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1 IN THE CIRCUIT COURT OF
2 PULASKI COUNTY, ARKANSAS
3 FIFTH DIVISION

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6 JAMES D. LAWSON and DONNA LAWSON,
7 Individually, and as Co-Administrators
8 of the Estate of BARBARA ELAINE LAWSON
9 and on behalf of the wrongful death
10 beneficiaries of the Estate of
11 BARBARA ELAINE LAWSON,

12 Plaintiffs,

13 vs. No. CV03-2249

14 HEALTH MANAGEMENT ASSOCIATES, INC. and
15 LITTLE ROCK HMA, INC. D/b/a SOUTHWEST
16 REGIONAL MEDICAL CENTER, BENNY J.
17 GREEN, M.D., and LYNN C. THOMAS, M.D.,

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19 Defendants.

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24 DEPOSITION OF DR. PERRY J. STARER

25 New York, New York

Monday, April 4, 2005

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29 Reported by:
30 ELIZABETH F. TOBIN, RPR
31 JOB NO. 170678

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1 April 4, 2005

2 10:15 a.m.

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4 Deposition of DR. PERRY J.

5 STARER, an expert witness, taken by

6 defendants, held at the offices of

7 Esquire Deposition Services, 216 East

8 45th Street, New York, New York,

9 pursuant to notice, before ELIZABETH F.

10 TOBIN, a Notary Public of the State of

11 New York.

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1 A P P E A R A N C E S:

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3 WILKES & McHUGH, P.A.

4 Attorneys for Plaintiffs

5 425 West Capitol Avenue, Suite 3500

6 Little Rock, Arkansas 72201

7 BY: THOMAS G. BUCHANAN, ESQ.

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9 MITCHELL, WILLIAMS, SELIG, GATES &

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24 Little Rock, Arkansas 72201

25 BY: WILLIAM H. EDWARDS, JR., ESQ.

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1 APPEARANCES: (Continued)

2

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4 Attorneys for Defendant Lynn C. Thomas,

5 M.D.

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8 Little Rock, Arkansas 72201

9 BY: OVERTON S. ANDERSON, ESQ.

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1 PERRY J. STAREER, called as a
2 witness, having been duly sworn by a
3 Notary Public, was examined and
4 testified as follows:

5 EXAMINATION BY

6 MR. EDWARDS:

7 Q. Dr. Starer. My name is Bill Edwards
8 and we're here to take your deposition today
9 in the case of Lawson versus Health Management
10 Associates and others.

11 I realize you've given depositions
12 before; is that correct?

13 A. Yes.

14 Q. On how many different occasions?

15 A. I don't remember exactly. Maybe ten
16 or 12.

17 Q. You're familiar with the ground
18 rules, but I'm going to go ahead and restate
19 them in any event. If I ask you a question
20 you don't understand, ask me to repeat or
21 rephrase the question. If you don't ask me to
22 repeat or rephrase the question, I'm going to
23 assume that you understood my question and
24 have given me an answer to the best of your
25 ability.

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1 Starer

2 Fair enough?

3 A. Yes.

4 Q. And if you will, for our court

5 reporter's benefit, continue to answer out

6 loud with yes or no or whatever answer is

7 appropriate rather than shaking or nodding

8 your head.

9 All right?

10 A. Yes.

11 Q. And if we could avoid uh-huhs or

12 unh-unh, use a yes or no response, that would

13 be good as well.

14 A. Yes.

15 Q. This is not a marathon. If you need

16 to take a break for any reason, just holler

17 and we'll take a break at that time.

18 A. Yes.

19 Q. We're here today pursuant to notice

20 of deposition, which I'll go ahead and mark as

21 Exhibit 1 to your deposition. And we've also

22 been provided with a copy of your CV which

23 lists your education, training and experience.

24 (Starer Exhibit 1, notice, marked

25 for identification, as of this date.)

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1 Starer

2 Q. Am I correct that your education has
3 all taken place here in New York?

4 A. That is correct.

5 Q. And your experience, likewise, is
6 all here in New York?

7 A. My practice?

8 Q. Yes, sir.

9 A. Yes, sir.

10 Q. I've reviewed your resume.

11 It appears that you are currently
12 teaching at Mount Sinai; is that correct?

13 A. Yes, I have an appointment at the
14 School of Medicine.

15 Q. What do you teach?

16 A. I teach geriatrics and internal
17 medicine.

18 Q. And is that to med students?

19 A. Medical students and the house
20 staff, interns and residents. And I teach my
21 colleagues as well.

22 Q. When you say you teach geriatrics,
23 is that the title of a course or is that a
24 particular branch of medicine that you teach
25 multiple courses in?

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1 Starer

2 A. Let me see if I can explain this. I
3 have a geriatric unit of which I am the
4 director at the hospital. So we have
5 different people rotating through, some for a
6 month and some for longer. This could be
7 house staff. It can be medical students,
8 pharmacy students, nurse practitioner
9 students. So that's an ongoing teaching by
10 working together in the care of patients.

11 And then also within the area of
12 geriatrics I will give formalized lectures,
13 classroom. But I don't know if we actually
14 would call it a course. Maybe call it more
15 you rotate through the geriatric division as
16 part of your workload.

17 Q. In working with your geriatric unit,
18 is that part of your teaching duties?

19 A. There's no clear distinction. It's
20 also part of my professional obligation and my
21 employment responsibility, yes.

22 Q. When you say you give formal
23 lectures, do you give that to a classroom
24 setting, give tests, assign grades?

25 A. I speak in an auditorium. I stand

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1 Starer

2 up in front of the room. I don't give the
3 final grade. I will do evaluations. I fill
4 out evaluation forms on the student and the
5 house staff.

6 Q. In this position are you employed by
7 the City of New York?

8 A. I actually have two employers. I am
9 employed by the New York City Health and
10 Hospitals Corporation and I'm also employed by
11 the Mount Sinai School of Medicine.

12 Q. Is your employment with the city by
13 virtue of the geriatric clinic that you
14 operate?

15 A. It's one entity. It may -- if I can
16 explain -- I know, it's not always clear to us
17 either. In New York all the major medical
18 schools have partnered with the City of New
19 York in order to provide care to underserved
20 areas.

21 So, you may have heard of Bellevue
22 Hospital and that's partnered with NYU Medical
23 School. And Mount Sinai is partnered with
24 Elmhurst and it just goes on and on. And they
25 both operate the entity. There's a little bit

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1 Starer

2 of a division of labor that the City of New
3 York wants to make sure that the underserved
4 community is served and Mount Sinai wants to
5 make sure you have a high level of academics
6 and it's combined. But it's the same thing.

7 MR. EDWARDS: If you need to take a
8 break.

9 (A brief recess was taken.)

10 Q. Have you ever engaged in private
11 practice?

12 A. No.

13 Q. Have you ever practiced in any state
14 other than New York?

15 A. No.

16 Q. Are you a member of the A.M.A.?

17 A. No.

18 Q. Are you a member of any other
19 physicians' associations?

20 A. Yes.

21 Q. Which?

22 A. I'm a member of the -- we have our
23 own Attending Physicians' Association and I'm
24 a member of the Doctors' Council, which is a
25 New York City organization.

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1 Starer

2 Q. Those are both doctors' unions,
3 aren't they?

4 A. Yes.

5 Q. Are you an officer in any of those
6 organizations?

7 A. Yes.

8 Q. What position do you hold?

9 A. I am the secretary-treasurer of the
10 Attending Physicians' Association and I am a
11 delegate to the Doctors' Council.

12 Q. And is that a union that -- you tell
13 me.

14 What group does that encompass,
15 physicians in the State of New York?

16 A. New York City area.

17 Q. You mentioned that you're the
18 director of the geriatric clinic?

19 A. Yes.

20 Q. Does that operate at Elmhurst or is
21 that Mount Sinai Hospital?

22 A. It's Elmhurst Hospital.

23 Q. What do you do as the director of
24 the geriatric clinic? What are your duties?

25 A. Duties. Well, I'm responsible for

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1 Starer

2 the patients on the geriatrics unit. It's a
3 very broad way of saying that I oversee the
4 care and treatment of the patients while I'm
5 there, and I work in concert with the
6 physicians, nurses, pharmacy -- individuals
7 from the pharmacy department, physical
8 therapy, social work and then the various
9 rotating students and other learners who come
10 through to make sure there's a comprehensive
11 approach to the treatment of the elderly
12 patient.

13 Q. Are you the attending physician for
14 any of the patients or residents at the
15 geriatric clinic?

16 A. You're mixing the term clinic with
17 unit. I'm talking about an inpatient unit.
18 Clinic would be an outpatient area which I'm
19 not involved in. For the inpatient area, I
20 will rotate through on a monthly basis. The
21 structure is a little more complex than just
22 saying we have this one unit. Because I also
23 do internal medicine.

24 For six months out of the year I
25 admit patients into the internal medicine

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1 Starer

2 service at Elmhurst Hospital as well. This is
3 not all geriatrics. So, there are certain
4 times where I am not the attending physician
5 for the patients on the geriatric unit where
6 I'm the director and there are other times
7 that they're actually my patients and my
8 primary care responsibility. Because it's a
9 public hospital, we get assigned patients as
10 they arrive.

11 Q. For those patients in which you are
12 the attending physician, is that by virtue of
13 the fact that they were admitted as part of
14 your rotation as an internist?

15 A. Internist, yes, internal medicine.

16 Q. As part of operating or overseeing
17 the geriatric unit then, you do not -- you are
18 not the attending physician for those patients
19 except those that may be admitted by virtue of
20 you being an internist?

21 A. That's correct.

22 Q. You mentioned earlier that patients
23 will rotate through in one month intervals?

24 Did I --

25 A. No. I rotate through on a one month

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1 Starer

2 interval.

3 Q. What's the average stay of a patient
4 in the geriatric unit?

5 A. It is very variable. It can be one
6 day. It can be a month.

7 Q. Would you characterize this as acute
8 care or more chronic care?

9 A. This is acute care for the geriatric
10 patient.

11 Q. In your geriatric clinic, do you use
12 physical therapists?

13 A. Yes. You said clinic again, so you
14 threw me off.

15 Q. I'm sorry. Unit.

16 A. Unit, yes, sir.

17 Q. I'll try to get together with the
18 terminology.

19 In your geriatric unit do you use
20 physical therapists?

21 A. Yes.

22 Q. Do you use physical therapists to
23 assess patients?

24 A. Yes.

25 Q. Do you use physical therapists to

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1 Starer

2 assess patient in terms of their need for

3 rehabilitation and mobility and strength

4 training?

5 A. Yes.

6 Q. How many physical therapists are on

7 staff at the geriatric unit?

8 A. How many do we have?

9 Q. Yes, sir.

10 A. There's always one and then

11 sometimes there may be a second one coming to

12 assist. There's always one.

13 Q. Is it the physical therapists who do

14 the assessment of the patients in terms of

15 their physical capabilities on admission?

16 A. They participate. It's not solely

17 them.

18 Q. Who else assesses the patients in

19 terms of their physical capabilities?

20 A. Physical capability, you're using it

21 broadly. What are you asking?

22 Q. Who assesses patients for their

23 ability to ambulate, stand, walk, what need

24 they have in terms of rehabilitation?

25 A. Oh. Well, the first part, the

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1 Starer

2 ability to stand, walk, the physician will do
3 it, the nurse and the physical therapist. The
4 latter part, the need for rehabilitation
5 medicine, then we'll have the physical
6 therapist get involved.

7 And then it will go one step. If
8 the physical therapist feels that the patient
9 may benefit from more gymnasium-based
10 rehabilitation medicine, then we'll have a
11 physiatrist come and do a formal evaluation
12 from the rehabilitation medicine department.

13 Q. Do you write admission orders as
14 part of your job duties at the geriatric
15 clinic?

16 A. Geriatric unit, no.

17 Q. Thank you.

18 Is the geriatric unit operated as
19 part of Mount Sinai?

20 A. Well, we're -- it's all under the
21 Mount Sinai -- New York contracts with Mount
22 Sinai to staff the institution, so it's all
23 under the Mount Sinai umbrella, yes.

24 Q. Is Mount Sinai a hospital that
25 emphasizes geriatrics?

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1 Starer

2 A. I'm not sure how to answer that
3 question. There is a geriatric department
4 there. But I don't think they emphasize it
5 more than they emphasize pediatrics or any of
6 the other divisions. It's not a geriatric
7 hospital. It's just one component.

8 Q. I think I read somewhere that Mount
9 Sinai claimed to be the only hospital with a
10 geriatric department.

11 Do you believe that to be correct?

12 A. I believe you read it. I don't know
13 what actually that means. It may be a
14 distinction that it's a free-standing
15 department as opposed to a subdivision of
16 medicine. I'm not sure what the meaning of
17 that is.

18 Q. Your CV has a list of publications
19 attached to it.

20 Do any of your publications focus on
21 fall prevention?

22 A. I didn't bring all my publications
23 there are, but -- I'm sorry I didn't bring it.
24 I believe I had one in here, nursing home care
25 and in there there was a section.

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1 Starer

2 Q. Why don't you take a minute and
3 review the articles and --

4 A. I'm just -- "Medical Care of the
5 Elderly in the Nursing Home," number nine, I
6 address falls. I didn't know we needed it.
7 But there's a section on falls in there. I
8 recall writing that.

9 Q. Have you ever written any articles
10 dealing with fall preventions in a hospital?

11 A. No, not that I recall.

12 Q. Do any of the articles listed here
13 deal with hospital care as opposed to nursing
14 home care?

15 A. Let me just quickly -- I just want
16 to take a quick look and try to remember where
17 each study was done. Some of the articles
18 were based in a hospital population.

19 Number 12, number 14, number 15,
20 number 17 and 18 and 19. My recollection.
21 And the others were conducted in a nursing
22 home population. These are the articles. I'm
23 not talking about the other -- the letters to
24 the editor and the textbook chapters.

25 Q. Do any of the textbook chapters deal

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1 Starer

2 with hospital care as opposed to nursing home
3 care?

4 A. I'll take a look at that. I guess

5 the first textbook chapter, "Urinary
6 Incontinence," that would have encompassed
7 hospital-based patients as well. Second one,
8 "History and Physical Examination" would have
9 also addressed hospitalized patients. And the
10 other publications were just book reviews.

11 They could apply, some of them -- number three
12 and number four, the abstracts, one would
13 apply to hospitals and number three, "Nonchild
14 Resistant Container" abstract was done in a
15 hospital.

16 Q. Doctor, do you maintain a list of
17 cases in which you've testified?

18 A. No.

19 Q. When we started, you estimated that
20 you'd given approximately ten to 12
21 depositions?

22 A. Yes, I was estimating.

23 Q. How many times have you testified at
24 trial?

25 A. Let me think. I think about four.

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1 Starer

2 Q. This case is currently set for May

3 16th.

4 Are you currently available to

5 testify in Little Rock somewhere in that week?

6 A. I have to check my schedule and I

7 guess we can arrange something, yes.

8 Q. Currently, it's your intent to

9 testify if called as a witness?

10 A. I hadn't been invited, but it's my

11 intent, yes.

12 Q. In the depositions you've given and

13 the trial testimony you've given, have you

14 ever testified on behalf of the defendant?

15 A. No.

16 Q. Then I'm correct in saying that all

17 your testimony has been on behalf of the

18 plaintiff?

19 A. Yes; all depositions and trials,

20 plaintiff, yes.

21 Q. How did you first become involved in

22 litigation?

23 A. This is called litigation?

24 Q. Testifying.

25 A. Okay, testifying. I can't remember

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1 Starer
2 the year now. It may be seven years ago. I
3 received a phone call and it was a lawyer
4 saying, "Do you do expert witness work"? I
5 said "No."

6 He said, "Would you be interested"?
7 And I said, "What is it"? And he began to
8 explain this case and would I look at it. And
9 I said, "All right, if you like." I said,
10 "This is not really what I do." And that's
11 how it started.

12 Q. Was this a lawyer that you knew?

13 A. I didn't know the guy, no.

14 Q. Just a cold call?

15 A. It really was. I actually said,
16 "How did you find me"?

17 Q. What was his response?

18 A. "I saw one of your articles."

19 Q. Do you do any advertising?

20 A. No.

21 Q. Do you maintain business cards which
22 list you as a consultant?

23 A. No.

24 Q. In this case the plaintiffs' counsel
25 is the firm of Wilkes & McHugh.

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1 Starer

2 Have you ever worked with them on
3 any prior cases?

4 A. I think this is the first time
5 they've contacted me, but then subsequently
6 they called me for other cases. But this is
7 the first time.

8 Q. How many current files do you have
9 with the firm of Wilkes & McHugh?

10 A. It might be four. I think they're
11 based around the country. I don't think
12 they've all come out of Arkansas. I think
13 there be might be four other contacts.

14 Q. How many current cases are you
15 consulting on?

16 A. It's the same number. Is there a
17 difference in having the files or --

18 Q. Are all the cases that you currently
19 consult on Wilkes & McHugh files?

20 A. I'm sorry. I see what you're
21 saying. I thought it was still the Wilkes &
22 McHugh. Sometimes I receive something and
23 they say, "Can you take a look at it and just
24 let us know," and then that's the end of it.

25 Are you asking something which is

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1 Starer

2 active?

3 Q. How many open files are you
4 currently consulting on without regard to who
5 the counsel is?

6 A. I'm not sure when it's closed or
7 not. They say, "Can you look at this," and
8 then I don't hear anything again. There might
9 be another four, I think.

