a repair made on her hip and it should be
18 taken into account how you're going to reposition
19 her; that she might not be able to lay exactly on
20 the hip; that she also has -- has a wound on the
21 sacral area and you may not be able to reposition
22 her in that area as well. So she's -- she loses
23 turning surfaces.

24 It also doesn't take into account what
25 would happen if she was to be put into a chair

1 'cause every two hours will not be enough for
2 that.

3 And as we had discussed before, if
4 dementia was going to be an interfering factor,
5 it's not there as well.

6 So it is a care plan which sort of
7 suggests one size fits all, but you have to then
8 take that framework and adapt it for the person
9 that it's to be utilized for.

10 Q. Did the initial care plan note that Miss
11 Perez de Guzman had decreased mobility?

12 A. It did, and it even noted that she had an
13 area, an open area, in the sacrum. I think that's
14 what it said. It seemed to be handwritten, so
15 that's there.

16 Q. What specifically then would you like --
17 well, would you have liked to have seen in her
18 care plan that you didn't see in this one which,
19 again, has numerous interventions in place?

20 A. What I would have liked to have seen is a
21 directive and it could be done in different ways.
22 Doesn't have to be exactly as I say it, but a
23 recognition that because of the sacral wound and
24 the right hip fracture, that caution should be
25 exercised if moving her onto those areas, or maybe

1 she shouldn't be moved onto those areas at all.

2 And, also, if she is to be seated in a
3 chair, she really should not be put there for
4 longer than an hour because she'll be sitting
5 right on top of the sacrum. Now, I don't recall
6 seeing anything which addressed that.

7 Q. You don't recall seeing in the care plan
8 when they say, quote, check for bottoming out,
9 quote, end quote, in bed and chair?

10 A. Well, I don't know what in bottoming
11 out -- I actually don't know what bottoming out
12 means. Now, if every staff member knows what that
13 means, and I'm the only one who doesn't, that
14 still doesn't actually mean it's what I'm talking
15 about. So I can't comment on a phrase like
16 "bottoming out."

17 Q. Okay.

18 What other entries would you have liked
19 to have seen in Miss Perez de Guzman's care plan
20 as it pertains to her skin-care needs?

21 A. No. I would like to just have something
22 a little more rigorous as to how the repositioning
23 is to take place based upon the condition of her
24 body and the setting in which she's going to be
25 repositioned. The repositioning at least every

1 two hours would be for the bed if she's laying
2 flat.

3 Q. Also for the chair, though, correct?

4 A. No. The chair requires more frequently
5 than every two hours because -- and, once again, I
6 apologize if the answer gets a little longer than
7 it -- than you would like -- when one is laying
8 flat, pressure is distributed over a larger
9 surface area and the brunt of the pressure may be
10 taken by the shoulders, the hips, the sacrum, the
11 heels, the back of the head.

12 And the every-two-hour minimum is based
13 upon laying flat on a surface. If someone sits
14 up, either by being put in a chair or having the
15 head of the bed put up, then the pressure is going
16 to shift to a smaller area; that is, instead of
17 having the pressure distributed over the entire
18 body, it's actually going to be distributed over
19 the area you're sitting on, which would be the
20 buttocks and the sacrum.

21 So more pressure in one area is going to
22 require more frequent repositioning, which is why
23 even as we are sitting here right now, nobody's
24 staying in the same position in their chairs for
25 two hours. We're all shifting our weight.

1 Q. So if they indicated that she should be
2 turned and repositioned every two hours or as
3 needed, would that be appropriate?

4 A. Well, that's what I'm saying. It's -- a
5 phrase like "or as needed" is a catchall which
6 then assumes that every worker there knows exactly
7 what to do, and that may not be the case. And why
8 take the chance when it's just as easy to spell it
9 out.

10 And I have seen health-care providers who
11 don't understand that repositioning has to take
12 place more frequently than every hour, so I'm not
13 sure if "as needed" is really going to cover that,
14 and how hard would it have been for them just to
15 write "or every hour when sitting in a chair."

16 Q. Do you have any other criticisms
17 regarding the care plan for Miss Perez de Guzman
18 as it pertains to her skin-care needs?

19 A. No, only in that once the care plan's in
20 place, the efficacy of it needs to be re -- needs
21 to be evaluated and the care plan needs to be
22 revised.

23 Now I see that ten days passed before I
24 see another care plan, and my criticism would be
25 that the October 8th care plan stays in place,

1 even though it seems, from what I was able to find
2 in the records, that her wound might have
3 deteriorated during that time and the care plan
4 was not revised to address it.

5 Q. Let me ask you this: You would agree
6 that there was a wound-care nurse that was tending
7 to Miss Perez de Guzman's needs at least beginning
8 on October 9th, 2008, correct?

9 MS. COOLEY: Form.

10 A. I don't disagree with that. I just don't
11 know for certain who's writing which notes on
12 October 9th, 2008. And -- and I said that there
13 was a nutritionist who identified a wound-care
14 consultant on October 10th, so, to me, it does
15 make sense that there would have been a wound-care
16 consultant either there on October 10th or
17 October 9th.

18 BY MR. SESSIONS:

19 Q. Did the facility ultimately bring in a
20 wound-care physician to assist with the treatment
21 of this wound?

22 A. It does appear to me that at least by
23 October 15th, 2008, there is a physician from
24 looks like a group called Quality Surgical
25 Management.

1 Q. Would it be appropriate, in your opinion,
2 to bring in a physician to provide wound care to a
3 patient who is admitted into a facility with a
4 stage III or stage IV wound?

5 A. I think if they don't have someone
6 available within their facility, then it certainly
7 is appropriate to bring somebody in from an
8 outside facility.

9 Q. Did you see where the facility, as part
10 of their care plan, where you -- initially
11 utilized a low-air-loss mattress to reduce the
12 pressure to the sacrum?

13 A. Yeah. I don't know when it was actually
14 introduced, but I have no reason at this time to
15 doubt that it was used.

16 Q. And, again, is that an appropriate
17 intervention for a patient who is admitted into
18 the facility with an existing sacral wound?

19 A. Yes, it is.

20 Q. What else would you have liked to have
21 seen the facility do as it pertains to Miss Perez
22 de Guzman's skin-care needs?

23 A. Well, I would have liked them to at least
24 have some structure in place so that all who were
25 caring for her would know what was being done.

1 That has to do with communication.

2 You know, some record as to how often
3 she's being repositioned and what position she's
4 being put in, I didn't see such a record.