10 Q. That would be a total of nine?

11 A. It's my estimate.

12 Q. What are your charges per hour?

13 A. \$200 an hour.

14 Q. I take it that's what you're
15 charging us for today?

16 A. Yes, yes.

17 Q. I take it you're not licensed in
18 Arkansas?

19 A. That's correct.

20 Q. Never practiced there?

21 A. That's correct.

22 Q. Have you treated any patients from
23 Arkansas?

24 A. No, I have not.

25 Q. Have you been to Arkansas before?

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1 Starer

2 A. No, I have not.

3 Q. Are you familiar with the standard

4 of care in Arkansas?

5 A. I'm familiar with the standard of

6 care in a community similar to that in Little

7 Rock.

8 Q. What community would that be?

9 A. New York City.

10 Q. Do you have any experience or

11 training outside of New York City?

12 A. What do you mean by -- I mean, you

13 say training, educational experiences. In the

14 past I've attended conferences and lectures

15 outside of New York, yes.

16 Q. Where have you attended conferences

17 and lectures?

18 A. I don't remember them all now. New

19 Jersey, California. But this goes -- this is

20 years. I don't remember every one.

21 Q. When did you first meet with any of

22 the attorneys from Wilkes & McHugh?

23 A. I met only one attorney, Mr.

24 Buchanan, that was yesterday at 5:30.

25 Q. Do you keep an itemized bill of the

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1 Starer

2 time you spend reviewing cases?

3 A. You mean ongoing?

4 Q. Yes, sir.

5 A. No.

6 Q. Do you have an estimate of the hours

7 you put into the Lawson case?

8 A. Yes.

9 Q. What would that be?

10 A. Fifteen hours.

11 Q. You understand this case involves a

12 hospital and two doctors?

13 A. Yes.

14 Q. Have any of the other cases in which

15 you've testified also involved a hospital or

16 doctors?

17 A. My recollection, yes.

18 Q. How many?

19 A. Well, I don't remember how many. I

20 mean, certainly maybe more than three. But I

21 don't remember all the cases.

22 Q. Have you testified in a malpractice

23 case involving physicians before?

24 A. Yes.

25 Q. Do you recall the names of those

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1 Starer

2 cases?

3 A. No, I don't. I'm sorry.

4 Q. In what state did those cases occur?

5 A. I believe there was one in New
6 Jersey and probably Texas. I remember Texas.

7 Now I don't remember if I testified -- I can't

8 recall, sorry.

9 Q. Is it fair to say that the majority
10 of cases in which you've testified have been
11 against nursing homes?

12 A. That is a fair statement, yes.

13 Q. Have you ever been sued?

14 A. No.

15 Q. Ever had a claim made against you?

16 A. Not that I'm aware of.

17 Q. Pursuant to our notice you brought
18 with you today a couple of notebooks which I
19 presume contain medical records?

20 A. Yes, sir.

21 Q. You've brought some articles with
22 you?

23 A. Yes.

24 Q. And a couple of pages of notes?

25 A. Notes, letters I received.

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1 Starer

2 Q. And you've also reviewed some
3 depositions?

4 A. Yes.

5 Q. Which depositions have you reviewed?

6 A. I have a deposition of Mr. Larry
7 Kerr and Dr. Benny Green and Dr. Lynn Thomas.

8 Q. Are you aware that there are other
9 depositions that have been taken?

10 A. I'm aware there are other
11 depositions.

12 Q. Why did you not review those?

13 A. I had just received those, so I
14 focused on what I felt I needed to see and the
15 others -- I discussed it with Mr. Buchanan
16 again yesterday when I first met him, is it
17 all right if I concentrate on these.

18 Q. Do you intend to review any
19 additional depositions taken in this case?

20 A. If there was something relevant that
21 someone needed me to review -- if asked to, I
22 will.

23 Q. I ask if you review any additional
24 materials that result in a change in any of
25 the opinions that you express here today if

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1 Starer

2 you would please let Mr. Buchanan know so he
3 can alert counsel.

4 A. Absolutely.

5 Q. By my count, there are 16 articles
6 you brought, the majority of which appear to
7 deal with falls.

8 A. Falls and head trauma, yes, yes.

9 Q. Have you made any notes or
10 highlights on any of the depositions?

11 A. What I've done is, I folded corners
12 and made lines on those pages, just pertaining
13 to certain paragraphs. But that's all I've
14 done to the depositions. Corner folding and
15 line making.

16 Q. I take it the folded dog-eared pages
17 that you have are of marked sections that were
18 of interest to you?

19 A. Yes.

20 Q. Why don't we take a minute and if
21 you would go ahead and read through the
22 depositions and give us the pages that you've
23 dog-eared.

24 A. This is Larry Kerr, K-e-r-r, and I
25 marked Pages 18, 19, 20 and Page 23, Page 36,

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1 Starer
2 pages 43 through 45 and there's one I did on
3 the bottom, I think. Yes, 55. That's Larry
4 Kerr.

5 Dr. Benny Green; page 84, 91, 92,
6 94, 95, 96, 108, 99, 100, 84. I went
7 backwards. That's Benny Green.

8 And Dr. Lynn Thomas; 25, 49, 50.
9 Going backwards a little bit, 51, 26. Okay.

10 Q. Is there any particular methodology
11 at play in whether you dog-eared the bottom or
12 the top of the pages?

13 A. I was trying to figure out what I
14 was doing there. It just might have been the
15 interesting paragraph or statement was either
16 near the top or the bottom and that's just
17 where I was looking at the time.

18 Q. If you would go ahead and look at
19 Dr. Green's deposition. I'd just like you to
20 start with the first dog-eared page and tell
21 me what it was that was of significance to you
22 that led you to dog-ear the page.

23 A. It may take me a moment just to
24 reread it.

25 Q. Sure.

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1 Starer

2 A. On Page 84 at the bottom the
3 question is: "We're going to talk about the
4 falls at Traditions. Do you recall that"?

5 Dr. Green says, "Yes, sir. It seems
6 like all three falls now are related to going
7 to the bathroom, too."

8 That was -- I was looking for the
9 circumstances of the fall and the response of
10 the staff to the fall. So here they had this
11 discussion that all falls were related to
12 episodes of toileting.

13 And then a follow-up question is,
14 "Is it your belief it should have been picked
15 up by the nursing staff"?

16 And Dr. Green says, "No. All of it
17 had to do with the bathroom; one of them
18 trying to make it to the bedside commode, one
19 the medical unit. She's trying to get to the
20 bedside commode. I don't know about the third
21 one. I think she was in the bathroom there,
22 too."

23 So, it just was interesting to me
24 that although all episodes related to
25 toileting, when asked whether it should have

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1 Starer

2 been picked up by the nursing staff, the
3 response was no, the pattern could not be
4 detected somehow. So I just marked that.

5 Then at the bottom of that same
6 Page 85, there was a section, when it says,
7 "Doctor notified times two, does that mean
8 they notified two doctors or notified you
9 twice"?

10 And I had seen that marking also in
11 the records and I was unclear. Notify doctors
12 and they had the X sign for times and then the
13 number two. I wasn't sure whether or not that
14 meant -- I assumed they had called the doctor
15 twice but here they're asking for
16 clarification, does it mean they called one
17 doctor twice or two doctors one time. So,
18 when they asked Dr. Green what it means, he
19 said he doesn't know what that notation means.

20 Should I go on?

21 Q. Please.

22 A. Here I have Page 89, I marked
23 something. So, here the question is asked to
24 Dr. Green, "Would you have expected someone on
25 the nursing staff to assist her off the

0032

1 Starer

2 toilet"?

3 And Dr. Green responds, "I think I

4 would have expected probably for someone to be

5 there, not exactly lift her off, you know, but

6 be there." And I agree. I agree with that

7 statement.

8 Page 91, let me just read this. All

9 right. So there is this -- Page 91, the whole

10 page is discussing neurologic checks. The

11 question is asking for a clarification what

12 neuro checks are and the response is, "Looking

13 at the pupils to see that they're reactive and

14 equal to light. Making sure the patient is

15 mentally awake." This is what Dr. Green is

16 saying. "No signs of vomiting or decreased

17 mental status, no headaches, no vomiting.

18 Making sure you can move all extremities."

19 He explains neurologic checks,

20 defines that. Then the question is "Who

21 performs the checks"? He responds, "It's the

22 nurses." He says he thinks it would be a

23 nurse, not the CNA.

24 "Would do you expect the nurses to

25 do when you order them to perform the

0033

1 Starer
2 neurologic checks"? And he responds that he
3 expects them to examine the patient every two
4 hours, make sure she's talking, she's not
5 complaining of anything new, headaches, make
6 sure the eyes are equal. And he goes on to
7 reiterate the same thing.

8 And then the last question there
9 is -- now it gets into a question of the value
10 of the neurologic checks. And he's asked,
11 "Can neuro checks detect intercranial
12 hemorrhages"? And the response is, "Yes."
13 And, "What is more reliable in detecting an
14 intercranial hemorrhage, a CT scan or neuro
15 checks"?

16 And he says a CT scan, and then they
17 go on to discuss the ordering of the CT scan.
18 He didn't order one at 1:30. It just flowed
19 into that section. This is the whole section
20 on neurologic checks, how it's done, what the
21 value of it is and whether it can detect
22 changes before a CT scan can.

23 I also had a question here, I don't
24 know if they meant to say intracranial
25 hemorrhage and it got translated as

0034

1 Starer

2 intercranial hemorrhage. I would have read it
3 more as intracranial hemorrhage. I'm just
4 marking things.

5 Q. Okay.

6 A. So the next one I have here is
7 Page 94. No, I'm sorry. I missed the bottom
8 markers. Did I? I just want to be accurate.
9 We did 84 and 85. Right. So 94.

10 So, this was a -- they're discussing
11 the value of the CT scan and the time of it.
12 At the bottom of Page 94 they're discussing
13 why a CT scan had been ordered previously but
14 was not ordered on this particular occasion.
15 There was a falling episode and a CT scan was
16 done on June 24th and then now with the event
17 on June 28th they didn't order.

18 And the response is about her having
19 a big knot on her head at this time. Last
20 time it was -- she didn't have a big knot on
21 her head. He was going by the external
22 physical finding. That before she was more
23 confused than she is now. And he comes back
24 and says she had a hematoma on her head. And
25 then he is asked, "Doctor, early in your

0035

1 Starer

2 testimony I asked you why you order a CT scan.

3 You said because she is on Lovenox."

4 "Yes."

5 "She was on Lovenox when she fell a

6 second time. You chose not to do that"?

7 "Yeah," he says. It's just more of

8 that discussion of why if she's on an

9 anticoagulant did she hit her head one time,

10 you got the CT scan and one time you didn't.

11 So I marked that.

12 Then on Page 96 -- okay, here, it

13 goes back to that same area of questioning

14 about the value of the neurologic checks. Dr.

15 Green is asked, "Is there a significant amount

16 of intercranial hemorrhage that cannot be

17 detected by neurologic checks"?

18 And he said that -- "I would say

19 that there is" -- changes a sentence, "It

20 would be less than 25 percent, probably that

21 would not be detected. The majority, 70 to 80

22 percent would be detected by neurologic

23 checks." So I marked that, his understanding

24 of the CT scan.

25 And on Page 99 he's asked -- this is

0036

1 Starer
2 the question about the -- they're talking
3 about dizziness as an indicator that one would
4 need investigation and the question is, "Later
5 on in the afternoon the nursing staff calls
6 you and said, 'doctor, Ms. Lawson is
7 experiencing dizziness.' Would you have
8 ordered a CT scan"?

9 And he said, "Probably would have."

10 He goes on to discuss how dizziness
11 is one of the indicators as part of his neuro
12 check.

13 At the bottom of 100 he says -- let
14 me see what the question was. They're talking
15 about if at 1:30 the nursing staff informed
16 you Ms. Lawson is dizzy, would you order a CT
17 scan taking into consideration Lovenox.

18 He says, "I already knew Lovenox was
19 on board. The dizziness is the key thing.
20 It's new. She wasn't dizzy when I talked to
21 her."

22 That's Page 108. "At 1445 we have a
23 patient who is complaining of throbbing head
24 pain." The response is "Yes, sir."

25 "And the CT scan is not ordered

0037

1 Starer

2 until 1645"? And he says "Yeah."

3 So, that's some information on the
4 time course between the onset of the head pain
5 symptom and the CT scan being ordered, two
6 hours passed.

7 And then I have Page 110, this is
8 just a reiteration of a question. He says --
9 the question is, "now, as I recall, the
10 testimony earlier though, however, you -- now,
11 as I recall your testimony earlier though,
12 however, you said that you would have expected
13 somebody to have accompanied Mrs. Lawson to
14 the bathroom, correct"?

15 "Yeah, yeah. That would be the
16 right thing to do."

17 Those are the sections I marked.

18 Q. Okay. And for Dr. Thomas.

19 A. Okay, so the first thing I marked on
20 Page 23, they're talking about the fall risk
21 assessment and I think they're asking Dr.
22 Thomas why she was not considered to be a high
23 fall risk and she goes over the criteria,
24 saying that Ms. Lawson wasn't combative, not
25 older than 70, didn't have a visual

0038

1 Starer
2 impairment. She scored 29 out of a 30 on a
3 mini mental status exam. Then she said,
4 "That's better than I do on some days."

5 She was not complaining of syncope
6 or vertigo at that time or, to our knowledge,
7 at any time right around that time. So that
8 was an explanation of the fall risk score or
9 assessment. So I marked that.

10 And on Page 25, they're just talking
11 about the point system and how you are
12 stratifying somebody's fall risk and the
13 question is "Upon either your recollection or
14 your review of the record did it appear that
15 anything occurred with her that increased her
16 fall risk during her stay in Traditions."

17 Her response is, "No, I don't, I
18 would not have, I can't think of anything that
19 would have made her go to a Level II." And
20 they start to talk about whether confusion is
21 part of the assessment and there was a little
22 back and forth on that. I marked that.

23 Then on Page 26 -- I think the
24 questioning now is along the lines of fall
25 protocol aside, that's -- that's what the

1 Starer
2 question says, "Fall protocol aside, what
3 about the use of anticoagulant medicines? Was
4 the fact that she's on anticoagulant
5 medications combined with the fact that she
6 had already fallen once in the hospital
7 something that caused concern to you with
8 respect to the level of fall precautions that
9 might need to be taken"?

10 And she now, Dr. Lawson is talking
11 about how each patient is an individual and
12 sort of deviates from the form a little bit.
13 She says, "I look at an individual. I look at
14 what medications they're on. I look at why
15 they're here, what the purpose is. And in my
16 judgment nothing else need to be done even
17 given the knowledge I had that she was on
18 anticoagulants. Because the whole purpose was
19 to move her toward independence. And
20 restraining her or having somebody stare at
21 her for 24 hours, seven days a week was not
22 going to serve that purpose."

23 So, she's saying that this would not
24 have changed her treatment plan. I noted
25 that.

0040

1 Starer

2 Now I'm on to Page 49. The question

3 is, "Are you telling me it was your intention

4 at that point to order a head CT"? So, I

5 think this -- "Are you telling me it was your

6 intention at that point to order a head CT"?

7 "That's exactly right."

8 "What actually got done" is the

9 question.

10 "A skull film and an x-ray."

11 "Was the skull film just an x-ray of

12 the head"?

13 "Yeah." So it's -- a little

14 confusion as to -- a CT scan is not a skull

15 film.

16 "Why did you want a CT as opposed to

17 an x-ray of the head"?

18 "Because a patient with a fall,

19 witnessed or unwitnessed, if you had suspected

20 they hit their head even if you're not sure,

21 if they have a change in status, one of that

22 being a headache, then the next to thing to do

23 is a head CT to assess for any trauma,

24 including a bleed."

25 So, she's explaining why she wanted

0041

1 Starer

2 a CT scan at that time.

3 Then Page 50, this is a discussion

4 now, I guess of what the event -- this event

5 was. I'll read it as it's here.

6 "Reggie came to me and said the

7 patient now is confused, she's worsening. And

8 I said, 'well, we haven't heard from the head

9 CT. What did it say'? Because the way it

10 works is you send them down for the head CT.

11 If the radiologist sees anything, the onus is

12 on him or her to immediately call. You know

13 certainly later if I hadn't heard, I would

14 follow up. But I was assuming she had had the

15 head CT. It was either had not been read yet

16 or had been read and it was okay. They would

17 call with the results. I said 'what.'"

18 That's what it says here, "what."

19 "Has the head CT come back yesterday

20 yet or I think I said, 'oh, is she back from

21 having the CT.' Reggie said, 'What CT'? I

22 immediately realized that, you know, there was

23 a problem."

24 Page 51, "Why the exclamation

25 point"?

0042

1 Starer

2 Answer: "Because I was frustrated it
3 had not been done earlier." So, they were
4 still talking about the same thing, including
5 CT or something in the note.

6 And that's all I can see that I
7 marked. That's Lynn Thomas.

8 Q. You also took some notes based on
9 your review of the depositions and the medical
10 records?

11 A. Yes, I did.

12 Q. Do you have those notes with you
13 here?

14 A. Yes. This is blank.

15 MS. CAULEY: Off the record.

16 (Discussion held off the record.)

17 Q. Have you reviewed the outline of
18 your opinions that's contained in the
19 interrogatories in this case?

20 A. Not very recently. I don't know if
21 I even have it with me. I had looked at it,
22 yes. I reviewed them, but I don't have them
23 with me right now.

24 I have them now. I actually do have
25 a copy.

0043

1 Starer

2 Q. Following your review of the
3 depositions do you have any changes that you
4 wish to make in the opinions you intend to
5 express in this case?

6 A. Okay. Let me just review this.
7 That would be the section over here. This is
8 where I would make the following criticisms.
9 All right, so, based on what I've been
10 presented since this, you're asking me would I
11 make any changes?

12 Q. Yes, sir.

13 A. The answer is yes.

14 Q. My next question would be: What
15 changes would you make?

16 A. Until I saw the deposition, looking
17 at the records I had, it did not appear that
18 the physicians had examined the patient. I
19 think number two says neither treating
20 physician performed an in-person individual
21 exam of Ms. Lawson and chose not to perform a
22 CT scan.

23 So the deposition offers different
24 information. The physicians do say that they
25 examined the patient, although the

0044

1 Starer
2 documentation of that was not in the chart.
3 So, that throws into question whether they
4 examined them or whether they just did not
5 document it or do it properly. But I did not
6 see documentation, so I'm going to have to
7 question that a little bit.

8 They're claiming that they did
9 examine the patient. I just don't see -- I
10 didn't see the evidence of it in the chart.
11 The second part about choosing not to perform
12 a CT scan, I have to alter that a little bit.
13 It seems that Dr. Thomas did choose to perform
14 a CT scan at a certain point but did not get
15 it obtained in a timely manner.

16 Q. You said it throws into question
17 whether the exam was done by the two
18 physicians.

19 Do you have reason to believe they
20 are being untruthful in their depositions that
21 they performed the exam?

22 A. Oh, I'm sure they're telling the
23 truth. Let me see if I can find -- if you
24 could just bear with me for a moment. My
25 notes tell me exactly where the sections are.

1 Starer
2 I don't have the section in the deposition,
3 but I believe he's talking about -- how Dr.
4 Green and Dr. Thomas were both at the nursing
5 station and they took turns going in and
6 examining the patient. This is very, very
7 important as he indicates with his neurologic
8 checks. And then he's going to have the
9 nurses see the patient every two hours.

10 So I would be interested when I look
11 at the note at the time of the event, what did
12 the doctor find and -- because that has great
13 value. The doctor will be able to examine all
14 the things he spoke about, the eyes, the
15 movement, the reflexes, the muscle strength,
16 the mental status and then people can use that
17 as a baseline going forward.

18 The only note, and it's untimed,
19 from June 28th, 2002, from a physician --
20 unless Dr. Thomas is recording elsewhere, I'm
21 going to presume because of the B that this is
22 Dr. Benny Green, so the only physician's note
23 that I see in the chart somewhere around the
24 event starts off with the expression, "Barium
25 swallow okay. Got dizzy. She stood up and

0046

1 Starer

2 fell back and hit head. Check neuro.

3 Increase methadone to twice a day. Check

4 EKG."

5 And then there's no other

6 discussion. So, I'm not sure whether this

7 means -- this makes it questionable in my

8 mind. Does it mean he's already done the

9 neurologic check and it's all right at

10 whatever time this is or that he's going to go

11 forward and do the neurologic check. I'm not

12 saying he's being untruthful. I'm saying I

13 don't have the results of his neurologic exam,

14 nor does anyone else who's caring for the

15 patient at the time.

16 Q. Would you agree with me it appears

17 the neuro check was done by both Dr. Green and

18 Dr. Thomas?

19 A. Not from review of the chart, no.

20 Q. Based upon all the evidence you have

21 before you?

22 A. They state they checked them. I

23 just don't know at what point and what the

24 results were. Maybe it's in the part of the

25 deposition I didn't see, but it's not in the

0047

1 Starer

2 medical record.

3 Q. What is your recollection of the
4 testimony of these physicians about when they
5 performed the neuro checks?

6 A. I'm not recalling exactly a time
7 course. I just remember these statements
8 about they're were standing at the nursing
9 station and they knew there was some sort of
10 commotion and chose they would go in one after
11 the other. Something about, I have, they
12 don't want to crowd the patient.

13 My recollection would be they
14 examine the patient closer to the episode of
15 hitting the head as opposed to later on.
16 That's my --

17 Q. And the results of their exam was
18 that the patient exhibited no signs or
19 symptoms of any injury?

20 A. Well, once again, I don't know how
21 extensive the exam is. They did not leave a
22 record of it. They sort of say, it was okay.
23 She was talking and she was smiling. I don't
24 have my notes here now, but my sense was they
25 felt everything was okay.

0048

1 Starer

2 Q. Any other changes in your opinions
3 beyond what you've just expressed?

4 A. No. That was basically it. The
5 other thing about choosing or -- it was just
6 the timing of the CT scan. That may have to
7 be altered in this opinion.

8 Q. Can we agree that based upon the
9 testimony of the physicians that they did
10 examine the patient?

11 A. They are testifying that they
12 examined the patient.

13 Q. Do you have any reason to disagree
14 with them?

15 A. No. I'm disagreeing with -- I'm
16 saying they just didn't leave a record of it.
17 They didn't share that information.

18 Q. Your interrogatories also indicate
19 you have reviewed Office of Long Term Care
20 Regulations and certain portions of Code of
21 Federal Regulations.

22 Have you reviewed any of those
23 documents?

24 A. These were provided to me and I
25 looked at them. Yes.

1 Starer

2 Q. Did they have any relevance to your
3 opinions?

4 A. I don't always know what to make of
5 these things, but I'm not relying on them
6 extensively.

7 Q. Are you relying on them at all?

8 A. I can't recall any specific areas of
9 the regulations at this time.

10 Q. You reviewed Dr. Green's deposition
11 with regard to the status of his license?

12 A. That he has a license? I mean, I
13 just start reading, they usually ask those
14 questions about are you a medical doctor, is
15 your practice, professional address. So I
16 just don't remember seeing that he didn't --
17 he was not licensed. I assumed he was.

18 Q. He was in fact licensed.

19 Do you recall he was asked
20 concerning the conditions under which he
21 practices medicine about his license?

22 A. There was some stuff at the very end
23 of the deposition. I don't remember if it
24 pertained to the license exactly.

25 Q. Does the status of Dr. Green's

0050

1 Starer
2 license in your opinion contribute in any way
3 to the allegations in the plaintiffs'
4 complaint?

5 A. I would have to review that. I
6 don't actually remember if the license was
7 under jeopardy or some sort of special
8 conditions. I don't recall that. I would
9 have to know a little bit more. I went
10 through that quickly at the end.

11 Q. If you assume that Dr. Green's
12 license that he was serving under some kind of
13 probation where he was supervised and takes
14 periodic blood and alcohol tests regarding an
15 incident that occurred three years ago, would
16 that have any bearing on the opinions you
17 expressed in the care and treatment rendered
18 in this lawsuit?

19 A. I have to think about that. I
20 didn't know he was being monitored or
21 supervised. I guess I'd have to know the
22 conditions of which, the level of supervision,
23 if he's supposed to have all of his orders and
24 care, you know, supervised. Or he's just
25 supposed to -- see, I don't know what level of

0051

1 Starer

2 supervision that is.

3 It might impact if he's supposed to
4 have a very close supervision of delivery of
5 care. If it's a substance abuse problem and
6 he's clean, then he is, he's successful. But
7 I don't know the parameters.

8 Q. Assume for me it's a substance abuse
9 issue and he has been clean.

10 Would that have any relevance?

11 A. If the man's judgment is not
12 impaired at the time he's delivering care,
13 then it would not have -- if he's not impaired
14 by abuse of substance at the time that he's
15 making these decisions, then it has no impact,
16 as far as I'm concerned.

17 Q. Doctor, what is the distinction
18 between attending and consulting physician?

19 A. There are different people -- it
20 really has -- I guess the reason I'm sort of
21 fumbling for a moment is it's really what the
22 doctor's understanding is. The term attending
23 can be used very broadly. I would want to
24 more closely define it to those entities of
25 primary attending physician, the primary care

0052

1 Starer
2 deliverer, the patient's doctor who makes the
3 final decision along with the patient what to
4 do and the consulting physician, who the
5 attending physician will speak to for advice
6 and guidance, but the attending physician
7 would make the ultimate decisions.

8 Q. What is your understanding of the
9 distinction between the Southwest Hospital and
10 the unit called Traditions?

11 A. I had to have that explained to me.

12 Q. By whom?

13 A. I asked Mr. Buchanan. I was looking
14 through the depositions and the charts. It
15 made sense, but I just had that clarified for
16 me yesterday. My notes never came back. For
17 this, I don't need them. I don't want to mix
18 up the timing. It seemed that this is one
19 physical entity with different divisions
20 within it. And you have the acute care
21 medical component, I guess that's Southwest
22 Regional and then you have Traditions which
23 appears to be an geriopsychiatric unit and
24 they're both operating I guess under the same
25 roof, but I guess it's different sections.

0053

1 Starer

2 Q. And how would Traditions compare
3 with the acute care geriatric unit that you
4 serve as manager of? Do you see similarities
5 or are they two distinct creatures?

6 A. I don't know. There's probably some
7 overlap. They're calling it geriopsychiatry.
8 We don't call ourselves that. We're more of
9 elderly patients in an acute care setting, but
10 we're not segregating based on psychiatric or
11 nonpsychiatric need. It's slightly different.

12 The common thing is they are old
13 people in a hospital. Maybe there are certain
14 shared needs between our two units. But
15 theirs seems to be more focused on the
16 behavioral problems or emotional problems,
17 from my understanding.

18 Q. I'm going to ask you about your
19 review of medical records and I assume you do
20 want your notes for these questions. Your
21 notes contain some observations that you made
22 regarding your review of the medical records
23 of Ms. Lawson; is that correct?

24 A. That is correct, yes.

25 Q. You recorded in your notes the

0054

1 Starer

2 various physical conditions that she had on
3 admission as part of her medical history. If
4 you would just read for me what you've written
5 down?

6 A. You're talking about at the top, the
7 right upper corner.

8 Q. Beginning with "Stage III vaginal
9 cancer."

10 A. I wrote, "Stage III vaginal cancer
11 for which Ms. Lawson received chemotherapy
12 from January 2002 to May 2002 and radiation
13 therapy June 2001." I also have written down,
14 Hypertension. Myocardial infarction which
15 occurred in May of 2002. Orthostatic
16 hypotension, depression. A hysterectomy which
17 was done for endometriosis in 1975. And then
18 hydronephrosis with a nephrectomy, which was
19 treated with a nephrectomy tube and it was
20 removed on June 5th, 2002.

21 Q. Was it your understanding that her
22 cancer had reappeared at the time of her
23 admission to Southwest Hospital?

24 A. My understanding was that she had
25 the cancer. I don't know -- it wasn't my

0055

1 Starer

2 understanding it had gone into remission and

3 recurred. I thought it was just ongoing.

4 Q. You used the term mild myocardial

5 infarction?

6 A. I must have stammered. I meant

7 myocardial infarction.

8 Q. Do you know why the nephrectomy tube

9 was installed?

10 A. Hydronephrosis. I would have to

11 presume whether it was obstruction from the

12 cancer or unrelated. I just had written down

13 from hydronephrosis which is a backing up of

14 the fluid. It would have to be drained with a

15 tube.

16 Q. You understood that they installed

17 stents to replace those tubes?

18 A. Right. So there's a blockage.

19 There was some mechanical problem.

20 Q. What is your understanding of the

21 status of her cancer?

22 A. Well, it -- my understanding was

23 that at the time where she's entering

24 Southwest, which was in June of 2002, that

25 the -- I guess the decision had been made that

0056

1 Starer
2 this was no longer curable and that it would
3 be more of a comfort care approach. I think
4 they were starting to discuss, explore,
5 hospice for her.

6 Q. Have you ever followed a patient
7 with end stage vaginal cancer?

8 A. I don't recall being involved with
9 someone at that stage of -- no. Not vaginal
10 cancer at this stage.

11 Q. What is Stage III vaginal cancer?

12 A. I actually am not familiar with the
13 staging system exactly for vaginal cancer.
14 But it is more advanced than a Stage I or II.
15 I can't tell you -- my presumption is it's not
16 metastatic throughout the entire body but it
17 has gone from the reproductive tract to
18 involve other areas. I think Stage IV would
19 be the most severe level.

20 Q. You mentioned supportive care and a
21 hospice having been mentioned.

22 Do you know what supportive care
23 would be for a Stage III vaginal cancer for a
24 patient?

25 A. I just want to go back to the

0057

1 Starer

2 oncologist's notes.

3 Q. Doctor, are you referring to the

4 last report?

5 A. Yes. I didn't want to rely solely

6 on my memory.

7 Q. Is that the document you're looking

8 for?

9 A. Yes. Now I'm frustrated I can't

10 find it. Okay. Yes, that's the one. We're

11 thinking of the same thing. Let me just

12 review this thing. This is the one, thank

13 you.

14 They feel at this point they were

15 not going to try other curative treatments and

16 that the oncologist is advising the family the

17 best thing to do would just be to treat it

18 conservatively/supportively with pain

19 management and not try therapeutic measures at

20 this point. Considering her well condition,

21 the prognosis is poor. And then they're

22 talking about the possibility of hospice.

23 Supportive treatment is the last phrase.

24 Thank you for refreshing my memory.

25 Q. Certainly. And we're referring to a

0058

1 Starer

2 clinic note from Dr. Juan Roman dated June
3 7th, 2002?

4 A. Yes. That's the one I was looking
5 for.

6 Q. Do you know what supportive
7 treatment would be?

8 A. I'm not sure what they had decided
9 on, but usually what people are looking for is
10 something which will preserve comfort and
11 dignity, pain relief. And then, as we're all
12 too aware of, decisions are made about what's
13 going to happen in the future as far as
14 feedings and ventilators and things like that.

15 I don't recall actually seeing an
16 itemization of advanced directives, but the
17 theme is to keep the person comfortable, to
18 allow them to optimize their function and to
19 take advantage of what time they have left.

20 Q. Is cancer in its end stages a
21 painful condition?

22 A. It can be. It depends.

23 Q. You read earlier from some of the
24 deposition testimony of Dr. Thomas which noted
25 that Ms. Lawson scored 29 out of 30 on a mini

0059

1 Starer

2 mental exam?

3 A. That's right.

4 Q. Did you consider Ms. Lawson to be
5 mentally competent in reaching your opinions?

6 A. Well, competency, I probably would
7 have to have that better defined. What do you
8 mean by that?

9 Q. Do you consider her in need of a
10 guardian? Is she mentally competent?

11 A. Let me see if I am answering it.
12 Because, you know, sometimes you'll be
13 competent to do certain things but not be
14 competent to do other things. I think you
15 know this as well as I do. Obviously she's
16 not going to be competent to start putting up
17 wallpaper if she's not done that before.

18 I think you're asking what does the
19 mental status exam test. That's going to be
20 alertness, memory, things like that. The
21 problem in this particular instance is,
22 although the mental status exam has a very
23 good score it obviously occurs at one period
24 of time. And they are noting in addition to
25 depression there is also a delirium which

0060

1 Starer
2 occurs in her at certain times. And also that
3 she is -- and it's their expression not
4 mine -- not in touch with her present
5 limitations.

6 So, if she does have moments of
7 cloudiness and confusion and is not able to be
8 aware of her limitations, then I can't give
9 her a blanket competency label. Clearly, we
10 have to go over this bit by bit. I think Dr.
11 Thomas actually agrees with that. Saying
12 everybody's an individual. I don't want to
13 say she's mentally competent and turn her
14 loose to do everything. We probably would
15 have to explore that a little bit more.

16 Q. In reaching your opinions in this
17 case, have you formed an opinion as to her
18 mental competence?

19 A. Well, I think they're saying that
20 she does well on the standardized exam but she
21 also is troubled with episodes of delirium and
22 has some judgment problems.

23 Q. And do you have any opinions about
24 how her judgment is affected?

25 A. She -- my opinion is based upon what

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1 Starer

2 I saw in the chart. So, yes, I do have an
3 opinion.

4 Q. What would that be?

5 A. That she does not know what her
6 boundaries should be in her activities.

7 Q. What boundaries in her activities
8 are important to you?

9 A. Well, to attempt certain tasks
10 without assistance.

11 Q. What are those tasks?

12 A. Well, here the one which kept
13 getting tested is toileting.

14 Q. If I understand your testimony, you
15 don't believe she understands the boundaries
16 affecting her with regards to the toileting
17 function?

18 A. She attempts to toilet herself
19 without assistance, yes. So, she doesn't
20 understand it's not the best thing for her.

21 Q. During the course of Ms. Lawson's
22 admission to Southwest Hospital, did her
23 physical condition continue to improve?

24 A. She was there for a short period.
25 You're talking about the medical side. She

1 Starer

2 was there for four days. These were short
3 stays. So, I'm not -- are we talking about
4 the whole stretch, medical --

5 Q. From Southwest Hospital, the medical
6 unit.

7 Did you find from your review of the
8 records that from the time of her admission
9 until the time of her discharge and transfer
10 to Traditions that her physical and condition
11 improved?

12 A. Well, there's different parameters.
13 She came in and was treated for urinary tract
14 infection. That improved. On the other hand,
15 she did slip and bump her head. That was a
16 bit of a setback. I'm not sure which way the
17 balance would go. I'm not sure what you're
18 saying by physical condition, eradication of
19 infection or ability to ambulate
20 independently.

21 Q. Did her ability to conduct her life
22 improve as a result of that five-day admission
23 at Southwest?

24 A. As a result of it, I don't think
25 that was the result of it. Apparently not,

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1 Starer

2 because she then went -- I'm synthesizing all

3 this. She was then transferred to the

4 Traditions side as opposed to being

5 transferred home. She did not attain that

6 ability to live independently.

7 Q. At the time she was admitted to

8 Southwest Hospital she came in with a urinary

9 tract infection?

10 A. Correct.

11 Q. She had some delirium on admission?

12 A. She came in and she was screaming,

13 yes.

14 Q. She had fever?

15 A. I believe that's why she was brought

16 over. I can't remember exactly what the

17 temperature was, but it was an infectious

18 problem.

19 Q. And the infectious problem was

20 largely resolved during the time of her

21 admission to Southwest Hospital?