5 And just maybe to get a little ahead of
6 the questions, in the absence of documentation,
7 care can still be delivered or care may not be
8 delivered. I didn't see the documentation that
9 she's being repositioned every two hours or how
10 she's being repositioned. Every once in a while I
11 think I might see a general statement, but my
12 criticism is, by the time they got to the second
13 care plan, which is October 28, 2008, they drop
14 off the -- the one directive they have as far as
15 repositioning. They -- instead of say reposition
16 every two hours in general, they don't say
17 anything about frequency anymore. That
18 disappears.

19 So the care plan creates a new risk for
20 the resident in that those who are utilizing the
21 care plan have no directive anymore except what
22 they think is the right thing to do.

23 The care plan on October 28th, 2008, just
24 says turn and reposition frequently throughout the
25 shift and PRN, which is even more general than

1 reposition every two hours in PRN. It really is
2 up now to the kindness of the caregiver, the staff
3 member, and that can be problematic especially
4 when there's no other tool within a facility by
5 which to guide people.

6 Q. Well, are you familiar with the policies
7 and procedures of the facility as it pertains to
8 turning and repositioning residents?

9 A. I did not -- I think I had asked about --
10 one of the attorneys -- I think there might have
11 been a brief conversation about policies and
12 procedures, but they were not provided to me, so I
13 don't know. I don't know what the policies and
14 procedures say.

15 Q. So when you say there's no other
16 information that would offer guidance, you don't
17 know that for sure because there could very well
18 be a policy and procedure through which all of the
19 employees are trained at the facility that
20 pertains to specifically turning and repositioning
21 residents?

22 A. Well, I will certainly agree that if they
23 had a reasonable system in place such as every two
24 hours an announcement was made overhead that all
25 patients are to be on their left side, and then

1 two hours later another announcement was made over
2 an intercom, all patients turn to your right side,
3 that's a start, but that still may not cover an
4 individual residency, but I don't know if there is
5 some sort of program which is external to the
6 medical records which would have substituted for
7 something within the medical records.

8 Q. Have you ever heard of a facility having
9 such an announcement over the intercom?

10 A. I've heard -- actually, yes. I actually
11 have heard of it. I didn't make that up.

12 Q. Let's talk about the progression of the
13 wounds, of the sacral wound, at Emerald Health
14 Care 'cause you mentioned that you saw evidence
15 that the wound had worsened by October 15. What
16 are you referring to?

17 A. What I'm referring to is the description
18 of necrotic tissue which I think the -- the
19 Quality Surgical Management people had written
20 about. Now, I don't recall seeing that earlier.
21 It might have to do with them not documenting it,
22 but, certainly, by October 15th, whether or not
23 the necrotic tissue had been present at the time
24 of admission, someone had decided that it was time
25 for that wound to be debrided.

1 So even in the absence of the best
2 documentation at Emerald Health Care, you can see
3 that something had changed 'cause she required
4 surgical debridement by October 15th, 2008.

5 Q. Okay.

6 Did you track the measurements of the
7 wound during the course of Miss de Guzman's stay
8 at the facility?

9 A. Yes, and if I had read it correctly, and
10 we go from the very beginning to the very end --

11 Q. Yes, sir.

12 A. -- the first time I saw it measured was
13 October 9, 2008, where they say the length was ten
14 sonometers, the width was six sonometers and the
15 depth was two sonometers.

16 And then on November 5th, 2008, the
17 depth -- the length is four sonometers, width is
18 2.5 sonometers and the depth is half of a
19 sonometer.

20 Q. Based upon those measurements, would you
21 agree that the wound was improving during the
22 course of Miss Perez de Guzman's stay at Emerald
23 Health Care?

24 A. I would say that although she may have
25 gotten sidetracked during the course by

1 November 5, 2008, the wound was smaller.

2 Q. Did that indicate that it's healing, in
3 your opinion?

4 A. It shows that she had -- had some
5 healing, yes.

6 Q. Does the fact that the wound improved by
7 November 5th, 2008, does that lead you to conclude
8 that she was being repositioned off of her sacrum
9 on a regular basis; otherwise, you wouldn't have
10 this healing?

11 A. I can't necessarily arrive at that
12 conclusion. I can say that there is some healing
13 and certainly the debridement treatments would
14 have helped, but I cannot say that she was being
15 rigorously and frequently repositioned, but I
16 wouldn't be surprised that she was being
17 repositioned.

18 Q. Well, you would agree with me that if she
19 was not being repositioned at all you would not
20 expect to see the reduction in size, length, width
21 and depth of the wound that you see in
22 approximately a four-week period while she was at
23 Emerald Health Care, correct?

24 MS. COOLEY: Form.

25 A. I think the way I would answer that is to

1 say that I don't think she was consistently
2 repositioned throughout her residency there, but
3 it's possible that towards the end of her
4 residency, they became more rigorous in their
5 repositioning of her.

6 BY MR. SESSIONS:

7 Q. Would you agree with this statement,
8 though: You would not have expected the sacrum
9 wound to heal if she was not provided with
10 pressure relief, correct?

11 A. Some pressure relief, and just to be
12 clear, it didn't heal completely. It was in a
13 healing process, but I would have -- I would not
14 have expected some healing if she had not received
15 any pressure relief.

16 Q. And I know it's an adjective, but we're
17 talking about a little bit more than "some
18 healing." This is significant healing when you
19 have the length that is almost more than half the
20 size, the width that's more than half the size and
21 the depth that is almost four times improved,
22 correct?

23 A. Yeah, and I don't think we are
24 disagreeing. I just think I'm using the word
25 healing differently.

1 When I talk about a healed pressure
2 ulcer, I mean it closed. So when I say healing,
3 it's on its, hopefully, way to being closed, but I
4 can't call it healed until it actually closes up.

5 Q. Yes, sir.

6 What other criticisms do you have
7 regarding the skin care provided to Miss Perez de
8 Guzman while she was at Emerald?

9 A. I think we have covered that.

10 Q. Okay. I'm giving you a chance to look at
11 your notes to make sure.

12 A. Right. There might be other components
13 about skin care, but it's not going to be -- when
14 I say other components, there may be other
15 notations I made within the notes, but as far as
16 the criticisms, I think we have spoken about them.

17 Q. Okay.

18 The next specific criticism that you
19 mentioned, I believe, had to do with Miss Perez de
20 Guzman's nutrition, is that correct?

21 A. This is true.

22 Q. What are your criticisms regarding the
23 nutritional care provided to Miss Perez de Guzman
24 while she was at Emerald?

25 A. That similar to the general criticisms I

1 gave of pressure ulcer, there was also a failure
2 to properly coordinate and organize and
3 communicate the care concerning nutrition for Miss
4 Perez de Guzman. So during the time that she was
5 not receiving the nutrients that she was supposed
6 to, she declines within the facility.

7 Q. Okay.

8 And is that decline that you just
9 described, is that the harm that was the result of
10 this alleged failure to properly address her
11 nutritional needs?

12 A. Yes. The decline is going to be a change
13 in her function. It will be a, I guess a simple
14 way of saying that, a downward spiral from which
15 she was not going to be able to pull out from and
16 eventually result in her death.

17 Q. In your opinion, what was the cause of
18 her death?

19 A. I do look at the death certificate and
20 the cause of the death which is listed there as
21 end stage senile dementia and adult failure to
22 thrive.

23 I believe that she does have a functional
24 decline. I believe that she does have a
25 nutritional problem. I believe that is a

1 contributing factor and is consistent with the
2 death certificate, although I think there could be
3 some confusion as to how the certificate of death
4 is constructed. I think it can be explained.

5 Q. Let me just ask you a basic question: Do
6 you dispute the opinions set forth in the death
7 certificate?

8 A. I am not necessarily disputing it. I say
9 there's -- the way it's written would be confusing
10 not even to someone reading it, but maybe even
11 when pointed out to the writer, his or herself,
12 but it can be explained.

13 Q. What is adult failure to thrive, in your
14 opinion?

15 A. Well, I would use -- I'm not going to
16 rely on my opinion. I use a -- the definition,
17 and I think it's the National Institute of Aging
18 provides a definition. It's a situation in which
19 somebody is having poor nutrition. They may have
20 decreased appetite. They may have weight loss.
21 They may become inactive, but it's really based in
22 not getting the nourishment that they need to
23 thrive, and the reason for not getting the
24 nourishment can vary.

25 Q. Doctor, isn't it true, though, that

1 failure to thrive is a diagnosis that is provided
2 by physicians in the appropriate case?

3 A. I don't know if it's a diagnosis the way
4 hypotension would be a diagnosis, as opposed to an
5 observation of certain entities; that is to say
6 it's a syndrome which doesn't necessarily tell you
7 what caused it, but it's a recognition that there
8 is a change.

9 Q. And aren't there specific markers that
10 are in the medical text and medical literature
11 that must be present for someone to use a
12 diagnosis such as -- or a description such as
13 failure to thrive?

14 A. I don't know if we are thinking of the
15 same thing about markers, but what I -- it's been
16 my experience and based on what I've read, it has
17 to do with, perhaps, a marker of poor nutrition
18 or -- or decreased appetite or weight loss or
19 inactivity, but I do not believe there was
20 actually a laboratory test that one can obtain.

21 Q. No, no, I agree with that, but are you
22 aware of any marker such as in the anticipated
23 life expectancy of an individual before you
24 provide the description or the diagnosis of
25 failure to thrive to that person?

1 A. I -- in my experience, I did not see and
2 have not heard that one has to have a specific
3 life expectancy in order to get the diagnosis. If
4 anything, I've heard the opposite, that once you
5 have been given the diagnosis or have been
6 identified as having the syndrome, then you can
7 begin to prognosticize [sic] what the life
8 expectancy would be.

9 Q. Okay.

10 And what is your understanding of what
11 end stage senile dementia is as it appears in this
12 case on Miss de Guzman's death certificate?

13 A. And that's what I was saying. I think
14 it's explainable, and end stage senile dementia
15 probably here is what they're talking about when
16 they're looking at her cognitive function and
17 seeing it's as advanced as it can be.

18 Now, if you -- in my experience, there
19 are stages for Alzheimer's disease. It can get a
20 little confusing because some staging systems have
21 five stages and some staging systems have seven
22 stages, but the highest number would be the most
23 advanced stage.

24 It then it gets a little more confusing,
25 and I'll try and simplify it, that with the

1 seven-stage system, then they break it down into
2 7a, 7b, 7c, 7d, and I made some notes on this as
3 well.

4 But the idea is, whether you're calling
5 it stage V or stage VII, the person has
6 deteriorated to an extent that they're not
7 responding to their environment; that they are not
8 able to converse with you; that they're not even
9 able to move themselves.

10 And there's also the recognition that one
11 is closer to death as a result of the dementia
12 when one has the advanced stage.

13 Now, here the phrase is actually end
14 stage, so advanced stage means you're not just at
15 a higher number. You're at the highest number and
16 it can't get any worse. It's the last stage in
17 dementia.

18 Q. Do you disagree with the conclusion of
19 the physician who signed or filled out the death
20 certificate that Miss Perez de Guzman had end
21 stage senile dementia?

22 A. I would say that the way she was assessed
23 by the time she came into that setting, and I
24 believe the setting was under the care of the
25 Treasure Coast Hospice, she had met the criteria

1 for end-stage dementia. When they staged her, she
2 met the criteria.

3 My only area of potential disagreement,
4 I'm not sure the physician would disagree with me,
5 is the trajectory seemed to be a little off, and
6 that is that shortly before that time period when
7 she's being staged at the highest level, and that
8 would be November of 2008, she wasn't end-stage
9 dementia. It was an abrupt change.

10 So when I say I'm explaining it, the way
11 I explain it is, she had moderate dementia. She
12 had something abruptly imposed upon her which
13 changed her in such a way that, when evaluated,
14 she presented the same way as an end stage senile
15 dementia patient would present.

16 Q. And we've discussed this, but actually I
17 think you'll agree, when Miss Perez de Guzman was
18 at Lawnwood Regional Medical Center before she
19 went to the nursing home she was described as
20 having advanced dementia, correct?

21 A. She was at certain -- yes, she was
22 described as having advanced dementia, and then I
23 had pointed out that by the time she got to
24 Emerald Health Care, she was assessed as having
25 moderate dementia. You had pointed out it might

1 have been a good day.

2 Q. Yes, sir.

3 And then they have the diagnosis as it
4 appears on the death certificate which says end
5 stage senile dementia?

6 A. That is true.

7 Q. So these are the three dates that we have
8 or the three time periods we have which Miss Perez
9 de Guzman's dementia is described or staged,
10 correct?