22 A. It appears to be.

23 Q. When she came into Southwest

24 Hospital, was she largely confined to bed?

25 A. When she came in, the activity

1 Starer

2 levels, this is being ambulating

3 independently, that's the report that they

4 have there on June 21st, 2002. Was she

5 confined to bed, are you asking what was her

6 status prior or --

7 Q. At the time of her admission.

8 A. At the time of admission, they have

9 it listed as ambulating independently.

10 Q. Does that accord with the other

11 observations in the medical record?

12 A. Well, before her time there was done

13 she was actually restrained, so that's not

14 ambulating independently any more. That does

15 change on the 23rd where they put a restraint

16 on.

17 Q. Other than her restraint, did her

18 physical ailment cause her to largely be

19 confined to bed?

20 A. That's hard to say. Now she's tied

21 up in a bed, so I don't know -- you're

22 saying -- I'm not understanding the question.

23 Q. Was her urinary tract infection

24 disabling to her in some measure?

25 A. Well, it was. I mean, it was

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1 Starer

2 causing her nausea and vomiting and I guess

3 the fever. So, it is disabling.

4 Q. And the urinary tract infection was

5 largely cured during the time of her admission

6 at Southwest and removed that disabling factor

7 from her?

8 A. The nausea and vomiting seemed to

9 have resolved, yes.

10 Q. And the fever as well?

11 A. Yes. My recollection. I can't tell

12 you exact temperatures.

13 Q. Do you believe the delirium was also

14 reduced?

15 A. Well, being that it was not -- you

16 know, it's -- I can't say that with certainty

17 because when she moves over to the other side,

18 they're still listing her as being delirious.

19 They're saying due to multiple medical issues

20 is what they said. Maybe the urinary tract

21 infection was removed from that group of

22 multiple medical issues but they still feel

23 there's other components, and that's their

24 assessment.

25 Q. Do you feel her delirium was reduced

1 Starer

2 by curing the urinary tract infection?

3 A. Based on my review of the records, I
4 don't know. It might have been replaced by
5 something else.

6 Q. Do you know what it was replaced by
7 or just speculation?

8 A. My speculation is not that she is
9 still delirious, because they are actually
10 recording that. But if asked why do I think
11 she would still be delirious after curing the
12 urinary tract infection, then I could begin to
13 throw out some possibilities.

14 Q. Do you have any basis for any of
15 those possibilities?

16 A. Well, the quickest one I could come
17 up with, when you tie somebody down who
18 doesn't want to be tied down, they might
19 increase their level of agitation leading to
20 delirium, confusion.

21 Q. Any other possibilities?

22 A. Medications, perhaps. I think they
23 were also looking at that as well.

24 Q. Anything else?

25 A. Well, then we'd have to take a look

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1 Starer

2 at all the other variables, which I don't have
3 here now, but there is this entity of, you
4 know, there was some anemia and some
5 electrolyte imbalances. Those would be areas
6 to investigate. If you wanted an answer, I
7 could take a look at that.

8 Also, the ongoing depression is a
9 possible, you know, affecting her mind. I'm
10 not sure. They may not have done such a
11 detailed assessment as far as mood. It's
12 still something I would want to explore if I
13 was asked to evaluate.

14 Q. Doctor, have you come here prepared
15 to give us your final opinions in this case?

16 A. I give you my opinions based on what
17 I reviewed to date, yes.

18 Q. Do you consider them to be your
19 final opinions?

20 A. Unless some additional information
21 is presented to me, this would be it.

22 Q. Do you anticipate that additional
23 information will be presented to you?

24 A. I don't know. I didn't expect that
25 this was going to come. I don't know if

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1 Starer

2 there's anything else out there.

3 Q. Is it your understanding that there
4 are some additional depositions taken that you
5 have not reviewed yet?

6 A. I don't know. I don't know what
7 else there is.

8 Q. Is it your understanding that there
9 have been some additional depositions taken
10 that you have not reviewed yet?

11 A. I would have to say yes, because I
12 don't know that they're there, then I haven't
13 reviewed them.

14 Q. Do you have any criticisms of Dr.
15 Green's care of Ms. Lawson while she was a
16 patient at Southwest Hospital?

17 A. You're talking -- and this is
18 medical or Traditions or both?

19 Q. Southwest Hospital.

20 A. Okay. Southwest is what we're going
21 to call the medical side. Well, I guess I
22 would have some criticisms, yes.

23 Q. What would those criticisms be?

24 A. It's all in the area of the falling.
25 I don't think that the response was as

0069

1 Starer

2 comprehensive as one would like.

3 Q. That's a fairly general statement.

4 A. Sorry.

5 Q. How --

6 MR. BUCHANAN: Object to the form.

7 A. Sorry. We do have an accident
8 there. We know that. She slips and bumps her
9 head. And he does respond, you know, with a
10 CT scan at that time. He discusses an
11 evaluation and that is appropriate. But I
12 don't think I find evidence that he really
13 develops a plan for going forward to prevent
14 future falls. I do know in two days she moves
15 over to the other side. Even for the couple
16 of days she's there at the Southwest Hospital
17 side, I don't see where he's really
18 implementing a care plan or supervising a care
19 plan or even reassessing a care plan to
20 prevent future falls.

21 Q. Is your criticism of Dr. Green's
22 care at Southwest then confined to his
23 failure, in your opinion, to implement an
24 appropriate care plan for falls after the fall
25 incident on the 24th of June?

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1 Starer

2 A. You used the word confined?

3 Q. Yes, I did.

4 A. I just want to refresh my memory on

5 that. I think I'm going to agree. I just

6 want to take a look. I just want to be as

7 accurate as possible. I'm looking at the

8 doctors' order sheet. What I'm looking at are

9 the orders, how he makes his plans known to

10 the rest of the staff. To answer your

11 question, I might have to extend my criticism

12 just a little bit further.

13 The criticism that I had made was

14 that he does not respond to altering a care

15 plan or putting one in place after the

16 slipping. But as I look at my notes, I

17 realize he may not have implemented a care

18 plan on admission either. I don't see it in

19 his admission orders that he puts into effect

20 any sort of fall precautions.

21 Q. Have we covered your criticisms of

22 Dr. Green's care at Southwest Hospital?

23 A. As best I can recall, yes.

24 Q. You understand that's why I'm here,

25 in part?

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1 Starer

2 A. Oh, absolutely, absolutely.

3 Q. So, to capsulize, your criticisms of
4 Dr. Green's care at Southwest would be not
5 implementing a care plan or revising a care
6 plan after the fall and not implementing a
7 care plan on admission?

8 A. That is correct.

9 Q. And no others?

10 A. Not that I can think of now.

11 Q. And if you think of any others,
12 you'll let Mr. Buchanan know?

13 A. Oh, absolutely.

14 Q. I take it you then have no
15 criticisms of any medications administered to
16 Ms. Lawson while at Southwest Hospital?

17 A. So, let me explain. I understand
18 that there are medicines being used for pain,
19 for sleep and this might impact upon the
20 patient's fall risk. I do not at this time
21 have any criticisms of his choice of
22 medications. My criticism would go back into
23 the fall risk care plan as far as assessing
24 medications as possibly a contributing factor.
25 But I'm not specifically criticizing his

1 Starer

2 choice of medications.

3 Q. That would include the use of blood

4 thinners?

5 A. He has chosen to use Lovenox based

6 upon his suspicion of pulmonary embolism or

7 blood clots and I'm not going to criticize his

8 decision to use them. That's not -- not what

9 I feel at this time, no.

10 Q. Were you aware there was a care plan

11 in place at Southwest Hospital?

12 A. Maybe, if you could show it to me,

13 maybe I don't understand -- we may be using

14 different terminology. I was looking at the

15 order sheet and what he is directing the staff

16 to do. If there's something you'd like me to

17 look at.

18 Q. Do you know if the hospital had a

19 care plan in place?

20 A. You're talking about something

21 outside of the medical record?

22 Q. The nurses.

23 A. I looked through this. This is not

24 a care plan, so I'm going to have to say right

25 now I'm not recalling a separate care plan for

0073

1 Starer

2 falls.

3 Q. Doctor, who prepares a care plan on
4 admission to the hospital?

5 A. If we're talking about a care plan,
6 once again, it may be a general thing. If
7 we're talking about specifics about toileting
8 and feeding and things like that, I believe
9 that there is input from both nursing and the
10 physician staff and then any other individuals
11 who may have some other input. The dietary
12 care plan would have some input from the
13 nutritionist. The pharmacist may have some
14 input as to medication interaction.

15 So, you have a multiple disciplinary
16 approach. I don't recall seeing a sheet that
17 was specifically marked care plan.

18 Q. I guess I'll start with the
19 fundamentals.

20 What is a care plan?

21 A. A care plan is going to be an
22 approach to the basics of what the patient
23 needs. And then we go on from there, if
24 they're considered to be at risk for certain
25 entities. Start with food, picking a diet,

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1 Starer
2 making sure the food is taken, monitoring for
3 certain things. If there's going to be vital
4 signs need to be checked in a certain way,
5 that would be done. Toileting, check for
6 incontinence. You have an approach and then
7 you go from there. For pressure ulcer
8 prevention, you may have turning and
9 repositioning.

10 Go forward from that if the patient
11 is not doing well. The area for fall risks,
12 assess for that. And also orientation, make
13 sure the patient doesn't become confused by
14 their settings. Reinforcing uses of the call
15 bells. I see there might be little pieces of
16 it here and there, but I didn't actually see a
17 form that would suggest --

18 Q. Did you see these issues you just
19 went over, diet, medication, vital signs,
20 toileting, pressure ulcers, orientation, were
21 dealt with in the chart?

22 A. Well, I'm not recalling seeing it on
23 one sheet. I know there's a section on Is and
24 Os. I mean there's a section here, it says
25 food intake, 15 percent, 90 percent. But I

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1 Starer

2 don't -- I guess what I'm saying is, you have
3 this where it says food intake. I want to
4 make sure I'm in the right section. We're
5 talking medical. And the patient has only 15
6 percent, which is what she had.

7 The care plan would be, if it drops
8 below 50 percent, reevaluate for -- that part
9 I didn't see. I see a recording of values. I
10 didn't see a comprehensive approach of what
11 happens if the patient begins to deviate from
12 the norm. I don't see a central part where
13 one is monitoring and then reacting to some of
14 these variables.

15 Q. How often should a care plan be
16 revised in a hospital?

17 A. Well, you put one into place and
18 then as needed. So if somebody stops eating
19 food, then you revise it. If somebody falls
20 down, then you would revise it.

21 Q. Who would revise it?

22 A. Well, it depends on what the entity
23 is. See, I don't think this counts as a care
24 plan. You'd have to choose the entity.

25 Q. In the dietary example you gave me,

1 Starer

2 who would make the revision?

3 A. Good example. If a patient stops
4 eating, the nurse notifies the doctor. The
5 doctor says to the nurse, they've stopped
6 eating. From there you do an evaluation, is
7 the patient not eating because it's the wrong
8 food or they're oversedated and can't eat or
9 the mouth is so dry or an obstruction
10 swallowing. Something like that, they can't
11 sit up to eat and they're choking on it.

12 And based on that, the physician can
13 obtain a consultation from the dietician, can
14 we change the diet or call a
15 gastroenterologist because of swelling. You
16 take that approach first if there's a problem
17 and activate the team.

18 Q. In the example you just give me of a
19 nurse talking about an eating problem and the
20 doctor orders a consult, all that takes place
21 without a revision to the care plan?

22 A. No, not necessarily. I mean, part
23 of the care plan is if there's a change in the
24 patient's condition, evaluate. And then if
25 they decide nothing needs to be done, then

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1 Starer

2 there's no change. They might decide this
3 patient needs soft foods. That's a change.
4 This patient should only eat while sitting up.
5 Should not eat while lying in bed. Medication
6 might be drying out the mouth, so change the
7 liquids.

8 Q. The consult and trying to identify
9 the problem would all take place without a
10 revision to the care plan?

11 A. Well, identifying -- it's while
12 you're trying to identify which way to go
13 next, there's no change in the care plan.

14 Q. Who would make that change?

15 A. Well, the team, the doctor and the
16 nurse. The doctor could write an order and
17 then the nurse would implement it and make
18 suggestions.

19 Q. Who actually writes up the care plan
20 based on your experience?

21 A. I haven't seen the care plan.

22 Q. At your geriatric unit?

23 A. We all sign it. So, you have --
24 it's a team effort. There's little boxes.

25 The physician, nurse, we do include the social

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1 Starer
2 worker for the sort of spiritual social
3 approach and we then, depending who else --
4 very often the physical therapist is involved
5 because of, you know, the special needs of the
6 elderly activity. And then we can always --
7 additional consultants can be invited in on an
8 as need basis. The core of the team is
9 physician, doctor, social worker, physical
10 therapist and dietician.

11 Q. I understand you may all sign off on
12 it, but who actually prepares the care plan?

13 A. We all sign off on it. It's -- we
14 all talk about it. If you're talking about
15 who fills out the boxes, sometimes that falls
16 to the nurse, but we're all participating.

17 Q. You say sometimes the nurse is the
18 one filling out the boxes.

19 Is that generally the case at that
20 your hospital?

21 A. Yes. Sometimes they say you do it
22 and I'm the one writing -- it's a matter of
23 who's sitting there with the form and the pen.
24 But the nurses do it more often than not.

25 Q. When Ms. Lawson fell on the 24th of

1 Starer

2 June at Southwest, did you note any
3 consequences in the fall, from the fall?

4 A. Well, the consequences of the fall,
5 I think he was actually saying there was a
6 bump on the head, called a knot. There was a
7 hematoma.

8 Q. Beyond the knot on the head, were
9 there any other consequences?

10 A. The consequence is she then ended up
11 getting tied into bed. I'm sure she would
12 have considered that to be a consequence. I
13 would as well.

14 Q. Any other direct consequences from
15 the fall other than the knot in the head?

16 A. None that were evident in the
17 records. The knot in the head and the
18 restraining. Don't leave that out.

19 Q. If I use the term direct physical
20 consequence, I'm talking about an actual
21 physical injury caused directly by the fall.

22 With that definition, did you find
23 that she had any consequences from the fall
24 other than the knot on her head?

25 A. Okay. That leaves out the

1 Starer

2 restraints, that sense of being tied down.

3 There's no evidence on review of the chart

4 that she had any broken bones. And the CT

5 scan did not show any bleeding at the time.

6 So there was a bump on the head and that's all

7 the physical evidence.

8 Q. At the time of the fall on the 24th

9 do you know how long Ms. Lawson had been on

10 blood thinners?

11 A. The Lovenox, I think, had just

12 started. She fell early morning the 24th.

13 I'm not sure. I think the doses might have

14 just started the night before.

15 Q. Do you know if they had reached

16 therapeutic levels?

17 A. I did not see a partial

18 thromboplastin time listed in there, so I

19 don't know if it had or not. I'm not sure

20 exactly when she got the first dose. But I

21 think you get a quick onset with this

22 medication.

23 Q. Do you have an opinion if she had

24 reached a therapeutic level of Lovenox by the

25 time of the fall on the 24th or you just don't

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1 Starer

2 have an opinion?

3 A. If I could have a chance to look
4 through this, I might have an answer for you.
5 It would just take a moment or so. I might
6 look at the medication records again. I'm
7 just having trouble finding where it was
8 actually first administered. If it's
9 important, I will look for it a little bit
10 longer. I see where she got it on the 24th,
11 but I can't find -- it looks like it's
12 actually 9:00 a.m. which would be after the
13 event.

14 I'm having difficulty finding
15 evidence that she had actually received the
16 medicine prior to the fall based on the
17 medicine administration records. It might
18 have been given at -- she might have gotten
19 her first dose at -- I wonder if that's 12:00
20 noon. It's possible. I'm going to say I'm
21 not certain.

22 Q. Do you have an opinion that Ms.
23 Lawson sustained any injuries from the
24 restraint?

25 A. Physical injuries, no. I have no

1 Starer

2 evidence that she sustained any physical
3 injuries.

4 Q. Do you know why the restraint was
5 placed?

6 A. I believe that based on what I saw
7 in the records she was placed on restraints
8 due to a risk of falling and this was used for
9 fall prevention.

10 Q. Did you also note that she was
11 pulling at her IVs and catheter?

12 A. That I saw in the restraint -- the
13 physical restraint form that Dr. Green had
14 filled out, that he had checked that off also.
15 So, there was some interfering with the
16 appliances in addition to the fall prevention.

17 Q. And did Ms. Lawson need the catheter
18 and IV lines?

19 A. Well, these were being utilized to
20 maintain her, so I would imagine based on what
21 I saw that the doctor felt this was needed, so
22 he was protecting them.

23 Q. Is a restraint an appropriate way to
24 maintain the integrity of the IV and catheter?

25 A. There probably are other ways to do

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1 Starer

2 it. This is what was chosen. I don't know.

3 It is a way.

4 Q. Is it a medically accepted way to
5 maintain the IV and catheter?

6 A. It -- see, I don't -- I prefer not
7 to. If one has to, if one has exhausted other
8 alternatives, then it has been an accepted
9 use. But it has to be revisited. The vest --
10 here they used the vest. It has to be
11 released periodically and you have to
12 reevaluate for the continued use of it, which
13 they did. I mean, they did not continue
14 restraining her indefinitely.

15 Q. Have you ever used a restraint with
16 a patient who pulls at her IV and catheter?

17 A. Really, if I've done it, it was in
18 the past. Now I try other methods before I
19 use something as confining as the vest
20 restraint. Because I find it can cause more
21 problems than you solve, so I try not to. I
22 have.

23 Q. Is there a developing trend in the
24 medical literature that urges physicians to
25 not use restraints?

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1 Starer

2 A. There has certainly been
3 publications trying to move the community away
4 from the use of restraints, yes.

5 Q. Is that something you're in favor
6 of?

7 A. I do endorse that, yes.

8 Q. Have you had falls at your geriatric
9 clinic?

10 A. Unit.

11 Q. Unit, thank you.

12 A. Falls do occur.

13 Q. Have you had falls at the geriatric
14 unit involving toileting by various patients?

15 A. There have been episodes in the unit
16 where people have fallen in proximity to the
17 toilet, yes.

18 Q. If you were going to prepare a care
19 plan on a patient like Ms. Lawson, what would
20 you include?

21 A. At which point? There's two
22 components here.

23 Q. How about on her admission to
24 Traditions?

25 A. Okay, good. That's a good question.

1 Starer

2 So, we would -- I have to say we, because I
3 would have the team. That would be part of
4 it. Everybody comes. We must discuss this.
5 And the plan would consist of determining
6 first is she at risk. And the answer is going
7 to be yes, we have somebody at risk. No
8 argument here. We have somebody at risk.

9 And I would ask the team members --
10 it's interactive but I guess you just have me
11 here now. I would say why is she at risk and
12 what can we do to reduce these factors, get it
13 down to zero, if we can. People start chiming
14 in, what were the circumstances of the
15 previous fall. She's at risk because she's
16 done it before. The Lovenox thing is there.
17 We know it may not contribute to her risk of
18 falling, but it may contribute to her
19 injuries. Now we're careful, we don't want
20 her to fall. Everybody agrees she's at risk.

21 Well, what were the risks of the
22 previous fall. She's getting up in the middle
23 of the night and on her way, whatever,
24 changing position, toileting herself, moving
25 around in the dark, she slips. Focus.

1 Starer
2 Footwear. You know -- and I tell you, it
3 would be that. We're not going to know for
4 sure exactly what happened the first time.
5 Sort of discovered was the witness. But we
6 put as much into place as we can to prevent
7 the fall. If we're hearing she slipped, I
8 want to know why she slipped.

9 Physical therapist, get me a balance
10 assessment. Nursing, take a look at the
11 shoes. Is she walking around in bare feet or
12 wearing slippers. Turned around to the person
13 who cleans the floor in that room, are we
14 waxing it too much, is it too dark. We do a
15 quick walk in and do the environment. The
16 care plan then would be to eliminate obstacles
17 externally. No obstacles in the room. To
18 optimize the patient would be balance, you
19 know, whether it's the medication or telling
20 her to get up slowly. It would be
21 anticipating her needs.

22 And here, if we're hearing that this
23 woman is going to be going to the toilet and
24 not calling us, we have certain options. One
25 is tie her down and then she never goes to the

0087

1 Starer

2 toilet. But short of that, we would make sure
3 she doesn't go to the toilet when we're not
4 expecting it, which would mean keeping a
5 record of her toileting activity. If we can
6 track that, knowing she's going to go after
7 meals or in the middle of the night or toilet
8 her preemptively so she doesn't have the
9 sensation. Or going in before bedtime and she
10 won't get up or meal related. Tracking the
11 activity and working around it.

12 If we do find -- if we had the
13 information that they had, this is a woman
14 that has episodes of delirium and doesn't know
15 her limits, then just saying to her call us
16 when you need us may not be enough and we'd
17 have to be a little more proactive. Either
18 moving her somewhere where we can watch her or
19 anticipating her needs, as I suggested, or
20 having somebody just with her to make sure she
21 doesn't make a move.

22 But we would examine closely why
23 does this woman suddenly feel she can do it on
24 her own. Why does she not know her
25 limitations. That would be part of the care

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1 Starer

2 plan.

3 Q. That deals with falls?

4 A. Yes, addressing falls.

5 Q. You're aware of the facts

6 surrounding Ms. Lawson's fall in this case

7 from your review of the depositions and the

8 medical record?

9 A. Well, the facts that I saw -- I only

10 know the information that they extracted and

11 then reported and we all know that certain

12 things don't make it into the chart. Based on

13 what was shared with me, I know those facts.

14 Q. How would your care plan have

15 prevented Ms. Lawson's fall?

16 A. If we're talking about the fall on

17 the 28th, if I knew nothing -- obviously

18 certain facts can only be generated if I'm

19 there to ask for those facts to be generated.

20 If I don't have the toileting record -- let's

21 say I go in and don't have the information on

22 toileting, I don't have a discussion on

23 delirium and medications. I see this is

24 somebody that's going to get up, I would put

25 somebody in the room with her until we can

1 Starer

2 settle this. Or put an alarm and have
3 somebody come. If suddenly she starts getting
4 up when she's not supervised and this thing on
5 the bed rings or the chair rings, without
6 restraining her, and have someone come in and
7 ask can I assist you, Ms. Lawson, do you need
8 to go to the toilet, is there something I can
9 get for you. And then we can prevent a fall.

10 Q. You understand that there was
11 somebody with her?

12 A. Yes, I do understand that.

13 Q. So, that would be in compliance with
14 your care plan?

15 A. No, that would not be --

16 Q. How so?

17 A. Because the individual was not
18 responding properly. He was observing her and
19 reporting the fall afterwards. He did not
20 assist her.

21 Q. He offered to assist her?

22 A. That's not a question.

23 Q. Didn't he?

24 A. Yes.

25 Q. Was Ms. Lawson within her rights as

1 Starer

2 a patient to refuse that offer of assistance?

3 A. So, if this is a discussion of
4 autonomy, she's within her rights if she has
5 the state of mind to refuse assistance which I
6 think has already been determined by the care
7 team here that she did not. They actually say
8 she does not know her present limitations.
9 Although you might say she's within her rights
10 if she's in a protective setting and can
11 possibly endanger herself, it really is within
12 her right to be kept safe.

13 So I would say she's not within her
14 rights to refuse assistance to doing something
15 which has already been determined to be
16 dangerous for her.

17 Q. Did you find that Ms. Lawson's
18 condition was improving during the time that
19 she was a resident at Traditions?

20 A. The condition did not appear to
21 be -- I mean, she's coming in in a state of
22 depression and delirium and I don't see any
23 evidence that that improved in the few days
24 she was there, three days.

25 Q. Did you find that she became more

0091

1 Starer

2 socially active?

3 A. I know that there was a -- going to
4 the dining room and things like that. I mean,
5 I don't know how to measure that. If we're
6 going to go back to when she was vomiting,
7 that is an improvement. I'll say she's
8 socially active. I don't have any
9 standardization of how much more social she
10 was. I can't say yes or no. I'm going to say
11 I don't know. She's socially active. I don't
12 know how it is on the scale, up or down.

13 Q. When you say she has episodes of
14 delirium where she doesn't know her
15 limitations, is it your opinion that those
16 episodes are constant or intermittent?

17 A. I'm relying on the records and
18 according to the records they describe
19 delirium. They don't say whether it is
20 constant or intermittent and delirium is
21 something which sort of has a temporary
22 component to it. So, I'm speculating that may
23 be what they meant. But she might have been
24 delirious throughout. So I'm going to have to
25 say I don't know if it was constant. I know

0092

1 Starer

2 it was there.

3 Q. Do you know if Ms. Lawson had
4 successful toileting episodes?

5 A. I'm going to say maybe. I have to
6 take a look at the record to see a
7 documentation of a successful toileting
8 episode.

9 Q. At the time following the 28th the
10 testimony of Mr. Kerr is that he walked in and
11 she had gotten up, dressed herself, was
12 standing in front of the mirror, brushing her
13 hair.

14 Are those all signs of independent
15 functioning?

16 A. Let me just take a look at the
17 deposition. I may not be able to find it.
18 But you're saying -- okay, rather than taking
19 up time looking or for it, she stands up, she
20 goes to the mirror, she combs her hair and
21 dresses herself, then she is able to carry out
22 those activities at that time, with him
23 watching her.

24 Q. She carried those out before he got
25 there, he walked in and she was brushing her

0093

1 Starer

2 hair.

3 A. I don't know. What is brushing hair
4 testing? It's the ability to move the arm
5 above the head. I didn't actually watch what
6 she was doing. I'm assuming she was doing it
7 the right way and not doing it for three
8 hours. It's a sign of manual dexterity. If
9 she's using a mirror as opposed to not using a
10 mirror.

11 Q. It's also a sign that somebody cares
12 for their appearance, improved mental outlook?

13 A. I'm hoping so. I don't know. I've
14 seen people brush their hair and they're not
15 doing such a good job. I'm assuming she's
16 brushing it the right way and not doing
17 something which might be less productive,
18 ripping the hair out or something. What
19 you're telling me, he saw efficient hair
20 brushing.

21 Q. He sees a woman operating in a
22 normal fashion?

23 A. Sounds good, yes.

24 Q. Is it your testimony that Mr. Kerr
25 failed to exercise good judgment under those

0094

1 Starer

2 circumstances?

3 A. You're talking about the hair

4 brushing incident?

5 Q. In allowing her to go to the rest

6 room unaccompanied.

7 A. I think he did not have --

8 probably -- because he -- the thing is, he

9 says he did what he thought he was supposed to

10 do based on the information he had. I don't

11 know if I want to use the word judgment. I'm

12 going to say he was uninformed what he was to

13 do.

14 Q. You saw the physical therapist had

15 assessed her?

16 A. Correct.

17 Q. He was relying on the physical

18 therapy assessment that had been done on Ms.

19 Lawson?

20 A. Correct.

21 Q. In your clinic you use physical

22 therapy assessments?

23 A. In our unit, we do.

24 Q. And do your therapists rely upon

25 those assessments?

1 Starer

2 A. Oh, yes.

3 Q. And do you rely upon the assessments
4 of your physical therapists?

5 A. As one component, yes, absolutely.

6 Q. Was he justified in relying on the
7 assessment of the physical therapist at the
8 hospital?

9 A. As one component, yes, yes.

10 Q. Is there something else he should
11 have done?

12 A. Yes.

13 Q. What?

14 A. I want to go to the physical therapy
15 thing for a second, if I may. Sorry. I want
16 to be as accurate as possible.

17 Q. We've been going a while.

18 Do you want to take a break and
19 we'll let you look at the records.

20 A. I'll look at this real fast. I
21 think there was a physical therapy component
22 in here and -- I didn't put these together.

23 MR. BUCHANAN: Can we take a break?

24 MR. EDWARDS: Sure.

25 (A brief recess was taken.)

1 Starer

2 Q. Dr. Starer, we've taken a short
3 break.

4 Were you able to find the other
5 documents you were searching for in there?

6 A. Yes. I hope I didn't lose it now.
7 The first document that I wanted to address
8 was the actual physical therapy -- actually, I
9 forgot what the question was. I think you
10 were asking about the judgment --

11 (Record read.)

12 A. You're talking about whether he
13 should -- right, the different components a
14 physical therapist needs to know in order to
15 implement a plan or even just stand there in a
16 patient's room and help her. And I believe
17 that this -- I don't know if this is filled
18 out by Mr. Kerr or utilized by him, but this
19 is the physical therapy initial evaluation and
20 it is dated the 26th prior to the event. And
21 it's an assessment, as we discussed, of mental
22 status. He actually rates her mental status
23 as being a little lower than the others. He
24 has her as alert -- I'm -- whoever did this,
25 I'm not sure if it's Mr. Kerr, his ongoing or

0097

1 Starer

2 her ongoing evaluation, is we have fall
3 precautions and patient is alert and oriented
4 times two. So, it doesn't go on to -- there's
5 a section for comments, but there's no
6 additional comment on the mental status. But
7 as you know, alert and oriented would mean
8 oriented to person, place and time. So one
9 component is missing there.

10 And then it discusses other things
11 like balance. And the balance is rated on a
12 scale of nine. Now, this is their score.
13 It's all explained here. Nine out of nine is
14 independent and high activity levels. It's a
15 score of zero to nine. And they look at
16 sitting and standing and within sitting and
17 standing is static and dynamic. Static would
18 be sitting, not moving and dynamic is moving.
19 And what you'll see here is that -- you have
20 it, too, if you look at the balance section,
21 there is a five out of nine.

22 So, he knows or the physical therapy
23 division knows even without talking to anybody
24 else that there's going to be a little bit of
25 a problem with balance when changing position,

0098

1 Starer

2 standing. A little bit of standing static,

3 but it's there.

4 Q. Are you finished with your answer?

5 A. Yes, I am. Thank you. The other

6 part was -- that was the part of the physical

7 therapy thing. Then the other part in the

8 deposition I recall him saying that he wasn't

9 aware of certain factors in the chart. The

10 sense I got was there are things written in

11 the chart that the physical therapist did not

12 have available to him when he was making his

13 decision whether to help her in the bathroom.

14 Q. Do you believe those other things to

15 be of significance?

16 A. Yes.

17 Q. What were they?

18 A. We didn't go through his deposition.

19 I marked some sections here. I just have to

20 find them. Okay. Unless you want me to tell

21 you everything I marked, I'll just tell you

22 what I think is relevant to this question now.

23 On Page 19 you're talking to Mr.

24 Kerr and they're asked, "Did you know that she

25 had a fall while she was at the hospital part

1 Starer

2 of Southwest"?

3 "I was not aware of that." That's

4 that key fall. Remember, we were talking

5 about the whole care plan thing. I said one

6 of the most important things is to know she's

7 a toileting-related faller. So we can go

8 forward from there.

9 Now, the physical therapist who's

10 only information he has is, is it a standing

11 balanced kind of risk, if he knew that she's

12 already fallen once around the toilet, coming

13 from or going to toilet, he might be more

14 interested in not allowing her to go in that

15 room unassisted. And the discussion goes on.

16 There's just more of that sort of not

17 awareness.

18 He actually himself says that he

19 would have done something. "Is that something

20 you would have wanted to know when thinking

21 about whether you were accompanying her to the

22 bathroom or not"?

23 "Yes. If that person was not

24 rational and alert and oriented times three."

25 Which is interesting, because right here

0100

1 Starer

2 she -- the physical therapy knows that she's
3 alert and oriented times two. He actually is
4 giving himself this information, not utilizing
5 it. But he's also not utilizing the other
6 information from the other caregivers.

7 That's why it's so important to have
8 a plan. Everybody gets together, talks
9 together, doesn't just focus on their own
10 notes. Know your patient, take care of your
11 patient. He agrees with me. He just didn't
12 have the information. So, that's why I said
13 not that -- it's not that it's poor judgment.
14 It's just uninformed.

15 Q. So he would want to know the
16 circumstances of the earlier fall at Southwest
17 Hospital?

18 A. Correct.

19 Q. Would be the other piece of
20 information you would want him to know other
21 than the evaluation that the physical
22 therapist did?

23 A. He would probably -- yes, that would
24 be another piece.

25 Q. Any other pieces?

1 Starer

2 A. Well, it would be the whole
3 approach. If you're going to try and prevent
4 falls, he would want to know the circumstances
5 then and he would want to know any other
6 factors now. Now, he might want to know what
7 other medications she is on, anything she's
8 taking might possibly jeopardize her ability
9 to remain upright while moving. So that's a
10 factor as well. It's just a matter of looking
11 at the other notes in the chart.

12 And also you'd would want to know
13 about the cognitive component. He didn't
14 really have a handle on there. He's talking
15 about -- some people are writing that she's
16 delirium, and some say she doesn't know her
17 limitations. If it's clearly written she's
18 not in touch with her limitations and she says
19 to him, "I don't need your help," if he knew
20 that, maybe this is not someone I'm going to
21 take her at her word. Let me call a nurse,
22 let me talk to her and know more about this
23 and stop the independent toileting which
24 occurred and then she fell.

25 Q. Page 2 of that form that you have in

0102

1 Starer

2 front of you --

3 A. I don't have this. Am I missing

4 half of the chart, like the back of

5 everything?

6 Q. Take a minute to review that.

7 A. Okay. I'm looking at that now.

8 Okay, yes.

9 Q. Is there an assessment of her mental

10 capabilities on Page 2?

11 A. Yes.

12 Q. It shows that she has mild

13 confusion?

14 A. It says mild confusion.

15 Q. Is that unusual in geriatrics who

16 are hospitalized?

17 A. Oh, I can't -- no, you can't make a

18 sweeping statement that every old person who

19 goes into the hospital is confused.

20 Q. Is it unusual is my question.

21 A. It occurs. I don't know if it's the

22 norm or the majority. There are some patients

23 who become confused in hospitals.

24 Q. Have you ever worked in a

25 geriopsyche unit?

0103

1 Starer

2 A. No, I mean, I've consulted in it,
3 but I've not actually been physically placed
4 in it, no.

5 Q. What is the significance to you of
6 the assessment of the physical therapist that
7 Ms. Lawson had a standing dynamic score of
8 five out of nine?

9 A. Well, I am relying on their
10 evaluation and five out of nine is actually
11 explained right to the side there on the
12 right. You see they have a dynamic balance
13 scale key. So, five out of nine, move 75
14 percent range -- they spelled range wrong --
15 with GCA -- CGA. So you look up and that's
16 contact guard assist. Or 50 to 75 percent of
17 stand by assist. So, the percentages are, I
18 guess, to once again stratify her limitations,
19 but they are certainly using those phrases,
20 contact guard assist or stand by assist which
21 means somebody is there with her, that's my
22 understanding, during the dynamic standing
23 component. There's someone very close to her
24 or very, very close to her.

25 Q. Do you have an opinion about what

0104

1 Starer

2 stand by assistance means in terms of

3 distance?

4 A. I can't give you an actual

5 measurement but I would imagine within arm's

6 length that you're going to be able to get to

7 the patient and prevent the fall.

8 Q. Doctor, is it your testimony that

9 the circumstances of the earlier fall in

10 Southwest Hospital are similar to the fall at

11 Traditions?

12 A. There are similarities, yes.

13 Q. Do you think that the similarities

14 predominate?

15 A. It depends how many variables you're

16 going to look at. If you say time of day -- I

17 believe it -- I think it's going to

18 predominate if you look at the theme of

19 undertaking an activity unassisted and not

20 calling for or refusing help. I think that --

21 focus on that, it's more similar than

22 dissimilar.