11 A. I would say that those are the three
12 we're using.

13 There are other elements in the records
14 which would also reflect upon a mental status, but
15 if we just use those three time points, she is
16 doing something which is either a miracle or a
17 misassessment by the caregivers, and that is she's
18 going from end-stage dementia, to moderate
19 dementia, and back down to end stage.

20 The miracle would be, and certainly we
21 would always hope for such a miracle, is that
22 somebody can go from end-stage dementia to
23 moderate dementia, to actually improve from a
24 degenerative disease. The explanation is probably
25 something different, though.

1 Q. More likely than not, in your opinion,
2 what would that explanation be?

3 A. Oh, and it's -- it's something which I
4 believe the physician also noted in a different
5 set of the records and that would be that this is
6 a woman who had dementia who's living her life
7 and, unfortunately, broke her hip.

8 And then, in the process of going to the
9 hospital and having surgery, she has that
10 particular burden of change in environment, of
11 medications and treatment, and she has a
12 deterioration in her presentation as far as mental
13 status because of this. But it's abrupt and it's
14 a reversible insult to her cognition.

15 She then goes into the Emerald Health
16 Care facility, improves, undertakes, in fact, is
17 enlisted to undertake, rehabilitation therapy
18 which would require participation that an
19 end-stage dementia patient could not have, but,
20 while there, Emerald Health Care neglects a
21 different component, which is nutrition, and as
22 she deteriorates from that, she then has a
23 deterioration of a clinical status which then the
24 hospice people see and are classifying as a stage
25 VII dementia.

1 Q. Which they call end stage, but you're
2 equating it to the seven-stage system?

3 A. Well, what I did was I like to focus in
4 on the details.

5 Like before, I was saying seemed phrases
6 like advanced dementia and end-stage dementia are
7 not as helpful to me as seeing what they used to
8 arrive at that.

9 Similar to my discussion about high blood
10 pressure. Telling me that someone has high blood
11 pressure is not as helpful as telling me what the
12 numbers are.

13 So what I looked at for Treasure Coast
14 Hospice was their admission note. In fact, they
15 actually have something called an admission
16 eligibility note where they stage her cognition.
17 They use what's called the Functional Assessment
18 Staging Scale and they abbreviate it F-A-S-T, it's
19 FAST. And they score her as a 7d, which by -- so
20 it's the number seven and the letter d. And by
21 that point, on November 7, 2008, they're
22 describing a person who cannot sit up without
23 assistance, and if that person speaks at all,
24 speaks with a single intelligible word.

25 Q. What date was that, sir?

1 A. November 7th, 2008. It's on my notes
2 where it says Treasure Coast Hospice.

3 Q. And when did Miss Perez de Guzman pass
4 away?

5 A. She never actually gets any better after
6 that and she passes away December 18th, 2008.

7 Q. So going back now to the nutritional care
8 that Miss Perez de Guzman received at Emerald,
9 what was her weight at or near the time of her
10 admission?

11 A. When she comes in, she's already low in
12 weight and her weight on admission on October 9th,
13 2008, is 97.8 pounds.

14 Q. And then what track record of weights do
15 you see while she's a resident at Emerald?

16 A. I see that she does not gain weight. If
17 she loses weight, it might be another two pounds.
18 The weight record shows her as weighing 95.6
19 pounds on October 26th, 2008.

20 Q. Is that the last weight that you have of
21 her?

22 A. There might be other weights after that,
23 but I saw that it hovered around that number.

24 Q. So based on those two weights, she
25 experienced approximately a two-pound weight loss

1 while she was at Emerald Health Care?

2 A. This is true.

3 Q. Was she evaluated by a nutritionist while
4 she was at Emerald?

5 A. She was.

6 Q. Is that appropriate?

7 A. Absolutely.

8 Q. Did the nutritionist identify
9 appropriately, in your opinion, Miss Perez de
10 Guzman's nutritional needs?

11 A. She did, and she actually came back a
12 second time. And here's what I mean 'cause I
13 was -- I kept alluding to an October 10th note.

14 The nutritionist on October 9, which is
15 the day after admission, and it's reasonable to
16 have the assessment done the day after, on
17 October 9, 2008, the nutritionist says that Miss
18 Perez de Guzman is at nutritional risk and that
19 she has a low body weight and she has
20 hypermetabolic needs.

21 And this is correct. The nutritionist is
22 correct, that not only is Miss Perez de Guzman
23 below her typical weight, she's got something
24 which is going to be, in a way, almost competing
25 with her, the rest of her body, for nutrients, and

1 that is the wound itself. Hence, the
2 hypermetabolic need. She's trying to heal the
3 wound, so she's going to need even more nutrients
4 than if she didn't have a wound.

5 Q. Specifically what nutrients would she
6 need to heal a wound?

7 A. Oh, protein and calories. The
8 nutritionist responds to that as well by saying
9 that there should be fortified foods and oral
10 supplementation to meet these needs and to promote
11 weight gain.

12 So really the nutritionist is
13 appropriately recognizing that Miss Perez de
14 Guzman needs these food substances in order to
15 heal a wound and also to begin to gain weight.

16 She probably also needs a little extra to
17 heal the broken fracture, but it's going to be
18 subsumed into all of this.

19 And I have no disagreement with what the
20 nutritionist is saying or what they recommend.

21 And I apologize if I'm starting to answer
22 questions you haven't asked yet, but when looking
23 at the records, I didn't see anything that would
24 suggest that the nutritional supplement had not
25 been ordered in recognition of what the

1 nutritionist said.

2 And as far as the October 10th note,
3 nutritionist assesses again --

4 Q. October 10th?

5 A. October 10th, 2008, I believe.

6 -- the nutritionist wrote an addendum on
7 the bottom of the note saying that the wound-care
8 consultant had identified a stage IV ulcer 'cause
9 I had spoken about that a few times. And a
10 nutritionist revises the recommendation to take
11 into account that this open area is actually a
12 stage IV and, once again, reiterates the
13 importance of the hypermetabolic needs.
14 Subsequent to that, I didn't see any revisits from
15 the nutritionist.

16 Q. What criticisms, then, do you have about
17 the manner in which Emerald Health Care provided
18 for the resident's nutrition needs?

19 A. My criticism has to do with my
20 experience, and it's going to sound like such
21 common sense, but my experience, that food only
22 works if it's ingested. So the recommendations by
23 the nutritionist are sound, but giving the foods
24 to the patient or resident is only going to work
25 if the food is consumed. And here I see this

1 ongoing pattern of failing to individualize the
2 most simple and basic of things and that is
3 feeding to the needs of Miss Perez de Guzman's.

4 Q. What do you see in that regard?

5 A. Once again, it's the similar framework
6 with the pressure ulcers, but I think that the
7 harm is quite obvious.

8 Miss Perez de Guzman could eat and she
9 did eat when the food was properly presented.
10 This is my notes that say "eating" in the left --
11 upper left-hand corner. They dutifully tracked
12 her intake at every meal; breakfast, lunch and
13 dinner.

14 Q. Is that appropriate?

15 A. That is appropriate, but tracking
16 something and not acting on it is not appropriate.
17 Health-care providers are not to be voyeurs, just
18 watching something fall apart in front of them.
19 They have to take the information, understand it,
20 communicate it and organize all the health-care
21 professionals so the person thrives. They have to
22 treat not just the chart, which they did very well
23 here, but also the patient or resident who belongs
24 to that chart.

25 So there are few times she eats

1 everything which is presented to her, and that's
2 great, but there are a lot of times she's not, and
3 you don't let it go day after day after day after
4 day and address it -- and not address it because
5 she's already underweight, she's got increased
6 needs and she's going to start falling behind.
7 And after a month of not getting what you need,
8 she is going to get beaten down, and she's going
9 to change and not for the better, for the worse,
10 and that's quite obvious.

11 Now, just to say -- I know -- once again,
12 I know I may talk a little bit too much, but I
13 want you to hear my opinion -- she can eat if you
14 do it the right way. So you can't walk away from
15 it. It's clearly documented in the records what
16 she needs, and yet they're not giving it to her.
17 They're not even including it in the care plan,
18 yet others are observing it and saying quite
19 clearly this is what she needs. So that's what
20 makes it a tragedy.

21 It's recognizable what the problem is.
22 It was doable and they failed to do it, and she's
23 the one who suffers.

24 Q. Did she have a special diet?

25 A. She had special diets and it was, you

1 know, adjusted here and there as far as
2 consistency and the fortification, but in the end
3 it has to go into her mouth, and it's not.

4 Q. Well, you have a chart here which shows
5 the percentage of the meals, both breakfast, lunch
6 and dinner, that she consumed, correct?

7 A. That is true.

8 Q. And you listed these numbers directly
9 from the chart?

10 A. I did.

11 (Brief interruption.)

12 THE COURT REPORTER: One moment, sir.

13 (A brief recess was taken.)

14 (A portion of the record was read by the
15 reporter.)

16 BY MR. SESSIONS:

17 Q. Doctor, did you see in the nutritional
18 care plan that the resident was to receive
19 supplements as well?

20 A. I did.

21 Q. You would agree that the chart showing
22 the intake for breakfast, lunch, and dinner does
23 not include supplements, correct?

24 A. That is true.

25 Q. Did you see any indication as to how

1 often Miss Perez de Guzman was receiving
2 supplements?

3 A. I did see that they were offered. I
4 don't recall how often they were accepted, how
5 often they were refused, but I did see they were
6 offered.

7 Q. And what we have now is we have an
8 admission that lasted approximately four weeks,
9 correct?

10 A. That is true.

11 Q. What risk factors, if any, did Miss Perez
12 de Guzman have for further nutritional compromise
13 at the time that she was admitted into the
14 facility?

15 A. Well, the risk factors would have been
16 any underlying problems with swallowing and the
17 cognitive problems which would have interfered
18 with the ingestion of food.

19 Q. And those are issues that manifested
20 themselves while she was at the hospital before
21 she came to Emerald, correct?

22 A. Yeah. That was already known, and also
23 the pressure ulcer itself created an extra need
24 for nutrients and that pre-existed.

25 Q. And, in fact, at the hospital, as we've

1 already discussed, the physicians talked about
2 putting in a PEG tube to improve her nutritional
3 status, but the family refused, correct?

4 A. That is -- they did decline that
5 modality, that is true.

6 Q. Yet, despite these risk factors and
7 despite all these issues, we know that in the four
8 weeks that Miss Perez de Guzman was at the
9 facility she experienced weight loss of no more
10 than two pounds?

11 A. That is true.

12 Q. Okay.

13 Other than the weight loss of two pounds,
14 what harm did Miss Perez de Guzman experience as a
15 result of any deviations from the standard of care
16 as it pertains to her nutritional needs?

17 A. Because as a result of her decline
18 nutritionally, which may not be reflected
19 necessarily in the weight, she -- again, she has a
20 functional decline, and this is reflected in the
21 change which is noted by looking at the
22 rehabilitation medicine records.

23 Q. How can you say that any change in her
24 cognition is related to an issue related with her
25 nutrition?

1 A. Because this is the most likely
2 explanation as opposed to what I was saying
3 before; that a woman who on October 14th, 2008, is
4 able to write sentences; is able to read sentences
5 and act on them then declines so suddenly that by
6 November 7th, 2008, the best she can possibly do
7 is come up with one, single intelligible word.

8 So the most likely explanation is a woman
9 who day after day after day, meal after meal after
10 meal, is not getting the nutrients that she needs;
11 is suffering from malnutrition; is experiencing a
12 failure to thrive; and this is even noted by the
13 initial visit of the physician from the hospice
14 who is tying the functional decline not to
15 dementia, whether it's called end-stage dementia
16 or moderate dementia, but tying it to the sequence
17 of events which occurred after she fell and
18 fractured her hip.

19 Q. Are you taking into consideration the
20 fact that she suffered a fracture to a significant
21 bone in her body as a result of that trauma when
22 you say that the decline in cognition is most
23 likely related to her nutritional issues?

24 A. I'm taking it all into account which I
25 believe is reflected in the records because she

1 does have a decline in mental status when she is
2 at Lawnwood Regional Medical Center. They
3 attribute that to the medications which she might
4 need for pain.

5 However, when she is seen at Emerald
6 Health Care, this has improved. And she's at
7 Emerald Health Care to be -- partially to be
8 rehabilitated as a result of the fracture, so I'm
9 taking that into account too. And she is accepted
10 at that time as being someone who could
11 participate in rehabilitation therapy, which one
12 would not expect for someone at end-stage
13 dementia.