23 Q. Other than some involvement with the

24 toileting function and Ms. Lawson herself, are

25 there any similarities between the two events?

1 Starer

2 A. The similarity is the injury occurs
3 in the same place, which is very interesting,
4 her head. She lands on her head. Not
5 breaking her hip or anything. Falling in such
6 a way both times that she actually hit the
7 head. That's interesting that she hits the
8 head.

9 Q. That would be the consequences. I'm
10 talking about the manner in which the original
11 action occurred.

12 A. I believe this is an important clue.
13 How she lands, I'm trying to think if I can do
14 it with a coke bottle. But, how do you hit
15 your head as opposed to -- some people slide
16 out of their chair and land on their buttocks.
17 Something happened where not only is she
18 moving -- because she's moving, the head is
19 going forward or backwards. She's thrown off
20 balance in such a way that the head takes the
21 brunt of it. Plus, she's unable to protect
22 her head.

23 The similarities are very
24 interesting, because some people would
25 actually put their hands out first and the

1 Starer

2 hand would take the trauma. You know, natural
3 reaction -- but she doesn't do that. So, it's
4 certainly something to explore. Why did she
5 hit her head on two separate occasions as
6 opposed to breaking her hip or snapping her
7 wrist?

8 Q. Do you know where she hit her head
9 on both occasions?

10 A. One time it's the back of the head
11 and the second time it's the back of the head.

12 Q. Switching gears just a minute, did
13 you find Mrs. Lawson sustained any harm from
14 Dr. Green's failure to participate in the care
15 plan on her admission to Southwest Hospital
16 that you've previously expressed opinions on?

17 A. Now, we're not -- I know we said we
18 have two Dr. Greens here, medical Dr. Green
19 and Traditions. The first --

20 Q. At Southwest.

21 A. She suffers the pain of bumping the
22 head and the restraining in the bed. The
23 first component, she -- the injury is not as
24 severe as the second time. The first time,
25 she bangs her head nicely.

0107

1 Starer

2 Q. Other than the knot on her head, did
3 she sustain any harm from the care plan at
4 Southwest Hospital?

5 A. Well, the initial care plan to
6 prevent a fall, she does not -- she sustains
7 no harm. Going past that, harm does occur
8 later on. But it's in another division of
9 Southwest.

10 Q. My question, just so we're clear, is
11 limited to Southwest.

12 A. You're limiting to Southwest Medical
13 as opposed to Southwest Traditions?

14 Q. That's correct.

15 A. Between June 21st and June 25th I
16 don't see any -- or June 24th, I see no
17 evidence in the chart aside from a hematoma on
18 the back of the head and the necessity for
19 restraining, any additional harm accorded.

20 Q. And the restraining was also
21 occasioned by her straining against the IV and
22 catheter?

23 A. This is also listed as a reason,
24 yes.

25 Q. Is it your testimony that Ms. Lawson

1 Starer

2 was experiencing an episode of delirium at the
3 time she fell on the 28th?

4 A. I don't have enough information to
5 say that. One may say she was experiencing
6 poor judgment and based upon previous episodes
7 there's a possibility that she might have been
8 delirious at that time as well or confused.

9 Q. But you don't have any basis for
10 that?

11 A. The only basis is somebody offered
12 to help her and she refused it. But I don't
13 have any other information.

14 Q. Is the act of refusing an offer of
15 assistance an act of delirium?

16 A. If -- it can be, yes.

17 Q. Do you think it was in this case?

18 A. It might have been based upon what
19 she's done previously.

20 Q. In utilizing restraints with Ms.
21 Lawson at Southwest Hospital, did Dr. Green
22 act below the standard of care?

23 A. You're focusing just on the
24 restraints alone?

25 Q. Correct.

1 Starer

2 A. If he had -- using the restraints is
3 one component. By not adding to that he acted
4 below -- using restraints solely as his
5 approach to prevent falls, he acted below the
6 standard of care.

7 Q. Earlier you said it was your
8 preference not to use restraints, but that it
9 was an acceptable medical practice to use
10 restraints in these circumstances?

11 A. As a temporary measure until you can
12 get everything figured out, that's correct.

13 Q. What is it, in your opinion then,
14 that makes those actions below the standard of
15 care?

16 A. That's a very good question.
17 Because it's almost -- I don't know if you
18 want to hear an analogy. I'll just say it.
19 If someone is going to get up and fall and you
20 know that's going to be a problem and you
21 restrain them for a short period of time, but
22 then after you remove their restraints you
23 don't do anything further, then you have not
24 put a plan into effect to deal with the
25 problem.

0110

1 Starer

2 The problem has not gone away due to
3 a temporary restraining. It's a holding
4 action, but you have not solved the problem,
5 which is demonstrated in her case. She went
6 on to fall again.

7 Q. You're focusing on the care plan and
8 what took place after the restraints were
9 taken off. My question is limited to the
10 restraints.

11 A. If you're limiting it to that, which
12 apparently is what Dr. Green does in his
13 approach, for that moment it solved the
14 problem. But he did not live up to his
15 responsibilities to protect her in the future.

16 Q. And my question again is: Is it
17 your testimony that his actions in placing
18 those restraints were below the standard of
19 care?

20 A. For 3:00 a.m. he did the right
21 thing.

22 Q. The answer to my question is it
23 would not be below the standard of care?

24 A. It would not be below the standard
25 of care for that moment.

1 Starer

2 Q. And that moment extends until the
3 restraints were removed?

4 A. The way they've done it. I don't
5 want people to go out and restrain people
6 forever. It's a temporary tool to prevent
7 further falls and then you put something else
8 into place, correct.

9 Q. And his actions in ordering the
10 restraints, in your opinion, were not below
11 the standard of care?

12 A. In ordering the restraints it is one
13 acceptable measure, but he did not have a
14 component to prevent future falls, therefore,
15 he's below the standard of care. You can't
16 show up for an orchestra with just a horn.
17 You have to have the rest of the players
18 there. He only did one thing.

19 The question is an odd one. I'm
20 doing this one thing. That's okay. Yes,
21 that's okay. But where's the rest. That's
22 below the standard of care.

23 Q. Let's just concentrate on one thing.

24 Can we agree that Dr. Green's
25 actions in ordering the restraints the morning

0112

1 Starer

2 of the 24th in response to the factors shown
3 in the chart were not below the standard of
4 care?

5 A. Let's take a look at the order if
6 that's all right because I want to be as
7 accurate as possible. You just said the
8 morning of and I want to make sure that's when
9 he's ordering it. All right. So, as I
10 thought, he did order these at 3:00 a.m. and
11 these are all the reasons that we had
12 discussed. So that's all there. The patient
13 restraint by protocol. It's 6/24 at 3:00 a.m.
14 So, I'm sure you could read this as well.

15 However, I do now have a possible
16 criticism here. There's a checklist and
17 there's a lot of interesting things here which
18 he signs. At the very bottom of the checklist
19 there is something called "alternative
20 strategies such as verbal redirection and
21 removing from stimuli have failed to prevent
22 combative behavior."

23 I'm not sure if that's applicable
24 here. I don't know if it was combative
25 behavior or just refusing to be helped.

0113

1 Starer

2 Number five, all reasonable efforts
3 prior to being restrained -- actually the
4 sentence is not written well, but
5 unsuccessful. So, he might have deviated from
6 his own protocol by not considering all
7 reasonable alternatives. And that's why I'm
8 saying, it has to be a comprehensive plan.
9 You don't just do one thing. That's number
10 five at the bottom before you sign it. You
11 have to consider reasonable alternatives.

12 That's exactly what we were talking
13 about before. This is something which is
14 accepted by the medical community assuming
15 that something else is not utilizable and I
16 believe Southwest Regional Medical Center has
17 a protocol in place which mandates that the
18 physician considers all reasonable
19 alternatives prior to using restraints. So
20 that's good. That's a great protocol.

21 Q. Back to my question.

22 A. Okay. Sorry about that. But
23 accuracy.

24 Q. Is it your opinion that Dr. Green's
25 actions in ordering restraints on the morning

0114

1 Starer

2 of the 24th were below the standard of care?

3 A. I'm going to have to say that

4 without evidence that anybody explored the

5 reason why she's getting up that -- I know you

6 want a yes or no. But without knowing why

7 she's doing what she's doing, it might have

8 been premature to have used the restraint.

9 Just based on their very own protocol that

10 they might have just asked why are you getting

11 up, is there something that you need.

12 I don't see that reflected in the

13 notes that Dr. Green undertook this

14 investigation or asked anybody else to

15 undertake it. They just put the restraints

16 on.

17 Q. So your answer is?

18 A. I think he deviated from Southwest

19 Regional's standard of care.

20 Q. And due to what fact?

21 A. That there was no investigation as

22 to why she's getting up to go to the bathroom

23 at 3:00 a.m. and what we can do to ameliorate

24 it. They might have just wanted to -- here it

25 becomes all the possibilities that night.

0115

1 Starer

2 Maybe she was up. It was time to,
3 you know, she felt she had to get up the a
4 3 o'clock in the morning. They could have
5 just had her sit in a chair rather than tying
6 her there. Somebody could have talked to her.
7 Maybe she could have watched TV. Maybe
8 withdrawing her from the sedative or something
9 like that. I don't know. But without that
10 investigation and moving directly to the
11 restraint use, he may have actually violated
12 the house -- the local protocol.

13 Q. Dr. Starer, is it sufficient for you
14 to offer an opinion that a physician is
15 operating below the standard of care if you
16 have a question based on some unknown that he
17 might not have pursued the variables available
18 to him?

19 A. That's a very good question, very
20 good, indeed. I'll tell you why it's a good
21 question. Because it doesn't look like he
22 examined the patient at the time that this was
23 written. So, I don't have the information
24 because the information is not there to be
25 had.

0116

1 Starer

2 Q. And that's sufficient, the lack of
3 information is sufficient for you to opine
4 that he is operating below the standard of
5 care?

6 A. Now that you phrase it that way, the
7 doctor has ordered restraints which requires a
8 very comprehensive approach, yet there's no
9 evidence in the chart that the doctor examined
10 the patient at 3 o'clock in the morning. In
11 fact, it doesn't even look like he signed it
12 at 3 o'clock in the morning. That the order
13 was put into place at 3 o'clock and he signed
14 it afterwards.

15 So, I would have to say that I'm
16 offering an opinion based upon there is no
17 information because the doctor himself didn't
18 have the information.

19 Q. Have you ever taken phone calls at
20 3 o'clock in the morning?

21 A. Yes.

22 Q. And issued telephone orders?

23 A. Correct, yes.

24 Q. Based upon information supplied you
25 by nurses or someone you trust at the

0117

1 Starer

2 hospital?

3 A. Well, usually it's provided -- if

4 you're talking -- okay. I will receive phone

5 calls from doctors who I am supervising. If a

6 nurse calls me and asks for something, it

7 really depends what they're asking for. They

8 may ask for a dietary order for the next day.

9 I'll go fine. This, I think, requires more.

10 In fact, if you're going to restrain somebody,

11 you might want to make sure that they're not

12 sick.

13 Why is she -- if you would -- this

14 is a very good question. I'm glad you asked

15 it. If I may answer. If a patient who we

16 sort of discussed is ill, has an incurable

17 disease, has moments of confusion, has

18 medications, and starts acting aberrantly

19 unusual against protocol, and we don't have

20 any history that Ms. Lawson in the past began

21 to -- at least not there, began to act against

22 the directions of the staff, began to resist,

23 began to get up in the middle of the night,

24 how do we know she's not having a bad event, a

25 stroke? I'm not saying she did. How do you

0118

1 Starer

2 know the confusion is not a medication

3 reaction, a heart attack, a stroke,

4 stomachache, pain, and she's having difficulty

5 verbalizing getting confused?

6 And you asked me before is it

7 unusual for people to be confused, the reason

8 you knew it's not unusual is that older people

9 get confused in the hospital either because

10 the environment is different or because

11 they're sick. Just to react by tying them

12 down is probably not the right thing to do.

13 Evaluate, take a blood pressure, look in the

14 eye -- all the stuff they do at other times.

15 And then say, you know, she's just a little

16 upset right now. Nothing terrible is going

17 on. Put this vest on her and hold her still.

18 But to do it over the phone is probably not

19 appropriate. And you're telling me that's

20 what happened.

21 Q. Is it, in your opinion, always

22 inappropriate to authorize a restraint over

23 the phone?

24 A. If you know your patient -- it's

25 inappropriate to authorize a restraint for the

1 Starer
2 first time. She's never behaved this way
3 before and never been restrained before, so
4 the first time is probably inappropriate. If
5 you're saying it's been going on for years, we
6 know what this is, we've looked at this, she
7 does this every night at 3:00, then okay.

8 The first time, new event. It's
9 like the first time you get chest pain. This
10 is her chest pain. This is a call, something
11 is wrong, something is different. Something
12 needs to be evaluated. You don't tie somebody
13 up. And the -- I use analogies. When a baby
14 starts crying, you don't tie them up. You
15 find out what's wrong. I'm not saying she's a
16 baby. But there's something already upsetting
17 her and it's not being communicated clearly,
18 let's evaluate. Then when everything is free
19 and clear if you really want to use a
20 restraint, use it.

21 Q. If you received a phone call at 3:00
22 a.m. and the nurse told you the patient was
23 pulling at medically necessary lines such as
24 IVs and catheters, that she had fallen and
25 there was confusion and was thrashing in bed,

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1 Starer
2 unable to comprehend instructions, you would
3 not have ordered a restraint under those
4 circumstances?

5 A. No, she's thrashing in bed, do we
6 have a doctor? I'm coming in. Why is she
7 thrashing in bed? Is she in pain? As far as
8 the IVs and stuff, I would take a look and I
9 think we could take a look and say are there
10 any medicines that need to be given between
11 now and the morning. If the catheter -- if
12 she's pulling it out, we can intermittently
13 catheterize. Before we tie her down, let's
14 reevaluate. That's what I'm saying. Do
15 something. Don't just call up, restrain her
16 and I'm going back to bed.

17 Let's go over this. Does she need
18 any medicines between now and 8:00 a.m. when
19 I'll be in? If she pulls the catheter out, we
20 remove it. Can we intermittently catheterize
21 her as needed? It will be less agitating to
22 her and we'll see her in the morning. She's
23 trying to up. Can you walk her around the
24 nurses' station, put pillows around, until we
25 get a chance to evaluate her. Let's just not

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1 Starer

2 do this thing. Or you can say, call me at
3 4:00 a.m. if she's still thrashing. Because
4 this doesn't go away.

5 I don't see any of that in place.
6 It's below a standard of care. It's below
7 their standard of care.

8 Q. Is it below accepted methodology of
9 medicine?

10 A. I think so.

11 Q. Do you think there's an area where
12 there's room for a difference of opinion among
13 physicians?

14 A. I'm not sure what you mean by that
15 question. Is there someone somewhere who's
16 going to be able to say this was an okay thing
17 to do, I don't think so. I think many people,
18 if not most people -- I don't know. I don't
19 know what all doctors are going to say. I
20 just know that the standard of care, taking
21 care of people, before using restraints is to
22 evaluate. And they're not differing with me.
23 They're -- this is their protocol. All I'm
24 doing is supporting their protocol.

25 Q. Do you think it's below the standard

1 Starer

2 of care if a doctor does not participate in a
3 care plan?

4 A. Yes.

5 Q. In each instance any physician that
6 does not participate in a patient's care plan
7 is below the standard of care?

8 A. The physician writes the orders and
9 direct the staff. Each instance, you're
10 talking -- it's very, very broad, it could be
11 in the past, the future. You're talking about
12 this particular patient or --

13 Q. I'm talking about just as an
14 abstract principle. The doctor writes orders,
15 directs the care of the patient, but does not
16 participate in the care plan.

17 Is that doctor operating below the
18 standard of care?

19 A. If we're going to define care plan,
20 that is the care plan. The well-being of the
21 patient is part of the care plan. The doctor
22 should be aware of the care plan and have
23 input into the care plan and make sure it's
24 implemented. I don't believe the nurses or
25 the physical therapists are acting

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1 Starer

2 autonomously. That goes back to the whole
3 phrase of attending physician.

4 Q. Your definition of care plan, a
5 doctor is participating in the care plan if
6 he's writing orders and calling on the patient
7 and making notes and changing his orders in
8 response to what he observes?

9 A. Well, he has to do it effectively,
10 yes. That's part of the care plan. We have
11 to take a look at what he did here and he
12 didn't do everything he could have done.

13 Q. Is that the standard by which you
14 judge physicians?

15 A. I judge physicians by how well they
16 take care of their patients.

17 Q. Is that the standard, that you do
18 everything you could have done?

19 A. Do everything you can to help
20 somebody, yes, absolutely.

21 Q. Is that your standard for operating
22 under the standard of care?

23 A. My standard of care -- you're saying
24 my personal thing. But it meshes. It comes
25 together. The standard of care is what is

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1 Starer

2 practiced in a community -- we're talking
3 about here, Pulaski County, Little Rock,
4 Arkansas, it's a community which is similar to
5 the community I practice in. I'm applying the
6 same standard of care.

7 Q. And does your standard of care mean
8 that the doctor has to do everything he
9 possibly can and if he does not he's operating
10 below the standard of care?

11 A. We're talking abstractly, but I
12 can't imagine a doctor anywhere who would not
13 want to do everything he possibly can to help
14 a patient. But it's so abstract that it may
15 not be answerable.

16 Q. I'm just asking about the premise
17 upon which you base your opinions, and I'm
18 asking you if that is your premise.