14 So the most likely explanation as to this
15 fairly rapid decline in mental status is not that
16 she's had a new dementia created or that the
17 previous dementia has suddenly gotten worse, but
18 that she's not being provided with the fuel that's
19 necessary in order to make the body run.

20 Q. As evidenced by the fact that she lost
21 two pounds over a period of four weeks?

22 A. Well, what happens is there's a point
23 where you just stop losing weight because there's
24 nothing left to lose. So you don't just look at
25 the weight itself, because they're still going to

1 be weighing the bones, and I don't want to sound
2 disrespectful, but that's what happens.

3 She -- her optimal weight was 135 pounds.
4 Once she's down to like 95, how much more could
5 she possibly lose? But if you take a look at how
6 little she's eating, there's no question that she
7 is not just malnourished, but she's being deprived
8 an opportunity to increase her nutritional status.

9 Maybe a simpler and quicker way to say it
10 is, because of the failures of Emerald Health
11 Care, they have maintained her in a malnourished
12 state for a month.

13 Q. Doctor, she is taking in nutrition every
14 single day, correct?

15 A. She's taking in a fraction of what she
16 needs, that is true.

17 Q. Okay.

18 The nutrition is being provided to her
19 and it's being documented what she actually
20 consumes?

21 A. That is true. It's being delivered to
22 her and they're documenting how much she takes.

23 Q. And, on top of that, we know she's also
24 being encouraged and provided supplements?

25 A. That is true.

1 Q. Are you aware of the family telling the
2 social-service department at Emerald that Miss
3 Perez de Guzman did not eat for 15 days prior to
4 coming into the facility?

5 A. I remember seeing a notation similar to
6 that, yes. I don't remember it was 15 days.

7 Q. What significance, if any, did you put on
8 the fact that it was documented that Miss Perez de
9 Guzman was not eating before she came to Emerald
10 Health Care?

11 A. If this is actually true, and at this
12 point I don't know one way or the other, but let's
13 assume that is true, 15 days without nutrition is
14 going to be a significant period of time which
15 would lead to a state of malnutrition.

16 And I am not disputing that when she
17 entered Emerald Health Care she already was in a
18 malnourished state; however, she was in a state
19 where she still was functional to the extent that
20 she could participate in physical therapy,
21 occupational therapy, and speech therapy and do
22 moderately as well on a cognitive assessment.
23 However, Emerald Health Care did not make things
24 any better and they made it worse.

25 Q. Based upon your experience, can people

1 with dementia refuse to eat all of their food?

2 A. If this is a -- does it happen? Yes. Is
3 it their right as a person? Not necessarily,
4 because that would be like saying can an infant --
5 does an infant have the right to refuse. No, the
6 infant has the right and expectation that someone
7 is going to step in and protect them from their
8 own poor judgment, but that's not actually what
9 happened here anyway.

10 So if it was a demented patient who
11 doesn't know what's good for them and they refuse
12 the food, we try and work with them and figure out
13 what it was and overcome it. We don't ignore it
14 and walk away and say, well, that's their right,
15 but that didn't even happen here.

16 Miss Perez de Guzman would eat when fed
17 in a way that was acceptable to her, and that is
18 clearly noted in the records. That's what I said
19 what makes this such a tragedy is that they had
20 the roadmap that they could have followed, but
21 they followed a different roadmap.

22 Q. What, if anything, did the facility do
23 when they were faced with the fact that she was
24 not consuming all of her food?

25 A. Sometimes they would do it and sometimes

1 they wouldn't, and that's what I was talking
2 about, organization and consistency. There seems
3 to be one group that's documenting in one set of
4 the records of Emerald Health Care that Miss Perez
5 de Guzman does well when presented with finger
6 food. They actually say -- that's the phrase they
7 used. They say she's doing well.

8 It's also noted that when family members
9 feed her, she does well.

10 It's also clear from the records that she
11 needs special care and time to eat, which has been
12 my experience with certain demented patients. In
13 fact, there's parts of the records where it says
14 it takes 50 minutes, you know, to be with her
15 during a meal. And when that happens, that is
16 terrific and that is appropriate, but it has to
17 happen throughout all the meals throughout the
18 entire stay, and that never gets incorporated into
19 a systemic approach to Miss Perez de Guzman and,
20 as a result, she does not get the nutrients that
21 she needs and is maintained in a malnourished
22 state during her residency there.

23 Q. And yet we see that her wound condition
24 improved while she was there, correct?

25 A. There is some -- yes. That got a little

1 bit smaller.

2 Q. Would you agree with me that wound would
3 not have healed if she was not getting sufficient
4 nutrition to promote wound healing?

5 A. Well, I would agree that it got
6 something, but it's -- it's competing and it's --
7 it -- I don't want to sound silly, but it's almost
8 like you had four people at the table but you only
9 brought enough food for two, and nobody's really
10 getting enough.

11 So the wound got a little bit, the other
12 parts of the body got a little bit, but it wasn't
13 optimized to the extent that she needed. Maybe
14 the wound would have healed a little faster. And,
15 most likely, if she had gotten the nutrients, she
16 would not have declined the way she did
17 functionally and mentally.

18 Q. Your specialty is in internal medicine
19 and in geriatric medicine, correct?

20 A. That is true.

21 Q. It's not neurology?

22 A. It's not neurology.

23 Q. And it's not psychiatry?

24 A. I'm not a psychiatrist.

25 Q. Do you have any other criticisms that we

1 haven't discussed regarding Miss Perez de Guzman's
2 nutritional needs and the manner in which they
3 were provided for at Emerald?

4 A. No. I think we have covered the
5 criticisms.

6 Q. So as I understand it, what you would
7 have liked to have seen is the individual at
8 Emerald spending more time with Miss de Guzman and
9 take more effort to see to it that she ate a
10 larger percentage of her meals as documented in
11 the charts?

12 A. More time and appropriate time.

13 And although this is not a criticism,
14 it's concluded in my notes and it's just
15 supporting what I had said and that is she is
16 followed by occupational therapy specifically for
17 the several areas and specifically within that the
18 area of feeding. And the occupational therapist
19 writes more than once that Miss Perez de Guzman
20 needs maximum verbal cues and initiation cues
21 during eating. So she actually needs someone in a
22 very simple way to sit there and coach her through
23 the meal.

24 So it's -- it's really not a matter of
25 delivering the food and leaving her to her own

1 devices.

2 And just to be as complete as I can, I
3 think this was echoed in the testimony of one of
4 the family members, Nancy de Guzman, I guess is
5 the daughter-in-law, who had noted at some point
6 that food would be delivered, but Miss Perez de
7 Guzman, the resident, would not be assisted.

8 And I apologize if I'm going a little
9 further in the answer, but just to catch
10 everything, during the surveys, there are multiple
11 times that deficiencies were found in the area of
12 comprehensive-care plans, but I found it
13 interesting that there was a survey conducted on
14 April 24th, 2009. Now, this is after she's there,
15 but the -- the surveyors found that Emerald Health
16 Care Center failed to meet the Rule 400.022 which
17 is the Florida rule, the right to adequate and
18 appropriate health care. And the area in which
19 they had been cited was that they failed to
20 provide adequate and appropriate services to
21 maintain or improve the eating abilities of one of
22 the residents.

23 And there was a plan of correction in
24 which the resident, who was noted in the survey,
25 would eat with supervision, and all three meals

1 would be supervised, and this would be in the plan
2 of care. And the nursing staff were in service in
3 response to the survey to follow the plan of care
4 for every resident.

5 Now, yes, this is not Miss Perez de
6 Guzman, but it does show that there was a problem
7 after she was there. Miss Perez de Guzman
8 demonstrates that there was a problem while she
9 was there, and her care plan didn't even include
10 what was seen in the care plan of this resident
11 who was surveyed on April 24th, 2009, which is the
12 care plan didn't include references to Miss Perez
13 de Guzman's needs during eating such as finger
14 foods, and verbal cues, and initiation cues while
15 eating.

16 MR. SESSIONS: Respectfully, Doctor, I'm
17 going to move to strike the reference to a
18 survey that occurred after this residency.

19 BY MR. SESSIONS:

20 Q. Any other criticisms that you have
21 regarding the nutritional needs of Miss Perez de
22 Guzman and how they were provided for at -- while
23 she was at Emerald that we haven't already
24 discussed?

25 A. No. I think we've discussed it.

1 Q. And then the final -- the specific
2 category that I noted that you told me that you
3 had criticisms about pertained to Miss Perez de
4 Guzman's mental-status needs, is that correct?

5 A. Yes. It was really that I was addressing
6 how her mental status had been altered because of
7 the malnutrition, so we probably began -- we
8 probably had already discussed that; that she had
9 not optimal mental status while at Emerald Health
10 Care, but had a moderate deficit which then
11 changed as a result of the failure to provide her
12 with nutrition that she needed. And then, from
13 that, she goes into a situation in which she's not
14 going to recover and in the hospice system, and
15 then eventually passes away.

16 Q. Is there anything specifically that
17 Emerald did regarding Miss Perez de Guzman's
18 mental health-care needs that you would opine was
19 a deviation from the standard of care?

20 A. No. The opinion that I would give, as I
21 had said before, they were not giving her body the
22 fuel it needed, and the brain would be part of the
23 body that is deprived of fuel, and the best
24 explanation for why Miss Perez de Guzman
25 deteriorates in the way she did when she did is

1 not the natural progression of the dementia, but
2 the failure to meet her nutritional needs.

3 Q. Do you know why the initial psychiatric
4 assessment was performed at Emerald on October
5 14th?

6 A. I think it -- I don't remember the exact
7 reason. I thought it had to do with the
8 adjustment of medications or behavioral problems,
9 but I don't recall.

10 Q. Okay.

11 And Miss de Guzman passed away on what
12 day?

13 A. She passed away on December 18, 2008.

14 Q. And she was discharged from Emerald on
15 what day?

16 A. She's discharged from Emerald Health Care
17 on November 7th, 2008.

18 Q. So it's your opinion at the time she was
19 discharged from Emerald on November 7th, 2008,
20 that she was past the point of no return
21 nutritionally and that then she could not have
22 been provided with what you would call appropriate
23 nutritional care to otherwise improve her
24 condition?

25 A. I would say that she had been turned into

1 a different type of person which now puts the
2 family in a very difficult position.

3 As I said before, she is seen by a doctor
4 in the hospice setting who notes that she's not
5 communicative. You know, this is someone who
6 before was able to write sentences and read
7 things. She didn't follow even simple commands.
8 And the family is now presented with a choice as
9 to what to do, and it's a very difficult choice.
10 Are they going to try and get nutrients into her
11 through a tube, or are they going to let her drift
12 away without the nutrients, and the family had to
13 make a decision.

14 Q. Why would they need to provide nutrients
15 in a tube if she's capable of eating as you said?

16 A. She was, but by the time Emerald Health
17 Care had done what they did, she wasn't even
18 interacting anymore. That's -- that's why she was
19 staged -- she was given a stage 7d. So it's a
20 different -- she became -- she became a person who
21 entered for a facility to be rehabilitated, and
22 she exited it looking like a person who was at the
23 end of their life.

24 Q. At what point in time during her
25 admission at Emerald did she pass the point of no

1 return, in your opinion?

2 A. Well, unfortunately, they don't indicate
3 such a point, but I would say the point of no
4 return is the point when Emerald Health Care gives
5 up on her, because once somebody gives up on you,
6 how are you going to return.

7 Q. When did Emerald give up on her?

8 A. It seems it would be the point where
9 there are discussions of hospice. I don't have a
10 date on that, but to take someone who would eat
11 finger food who speech therapy is saying is still
12 viable and saying, well, she's at the end of her
13 life, that's giving up.

14 And just to be as accurate as possible,
15 this goes back to my initial criticisms that there
16 is fragmentation of care. She's being consulted
17 by hospice people, well-meaning hospice people, at
18 the same time that speech therapy is writing that
19 she's successfully completed 17 sessions, and
20 that's in late November, so...

21 Q. Late November?

22 A. November 6th, 2008, speech therapy, who
23 doesn't feed her, but just sees what she can do,
24 says that Miss Perez de Guzman has completed the
25 speech-therapy sessions and met the treatment

1 goals and now just needs to be fed, but she's not
2 being fed.

3 Q. I ask you again, sir, at what point did
4 she -- did Emerald give up on her or at what point
5 did she pass the point of no return?

6 A. Well --

7 MS. COOLEY: Form.

8 A. -- I don't know what the point of no
9 return would be. That may not be a question I can
10 answer, but I would say as a system Emerald Health
11 Care gave up on her when they did not incorporate
12 the recommendations of the occupational therapist
13 and the speech therapist into their plan of care.