19 A. Well, my premise is based on what
20 the medical community does. I believe we have
21 an oath to first not harm the patient. That's
22 how it begins, and to me that suggests doing
23 everything you possibly can. But if we do go
24 by the oath, the Hippocratic oath, the first
25 thing you say is first do no harm.

0125

1 Starer

2 So, I'll use that as a standard

3 which I think everybody agrees with.

4 Q. Does the Hippocratic oath form the

5 basis for your opinions on the standard of

6 care?

7 A. That component of it certainly does.

8 I don't recall the entire oath but that stands

9 with me. First do not harm your patient.

10 Q. Are there any other components to

11 your standard of care?

12 A. The standard of care is what is

13 practiced, a reasonable and prudent health

14 care provider would give to a patient in the

15 same or similar condition as Ms. Barbara

16 Lawson.

17 Q. One of the goals for Ms. Lawson that

18 was noted in the chart was her desire to go

19 home?

20 A. I believe I saw that, yes.

21 Q. If you were going to craft a care

22 plan for Ms. Lawson whose goal it is to go

23 home, you would want to encourage

24 strengthening her; is that correct?

25 A. Strengthening her in what manner?

1 Starer

2 Q. Making her stronger, able to walk,
3 care for herself.

4 A. Physically strengthening her, yes.

5 Q. Or enhance her mobility?

6 A. Improve mobility, yes.

7 Q. These are things that physical
8 therapy was concentrating at Traditions?

9 A. They got started with that, but,
10 yes, that was in there, I believe. I don't
11 have it in front of me now. I would say yes.

12 Q. Would you agree with me that in
13 order to increase strength and mobility you
14 have to get the patient up and keep them
15 active and get them out of bed?

16 A. Agreed.

17 Q. Certainly you can't use any
18 restraints in that kind of a situation?

19 A. No.

20 Q. You'd agree with me that the
21 physical therapy that was prescribed for Ms.
22 Lawson was appropriate?

23 A. Let me just take a look at the
24 prescription. I'm going to say by my
25 recollection that it was appropriate.

1 Starer

2 Q. Did you look?

3 A. Oh, I was going by my memory. Did
4 you want me to look?

5 Q. I thought you were going --

6 A. I said by my memory. As I recall,
7 it was appropriate. I had half of it, anyway.

8 You had the other half.

9 Q. At the time of Ms. Lawson's fall,
10 did you consider her to be under the
11 supervision of the physical therapist?

12 A. I'm not sure. He was there in the
13 room with her by the deposition. So I guess
14 she was under -- he was there but chose not to
15 supervise -- it was his decision not to
16 supervise her.

17 Q. Well, it was her decision?

18 A. It was a joint decision. I mean, if
19 she chose not to be supervised, he can then
20 decide whether I want to supervise you or not.

21 Q. Is it your opinion that he should
22 have forced himself into the rest room against
23 her wishes?

24 A. Will, force is a very strong term,
25 but I think he should have strongly impressed

1 Starer

2 upon her the need for assistance. He is a
3 physical therapist, so I think he did have
4 that obligation.

5 Q. In your interrogatory responses you
6 offer the opinion that this fall was not
7 inevitable?

8 A. We're talking about the fall of the
9 28th?

10 Q. Correct.

11 A. I'm going to say this fall was not
12 inevitable.

13 Q. Why do you say that?

14 A. Because the report of the fall is
15 she got up too fast to go to the bathroom and
16 fell backwards. So, if there was someone
17 there who could have -- in fact, the way it's
18 described here, she got up too fast to go to
19 the bathroom. The physical therapist probably
20 would have said, you know, as part of our
21 rehabilitation, as part of getting you back
22 active again, my advice is to not to get up
23 too fast. If you choose to get up too fast, I
24 will be there with you on that -- whatever
25 they were talking about, the assistance, the

1 Starer
2 contact assistance. Just in case I will be
3 here to catch you.

4 So, if these mechanisms were in
5 place, being there, educating her, supervising
6 her, working with her, this fall could have
7 been prevented. Sometimes you can just follow
8 a patient with -- the physical therapists know
9 this stuff, too. You can follow her with a
10 wheelchair and catch her if she falls
11 backwards. But none of this was done. He
12 just didn't do anything.

13 Q. You listed some potential causes of
14 her fall which include medication.

15 Are you critical of any of the
16 medication she was on at Traditions?

17 A. Well, you know, we had spoken about
18 that before.

19 Q. That question was limited to
20 Southwest.

21 A. I'm sorry. We moved to the
22 Traditions now. I think here -- and I'd have
23 to go back and take a look, but I remember
24 seeing Zyprexa, Effexor, psychotropic
25 medications. They were adding on -- you had

1 Starer
2 all these psychiatric-style medications which
3 might contribute to unsteadiness and stuff.
4 I'm not going to criticize necessarily the use
5 of them. I'm going to criticize not taking
6 them into account.

7 If you have somebody with multiple
8 medications, you just want to be careful in
9 changes of positions and being upright. But
10 he knew that there was some sort of balance
11 problem there, anyway.

12 Q. Dr. Starer, let me make sure I
13 understand all the documents you consider to
14 be part of the patient's care plan.

15 Can you just list them for me?

16 A. Well, the medical record is part of
17 the care plan. If you want me to go through
18 it and look at what they have here and tell
19 you whether it's part of the care plan.

20 Q. You're not restricting the care plan
21 to a single document that was entitled care
22 plan?

23 A. There could be a form which actually
24 says care plan on it which has all the
25 elements. Now, I'm not sure whether this is

1 Starer

2 it. It says master -- the phrase master

3 suggests that this could be a comprehensive

4 form and it does exist. So this might be it.

5 The multi-disciplinary master plan.

6 So, this would suffice. This

7 information might be scattered in other places

8 and each place may have their own mechanism

9 for doing it. Here I see they have a

10 multipage plan, a treatment plan. So, I would

11 accept this. Unfortunately, it's blank.

12 Q. What set of records are you looking

13 at?

14 A. This is Traditions. This is the

15 time of the event. This is what I was given.

16 I don't know if there is other stuff -- want

17 to take a look? It's signed, by the way, by

18 one person, the activity specialist. But this

19 is what we were talking about. The team

20 member, psychiatrist, dietician, only one

21 person weighed in and signed the blank form.

22 Q. Your term care plan extends to more

23 than just a single document?

24 A. I would hope in this setting we

25 could find -- that's why I'm saying I'm

1 Starer
2 struggling a little bit. If this master
3 treatment plan does not pan out -- I have to
4 go searching through the medical chart -- they
5 deviated from their own standard of care.

6 Q. Go back to my question: Your
7 definition of standard of care is not limited
8 to a single document?

9 A. I would say it's not limited. If
10 this information is somewhere else, of course,
11 I won't hold them to that. But they're
12 already agreeing with me that this should
13 occur. Whether it's on this form or somewhere
14 else in the chart. That's why I said I had
15 trouble finding the single care plan because
16 this is not filled out.

17 Q. In your opinion, is the entire
18 medical chart part of the care plan?

19 A. It can all be condensed and
20 summarized here, but the same information,
21 it's true -- here you have an
22 interdisciplinary record. Other components.
23 This interdisciplinary care plan, by the way,
24 which they shoved in here, maybe that's why I
25 had trouble finding it before. This is dated

1 Starer

2 the 21st. This actually belongs to the
3 medical side.

4 You can see, they themselves are
5 using different formats and forms all over the
6 place. This has different components.

7 Q. But your definition of care plan
8 includes material found in the chart?

9 A. It is an entity. It is not a piece
10 of paper. It is an ongoing process. This is
11 documentation that the care plan is taking
12 place, but clearly if you document it and
13 don't do it -- so, I don't know if I'm
14 answering the question or understanding the
15 question. There's got to be a plan of care to
16 take care of a patient. You have to market
17 the plan, all the team players, you have to
18 know if you're making advances, or losing
19 ground. How do you do that? One way is a
20 through a form.

21 Q. One way is through doctors' orders?

22 A. Doctors' orders feed into the care
23 plan. They have it all laid out. Here's a
24 medical doctor. There he is. It's nice.

25 Q. You'd agree with me that doctors'

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1 Starer

2 orders constitute part of the care plan?

3 A. It's a component, yes.

4 Q. Along with the rest of the patient's

5 chart?

6 A. Absolutely.

7 Q. I had asked you earlier if you had

8 any patients at the geriatric unit where you

9 are a director fall and the answer was yes?

10 A. Yes.

11 Q. Have any of those individuals been

12 your patients?

13 A. I don't recall but there is a

14 possibility. I don't remember like in the

15 last few years that I had a patient who fell.

16 I don't want to say absolutely not because

17 there may certainly have been one.

18 Q. There was a phrase that I made note

19 of in your opinion that Ms. Lawson was set up

20 for an accident?

21 A. When I was speaking now? Okay. I

22 said that today? I don't recall that.

23 Q. No, in your opinions.

24 Do you recall making that statement?

25 A. Verbally today or --

1 Starer

2 Q. No. Your written opinions that
3 we've been discussing, in your answers to
4 interrogatories.

5 A. But that means I said that today?

6 Q. We discussed earlier whether you
7 reviewed your opinions and had any changes to
8 them.

9 A. I'm not clear. Is there another
10 document? I'm sorry to be difficult. I'm not
11 sure. In my testimony today?

12 Q. In your answers to interrogatories
13 or counsel's answers to interrogatories
14 explaining what opinions you would offer. The
15 last line of paragraph two at the bottom of
16 this page.

17 Do you see the line I'm referring
18 to?

19 A. Yes. I'm just wondering. Why is
20 mine different? I don't have this. I don't
21 even know who to ask. What I have is not the
22 same as this.

23 Q. Let me review yours, if I may.

24 A. I apologize.

25 MR. EDWARDS: Let me go ahead and

1 Starer
2 mark this as an exhibit to your
3 deposition because it is different than
4 the one I have.

5 (Starer Exhibit 2, copy of expert
6 disclosure, marked for identification,
7 as of this date.)

8 Q. You don't recall making that
9 statement?

10 A. I don't actually recall it.

11 Q. What is a neuro check?

12 A. Neurologic examination. I guess
13 what we mean is periodically examine the
14 patient for signs of neurologic abnormalities.

15 Q. How is a neuro check conducted?

16 A. I think if you're talking about in
17 this case here, it is an examination of the
18 pupils' reactivity to light, possibly to
19 accommodation, extraocular movements. They're
20 going to check cognition and probably the
21 neuro checks -- I think it was described in
22 the deposition of Dr. Green, movement of the
23 extremities, strength of the extremities.
24 You're really looking for anything out of the
25 ordinary.

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1 Starer

2 Q. You're checking for symptoms and
3 signs of the patient?

4 A. You're checking signs. Symptoms a
5 patient would report to you.

6 Q. When you conduct a neuro check, do
7 you inquire of the patient how she's feeling,
8 if she has a headache?

9 A. That would be subjective. I don't
10 think the definition he was using, which I
11 think is similar to mine, how you're feeling,
12 dizziness and vomiting would be part of it.
13 I'm not sure if he's saying the neurologic
14 examination would be testing reflexes, things
15 like that. but it's a component of it. If
16 you're trying to encompass things -- sorry.

17 Q. Would you agree with me that a neuro
18 check is, while not specific, is sensitive?

19 A. Good question. It's actually not
20 sensitive. We're going to say sensitive. In
21 answering the question, I think we're talking
22 about the intracerebral hemorrhage we're
23 talking about and it is not sensitive -- as
24 sensitive as -- is it a sensitive test? It's
25 going to miss some things.

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1 Starer

2 Q. What types of things would it miss?

3 A. It's going to miss hemorrhage.

4 Q. What are the signs and symptoms of
5 hemorrhage?

6 A. It depends. Hemorrhage is the
7 bleeding into the brain, compressing the brain
8 and having neurologic changes based upon what
9 part of the brain is changing, is being
10 compressed. So, you might have a pupil which
11 no longer reacts to light. You might have a
12 change in mental status. You might have an
13 arm which suddenly starts operating
14 inappropriately or not at all.

15 So, those would be the signs. It's
16 not one sign. It depends what part of the
17 brain we have the blood pushing in on. But,
18 as you know, you can have the bleeding and not
19 have any changes in the examination.

20 Q. Don't intracranial hemorrhages
21 always produce signs and symptoms of some
22 kind?

23 A. No. That's why I brought you some
24 of these articles today. But no. It's an
25 unfortunate. It doesn't.

1 Starer

2 Q. Is the ordering of a neuro check
3 something that's customary following a fall in
4 some cases?

5 A. Customary standard of care, yes.

6 Q. If a doctor has reported to him that
7 a patient has fallen and struck her head, he
8 examines the patient, does not find a knot on
9 the head or hematoma, finds that she's
10 behaving normally, use that term in quotes,
11 but not exhibiting any unusual signs and
12 symptoms, in your opinion, would it be below
13 the standard of care if he did not order neuro
14 checks?

15 A. It would be below the standard of
16 care after head trauma not to order neurologic
17 checks. Yes, it would be, absolutely.

18 Q. Even if she exhibited no signs and
19 symptoms whatsoever?

20 A. Having head trauma, yes, because
21 this may evolve over time. You observe them
22 over time.

23 Q. Given those same set of facts, is it
24 your opinion it's below the standard of care
25 not to order a CT scan?

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1 Starer

2 A. Now, it depends on the patient.

3 You're saying it very generally. But I would

4 say in an older patient who has sustained a

5 head injury who also has an anticoagulant it

6 would be below the standard of care. And

7 possibly even not -- here you might talk about

8 where doctors may disagree. But there is much

9 evidence -- because this might be an area, we

10 talk about areas where doctors disagree.

11 There's much evidence to suggest

12 when you have an elderly patient who hits

13 their head even without the neurologic

14 symptoms at first you should order a CT scan.

15 I think what eases us to this, doing it, is

16 actually what we've seen in previous CT scans.

17 In this patient I think you would be really

18 pressed to explain yourself if you don't do a

19 CT scan of the head.

20 Q. Why is that?

21 A. Because -- aside from -- you can

22 read these articles later on, I don't want to

23 take up your time. It's been found that when

24 people hit their heads, even the most minor

25 trauma in the older brain, you can begin to

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1 Starer
2 have bleeding without neurologic findings.
3 And you'll say, well, how can that happen --
4 and I brought this along because I think this
5 is of great interest to the group -- that when
6 somebody has cerebral atrophy, which I believe
7 was described in Ms. Lawson's case, a
8 shrinkage of brain, that leaves a lot of space
9 around the brain, between the brain and the
10 skull, so the patient can actually start
11 accumulating blood and there's room for the
12 blood to go to. But the patient will not
13 manifest symptoms or signs of the increased
14 intracranial pressure.

15 So, you just have to be a little
16 more vigilant. So, I just say that knowing
17 there is a report of brain atrophy here and
18 she bonks her head, you might not want to wait
19 until what happened inevitably anyway, that
20 she shows the signs, you might want to
21 visualize the brain sooner.

22 Q. You say not wait until signs show
23 up, which inevitably what happened anyway?

24 A. Inevitably it's what happened. She
25 got sicker and then they began to move into

0142

1 Starer

2 action and that's what happened.

3 Q. She had a prior fall which we talked

4 about at some length earlier today?

5 A. True.

6 Q. They performed a CT scan following

7 that fall?

8 A. True.

9 Q. Which was documented as producing a

10 greater injury, at least external injury, than

11 the second fall and that CT scan was negative?

12 A. June 24th, no hemorrhage, no midline

13 shift, no masses, yes.

14 Q. Given the fact that the prior CT

15 scan was negative and this injury by

16 appearances, anyway, appeared less severe than

17 the prior injury, was not the doctor justified

18 in ordering neuro checks?

19 A. You're postulating because she hit

20 her head once and no damage was done, the

21 second time -- is that what you're asking me?

22 Because we had an injury, we got through it,

23 the second time it happens we don't have to

24 investigate any more? I guess you want to say

25 is that a true statement or a false statement?

0143

1 Starer

2 Q. Is that within the accepted medical
3 standard?

4 A. I mean, that's just irrational. If
5 you throw a rock at a window once and it
6 doesn't break, it doesn't mean it's not going
7 to break a second time. I think each episode
8 has to be seen in isolation.

9 I know at one point she said that
10 her head is hard. It doesn't give us a right
11 to stand back every time she hits her head.
12 So, I have to disagree with that approach.

13 Q. Is neuro checks a means of
14 investigating?

15 A. Well, it is in certain circumstances
16 a component of it. Here a CT scan probably
17 would have been better.

18 Q. You said the brain shrinks as a
19 person gets old.

20 Is that just empty space or is it
21 filled with fluid?

22 A. It's not air. The brain is
23 cushioned. But it's room. It allows bleeding
24 to occur without pressing on the brain tissue.
25 You have the hard skull and the brain inside.

0144

1 Starer

2 This has been clearly documented
3 that the atrophied brain can actually handle
4 bleeding without there being the focal
5 neurologic findings in the hands and the eyes.

6 Q. I haven't read the article, so I am
7 trying to understand.

8 A. I can explain it.

9 Q. What you're saying, you're saying
10 that even with a space filled with fluid that
11 there's room for blood to flow into that space
12 without increasing intracranial pressure?

13 A. That's exactly what they say.
14 Here's a statement. "These age dependant
15 changes increased -- these age dependant
16 changes" -- what you just said, "It allows for
17 expansion of intracranial contents, mass or
18 blood, without increased intracranial pressure
19 and without the classic symptoms expected with
20 this classic pathophysiology." They actually
21 reference it back to 1961. So it's been known
22 for a while. You just have to be careful.

23 Q. In your clinic, do you perform CT
24 scan on any patient that falls?

25 A. In our unit.

1 Starer

2 Q. Sorry again.

3 A. We would perform a CT scan of the
4 head if there's head trauma, yes.

5 Q. On any? If a patient falls and
6 strikes their head, they automatically get a
7 CT scan?

8 A. There might be times that I'm not
9 aware of every single patient, but it is our
10 policy, our protocol, our standard, in head
11 trauma we take a look at the head.