14 The point of no return would have been no
15 later than November 7th, 2008, but, once again,
16 you have the problem of documentation which makes
17 it difficult to pinpoint any closer than that.

18 BY MR. SESSIONS:

19 Q. And if you would, sir, I know we touched
20 on this, but I don't know if I understand it
21 clearly, how did the actions of the folks at
22 Emerald cause or contribute to her death?

23 A. They ground her down when they should
24 have been lifting her up. They took a person who
25 had the potential to be rehabilitated and they did

1 not do what they were charged with doing.
2 Instead, they contributed to her debilitation.
3 There was no place to send her to be rescued
4 because this is where she was sent to be rescued.
5 So they created her debilitation and also,
6 perhaps, gave the impression that this was
7 inevitable. And the point of no return is when
8 she's now deprived of the rehabilitation and sent
9 to a hospice.

10 The natural progression should have been
11 hospital, rehabilitation, home or some other
12 facility. It shouldn't have been hospital,
13 rehabilitation, hospice.

14 So in a simple way, and I don't want it
15 to sound disrespectful, rather than allowing her
16 dementia to take its progressive course in
17 advancing to end stage, they hastened her demise
18 by depriving her of one of the most essential
19 things a person needs which is nutrition, and from
20 this she did not recover.

21 Q. Do you have an opinion, with a reasonable
22 degree of probability, as to how much they
23 hastened Miss Perez de Guzman's demise, in other
24 words, how much longer she would have lived but
25 for?

1 A. Well, I would, by their -- by what I saw
2 in the records, even with some people writing end
3 stage or advanced dementia, nobody was writing, at
4 least upon entry to Emerald Health Care, that she
5 was going to die within six months. I saw this in
6 different places. One place it said she did not
7 have end-stage disease. Another place it was
8 indicated that she was not terminal.

9 And based upon what I saw, despite the
10 moderate dementia which was described, in fact,
11 probably because it was only moderate dementia, I
12 would have not been surprised she lived another
13 five to ten years. This is a woman who was able
14 to survive a surgical procedure. This was a woman
15 who was considered to be a candidate for
16 rehabilitation therapy. She was not considered to
17 be -- at the end of her life. She was not
18 considered to have a terminal disease.

19 Q. Are you familiar with the literature that
20 describes the risk that faced -- that elderly
21 individuals face when they fall and break a hip
22 and the prognosis that follows after that?

23 A. Absolutely. And it is a terrible risk
24 for an older person to break a hip which is why we
25 have to be very vigilant and supportive to make

1 sure that they do not suffer the consequences of
2 the reduction in mobility or even the consequences
3 of going through the surgical procedure.

4 However, she survived the surgery, she
5 made it to rehab, and there was no indication that
6 she was on the way down. If anything, from what I
7 was able to see in the notes from Emerald Health
8 Care, they were optimistic that she was on the way
9 up.

10 Q. Okay.

11 Doctor, have we discussed all of the
12 criticisms that you have against Emerald Health
13 Care?

14 A. I believe we have.

15 Q. So it would be fair to say that with the
16 exception of these criticisms that we discussed,
17 that the other elements of care that you saw in
18 the records of Emerald Health Care were within the
19 applicable standard of care?

20 A. Either that or there are areas that I
21 have no opinion because I didn't look at them.

22 MR. SESSIONS: Okay. I have no further
23 questions at this time.

24
25 * * * * *

CROSS-EXAMINATION

BY MS. COOLEY:

Q. Doctor, were all of your opinions given within a reasonable degree of medical certainty?

A. Yes, they are.

Q. And it's your opinion, within a reasonable degree of medical certainty, that Emerald Health Care Center caused the death of Miss de Guzman?

MR. SESSIONS: Form.

A. Yes. Their failure to meet the standard of care contributed to her death.

MS. COOLEY: I have nothing further.

MR. SESSIONS: Okay. Thank you. Will you read, Doctor?

THE WITNESS: Sure.

MR. SESSIONS: We'll order.

THE COURT REPORTER: Would you like a copy, ma'am?

MS. COOLEY: Yeah.

(The reading and signing of this deposition is not waived, and the deposition was concluded at 2:00 p.m.)

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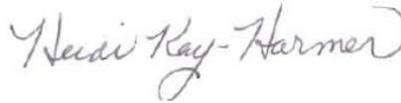
CERTIFICATE OF OATH

STATE OF FLORIDA

COUNTY OF ORANGE

I, Heidi Kay-Harmer, Florida Professional Reporter, Notary Public, State of Florida, certify that PERRY J. STARER, M.D., personally appeared before me on the 14th day of April, 2016, and was duly sworn, and he produced a New York State driver's license as identification.

Signed this 21st day of April, 2016.



Heidi Kay-Harmer
Florida Professional Reporter
Notary Public, State of Florida
Commission #EE875558
Commission Expires: 4/16/2017



CERTIFICATE OF REPORTER

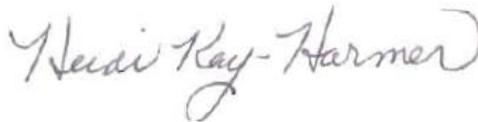
STATE OF FLORIDA

COUNTY OF ORANGE

I, Heidi Kay-Harmer, Florida Professional Reporter, certify that I was authorized to and did stenographically report the deposition of PERRY J. STARER, M.D., Pages 1 through 128; that a review of the transcript was requested; and that the transcript is a true and complete record of my stenographic notes.

I further certify that I am not a relative, employee, attorney, or counsel of any of the parties, nor am I a relative or employee of any of the parties' attorneys or counsel connected with the action, nor am I financially interested in the action.

DATED this 21st day of April, 2016.



Heidi Kay-Harmer
Florida Professional Reporter

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DEPOSITION ERRATA SHEET

Our Assignment NO. JO340759
Case Caption: IN RE ARBITRATION OF: THE ESTATE OF
ESTELA PEREZ DE GUZMAN VS. PORT ST. LUCIE MGT, LLC,
ET AL.

DECLARATION UNDER PENALTY OF PERJURY

I declare under penalty of perjury that I have
read the entire transcript of my Deposition taken
in the captioned matter, or the same has been read
to me, and the same is true and accurate, save and
except for changes and/or corrections, if any, as
indicated by me on the DEPOSITION ERRATA SHEET
hereof, with the understanding that I offer these
changes as if still under oath.

Signed on the day of , 20 .

PERRY J. STARER, M.D.