12 Q. Is that written or published
13 protocol?

14 A. I'm not sure. I know we're all
15 doing it. I don't know if we actually have
16 that locally published. It's just our
17 approach to head trauma and everybody does it
18 where I work. I don't want to say everybody.
19 From the emergency room on up we're always
20 getting CT scans of the head when there's head
21 trauma.

22 Q. If I were to ask for the protocol of
23 the geriatric unit that you're a director of,
24 would I find this protocol?

25 A. No. We don't have a written

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1 Starer

2 protocol on head trauma and CT scans.

3 Q. Do you have a written protocol on
4 care plans?

5 A. There will be somewhere -- yes,
6 somewhere there's going to be one. I just
7 don't know in which book. We have all these
8 volumes of protocols and policies. There are
9 protocols in there.

10 Q. Are there protocols on fall
11 prevention in there?

12 A. Yes.

13 Q. What percentage of your patients are
14 on some kind of blood thinner?

15 A. An anticoagulant.

16 Q. Is there a distinction?

17 A. Well, we wouldn't use the term blood
18 thinner because it probably doesn't actually
19 thin the blood. It keeps it from clotting.
20 If you allow me to talk about this for a
21 second.

22 Blood thickness, I guess you're
23 really talking about hemoglobin. A thin blood
24 would actually be an anemic blood. The
25 anticoagulant just keeps it from clotting.

0147

1 Starer

2 You know, so you cut yourself, if just keeps
3 coming out and out. It's still going to be as
4 thick as it ever was. It's just not going to
5 for clots.

6 So, blood thinner is almost a slang
7 term for anticoagulant. I don't want to say
8 there's no difference. We just don't use the
9 term blood thinner. Anticoagulant, it keeps
10 you from clotting.

11 Q. What percentage of your patients are
12 on anticoagulants?

13 A. I don't have that information. I
14 know it's more now than in the past as the
15 recommendations have changed. It's not
16 unusual now to see someone on an
17 anticoagulant.

18 Q. And many people take anticoagulants
19 on a prophylactic basis?

20 A. Certainly there are many people who
21 take them, sure.

22 Q. Do doctors in your unit have the
23 ability to exercise their independent judgment
24 about whether or not to send a patient for a
25 CT scan if they fall and hit their head?

1 Starer

2 A. There is a -- I mean, there's a
3 chain of command and it's our style, but they
4 always will defer to an attending physician if
5 there is a disagreement. I mean, there's
6 actually a mechanism for disagreements. I
7 mean, you're allowed to have your opinion and
8 if there's a disagreement, then you can go to
9 the director of medicine. It never gets to
10 that point. Usually we work it out. To
11 answer the question, we have independence,
12 certainly. We try to work together.

13 Q. How many doctors are on staff at the
14 clinic -- at your unit?

15 A. Once again, I have to define the
16 unit. There are -- as far as geriatric
17 physicians, M.D.s, there are two
18 geriatricians, myself and another physician.
19 But then caring for the patient there are many
20 doctors moving through and they rotate on a
21 monthly basis. So we sort of oversee and
22 coordinate. But there could be from 20 to
23 30 -- depending on whose patients are put on
24 the unit, we could have 20 to 30 doctors at a
25 time.

1 Starer

2 Q. These are residents moving through?

3 A. Of the residents moving through,
4 there's a great number of them. And then
5 right above them there are six attending
6 physicians overseeing that group. I mean, I
7 don't have all the numbers. There are a lot
8 of different doctors.

9 Q. Doctor, do you know if a CT had been
10 ordered immediately what changes that would
11 have made in Ms. Lawson's care and treatment?

12 A. If it had been ordered immediately,
13 I do not know what changes -- in her care for
14 the entity. You're talking about the
15 hemorrhage. The only -- I can't say because I
16 don't know what it would have found.

17 Q. Do you know if immediate CT would
18 have found any blood leaking?

19 A. I don't know whether it would have
20 or not, no. It's an unknown.

21 Q. During the initial assessment of Ms.
22 Lawson, did you find any documented signs or
23 symptoms of head injury?

24 A. Which initial assessment? Coming in
25 or after the fall?

0150

1 Starer

2 Q. The very first assessment that was

3 done, I think that would be by Ms. Poge

4 (phonetic), the nurse?

5 A. Without looking at the chart, I

6 can't tell you who signed it. But I did

7 write -- I have written down -- let me get the

8 actual note. My first note is written at

9 11:45 a.m. where they're noting that she fell

10 and hit her head.

11 Q. While you're looking, let me

12 rephrase my question.

13 I think the first one that performed

14 the exam is the physical therapist.

15 A. These are all signed by Ms. Poge.

16 We're looking at 6:28 and I don't see actually

17 the note from the physical therapist. I think

18 that note was written retroactivity. Here at

19 11:45 is the first note I see and, as I

20 suspected, it was written by the nurse. I

21 think somewhere else there was a note by the

22 physical therapist but it was out of sequence.

23 Q. In the initial assessment did Ms.

24 Lawson demonstrate any signs or symptoms of

25 head injury?

0151

1 Starer

2 A. So, what it actually says, she's
3 describing the fall, she says I'm okay, I have
4 a hard head. That's where that information
5 came. And she's alert and oriented. The
6 pupils were fixed. They actually don't
7 comment on any external injuries. Everything
8 is fine. Patient saying I've got a hard head
9 and the pupils are reactive. They don't
10 actually test the extremities at that point,
11 but they say they notify the doctor. That's
12 the first note at 11:45.

13 Q. So, there's no signs or symptoms of
14 head injury noted?

15 A. Nothing recorded.

16 Q. Do you recall any signs or symptoms
17 of any head injury recorded by the physical
18 therapist?

19 A. Well, I mean, let me just go back
20 and get clarification of that. The sign of
21 head injury would be seeing that the observer
22 sees either a bruise or an internal neurologic
23 disruption. But the symptom is the patient
24 saying my head has been hit. So there
25 actually is a symptom. I've been hit in the

0152

1 Starer

2 back of my head. That's a symptom.

3 Q. That's a history, isn't it?

4 A. Well, if you're going to -- so, the

5 patient -- historically she's saying my head

6 is hit, but as of this moment my head is not

7 being hit, if you want to define it that way,

8 then we have the report that she hit her head,

9 but we don't have her saying at this moment my

10 head is touching the floor.

11 Q. Does she have any signs or symptoms

12 of a head injury?

13 A. By your definition, in this note

14 there are no recorded signs or symptoms of a

15 head injury.

16 Q. Were there any signs or symptoms of

17 a head injury noted by Dr. Green in his

18 examination?

19 A. Let me just refresh my memory by

20 looking at his note. Well, actually in his

21 note there's no -- I think we had spoken about

22 this before, Dr. Green does not describe an

23 examination in his note. It's just a

24 description of what needs to be done later on.

25 The way you asked it, there's no recording of

0153

1 Starer

2 signs or symptoms of head injury in this note.

3 Q. And in your review of his deposition

4 were there any signs or symptoms noted by Dr.

5 Green?

6 A. Now, I don't recall exactly and I'd

7 have to look through this and it might take

8 some time to find that section. I don't

9 remember if she's actually complaining of

10 something at the time. I would say quickly I

11 don't recall. But if you want, I can look

12 through to see if he discusses that.

13 Q. Did you find that Dr. Green had any

14 further involvement in Mrs. Lawson's care

15 after he have examined her and ordered neuro

16 checks?

17 A. Additional involvement in the care.

18 I know in the deposition there's some ongoing

19 dialogue between him and I think Dr. Thomas.

20 But in the chart itself, I know there's no

21 additional note -- I'm going to correct

22 myself. Let me just be sure. This is the

23 late entry. I got confused. I found the

24 note. There's no additional progress notes.

25 This is where the physical therapist's note

0154

1 Starer

2 is.

3 And as far as additional care, I

4 don't see the -- the timing suggests that

5 there's no additional orders being given

6 following that June 27th entry where he asked

7 for neuro checks.

8 Q. Do you have any criticisms of Dr.

9 Green regarding any of his actions that occur

10 after the time he leaves the facility?

11 A. I don't know what time he leaves the

12 facility.

13 Q. After he writes the order for neuro

14 checks.

15 A. Well, my criticism would be there's

16 no documentation of him checking back in. He

17 is requesting certain things to be done, neuro

18 checks and electrocardiogram and also to

19 change a dose of methadone, but there's no

20 evidence that he then goes on to review any of

21 these things in his implementation of neuro

22 checks, his ordering of an electrocardiogram.

23 So my criticism would be that as the patient

24 is beginning to go down this path, he does not

25 seem to be involved.

0155

1 Starer

2 Q. Is it your opinion it's the doctor's
3 obligation to check back to determine whether
4 his orders are being followed?

5 A. Yes.

6 Q. Without some prior problem of his
7 orders not being followed?

8 A. Well, is he getting -- this -- in
9 this situation you have an acute event. She's
10 fallen a second time while his patient and he
11 is asking for something to be done. He did
12 ask for an electrocardiogram. I guess he
13 might have suspected that there might have
14 been a cardiological component to her falling
15 down. He want to know whether she's having a
16 heart attack or it's dysrhythmia. But I don't
17 see where he reviews the electrocardiogram.

18 So, what's his role? Is he supposed
19 to call up and say, did you get the EKG, oh,
20 it wasn't done, please do it. But to do
21 nothing at all and wonder where the EKG went,
22 is probably not the best way to practice
23 medicine.

24 Q. Is it your opinion that he had an
25 obligation to call back in and check on the

1 Starer

2 EKG that he ordered over the phone?

3 A. Yes.

4 Q. Do you think he has the obligation

5 to follow-up with the order for neuro checks

6 and see if they all came back negative?

7 A. Yes.

8 Q. Is he entitled to rely upon the

9 absence of phone calls from the nurses that

10 the neuro checks were negative?

11 A. The presumption is that if I don't

12 hear from you everything is okay?

13 Q. Yes.

14 A. Well, it let's see what happened.

15 When the neuro checks were normal, did they

16 call him. It doesn't seem they call him

17 whether it's normal or it's abnormal. So, I

18 think he should in a situation like this in a

19 period of monitoring, he would want to stay

20 involved, they would want to be involved with

21 him and I do believe there is an obligation

22 there.

23 Q. With what regularity should he have

24 checked?

25 A. With what regularity?

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1 Starer

2 Q. Yes.

3 A. That's a very good question. Maybe
4 every two hours because that's when the checks
5 were being obtained.

6 Q. It's your opinion that any time a
7 doctor orders a repetitive type check like
8 this with a two hour frequency it's his
9 obligation to call back in to the hospital?

10 A. Well, he's asking it for a reason.
11 The reason I'm saying that, I guess I'm being
12 rigid on that, there are no parameters that he
13 wrote in his note, his order. Because you're
14 going -- you might say, if we're going to
15 check the blood pressure every eight hours, do
16 you want to be called every eight hours.

17 Well, the doctor can write please
18 notify me if the blood pressure and put the
19 parameters down. Or the blood sugar. Notify
20 M.D. if. And since he's just writing check
21 neuro and leaving the nurses to do it on their
22 own and not telling them when to call. One
23 presumes he wants to know it all, he's not
24 saying when to call when not to call. He's
25 just saying neuro check.

0158

1 Starer

2 I'm looking at it again. There's no
3 parameters on when to call, when not to call.
4 It just says check every two hours for eight
5 hours. It doesn't say notify me or not notify
6 me. Let's protect on the side of the patient.

7 Q. Doctor, if you have a patient who's
8 diabetic and they have to get periodic testing
9 of their glucose because they're on a sliding
10 scale and someone asks them and the nurse
11 checks and the reading is fine and four hours
12 later checks and the reading is fine, should
13 she be calling the doctor every time to tell
14 him there's no change in insulin?

15 A. This all goes back to communication.
16 That's absolutely a great question. And the
17 relationship with the patient, with the
18 nurses. Here I see there's an ongoing
19 relationship with Dr. Green. If it's a
20 glucose, this is how we're going to practice
21 medicine on this particular unit. So for me,
22 I know if it it's normal. They know where to
23 find me if it's abnormal.

24 A very good example, the sliding
25 scale actually gives you the answer. It's

1 Starer
2 written down. If sugar greater than 200,
3 whatever, administer this. If sugar greater
4 than 300, administer this. If sugar greater
5 than 400, administer this and contact
6 physician. This is ver nonspecific. It's
7 unclear.

8 If you're going to order neuro
9 checks, you're looking for something, you put
10 down, if pupil begins to do this, give a call.
11 But he didn't say anything. Just wrote neuro
12 checks. So, figure he's going to stay in
13 touch or be on top of it.

14 Q. You mentioned earlier a relationship
15 between doctors and nurses and whether they
16 have an understanding between themselves, does
17 that play a role in interpreting doctors'
18 orders?

19 A. It might if everybody understands
20 each others' orders. If you have a pattern
21 where people aren't reading each others'
22 notes, I don't know. If it's not there -- you
23 can take a look and see how things are usually
24 done. It seems like -- here you go. Here's
25 one which is signed by -- look at what the

0160

1 Starer

2 local standard or the local culture is there.

3 He writes an order on Clonidine PO every four

4 hours for blood pressure above or below -- do

5 this, do that. For abdominal pain. I mean,

6 it's more specific than just checking.

7 So, there is an understanding of

8 certain parameters, we'll restrict certain

9 things.

10 Q. Doctor, is there a custom and

11 practice with neuro checks that you would

12 report a negative finding?

13 A. I don't know what the -- I don't

14 know what he was trying to obtain from this,

15 but my criticism was he never -- he did not

16 seem to revisit his patient. I mean, there's

17 other stuff going on here. I don't know who

18 this signature is. But I think the original

19 question was, was I critical of him leaving

20 and it still all comes back to the same thing.

21 I am critical of him not checking the EKG, not

22 coming back and writing everything is okay,

23 not watching the situation.

24 In the setting, remember, she's on

25 an anticoagulant. I mean, this might be

0161

1 Starer

2 different from what they've done before here.

3 If you're saying there's a custom and a

4 culture, the woman is on anticoagulation,

5 bangs her head, stay a little closer with it.

6 Come back, check yourself; phone in; leave a

7 mark. Let us know. Don't leave the building.

8 Q. Don't leave the building.

9 You understand Dr. Green has a

10 practice?

11 A. Then have a mechanism. Call in.

12 I'm using it metaphorically, but don't turn

13 your back on the patient.

14 Q. Was he justified in leaving her in

15 the care of the nurses to monitor the

16 situation?

17 A. If he's monitoring the nurses, yes.

18 Q. It's your position he should have

19 called in every two hours to ask about the

20 latest neuro check?

21 A. The woman is on an anticoagulant,

22 there should be some measure of communication,

23 whether he calls them or they call him. Some

24 kind of evidence that he's involved. But I

25 don't see that.

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1 Starer

2 Q. That's your opinion, that he should
3 have called in every two hours?

4 A. There should be some mechanism.
5 Whether some phone call or e-mail or you guys
6 use some way of communicating.

7 Q. Would it be acceptable to you if a
8 nurse called if there was a positive finding
9 on the neuro check?

10 A. All right. So that's the neuro
11 check part. The nurse calls up and says it's
12 positive. Yes, you're supposed to do that,
13 yes.

14 Q. That would be a mechanism of
15 reporting the results of his orders back to
16 the doctor, that would be acceptable to you?

17 A. Mm-hmm.

18 Q. That's yes?

19 A. Yes, I'm sorry. Yes.

20 Q. Doctor, I've got a few more
21 questions.

22 A. Yes.

23 Q. You mentioned you highlighted some
24 portions of Dr. Green's testimony earlier.
25 You talked about neuro checks only picking up

0163

1 Starer

2 an intracranial bleed 75 to 80 percent of the
3 time?

4 A. I remember saying -- I don't
5 recall what page it was on.

6 Q. You recall the reference in this
7 testimony?

8 A. Yes.

9 Q. You've done some research in the
10 literature.

11 Did you find any support for that
12 proposition, that estimate?

13 A. I don't know if I have that actual
14 number in here. Let's see what they have.
15 Okay. Here they say that current -- this is
16 addressed as the elderly, specifically. You
17 know, we're not taking a look at all head
18 trauma. If that's what he's addressing. It
19 says that the present protocols based on
20 clinical findings, which I believe we're going
21 to call neuro checks, will miss 30 percent of
22 elderly intracranial injuries. So that would
23 be -- will catch 70 percent. It's a little
24 off on the 80 percent.

25 Q. What the title of that one?

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1 Starer

2 A. "The Use of Head Computed Tomography
3 in Elderly Patients Sustaining Minor Head
4 Trauma."

5 Q. Have we fairly covered your
6 criticisms of Dr. Green here today?

7 A. To the best of my recollection, yes.

8 Q. If you have any additional
9 criticisms of Dr. Green that we've not
10 discussed here today, would you notify Dr.
11 Buchanan or his firm?

12 A. Absolutely.

13 MR. EDWARDS: I pass the witness.

14 EXAMINATION BY

15 MS. CAULEY:

16 Q. Good afternoon, doctor. My name is
17 Michelle Cauley. I have a few random
18 questions to start off with. Mr. Edwards has
19 done a pretty good job of being thorough with
20 your deposition. So my questions are going to
21 seem somewhat random do fill in blanks that I
22 have.

23 To begin, you testified that you've
24 given trial testimony approximately four
25 times.

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1 Starer

2 Can you tell me, do you know what
3 the outcome of those cases, what the outcome
4 was?

5 A. You mean by guilty or innocent?

6 Q. I know that you always testified on
7 behalf of the plaintiff.

8 In those four cases do you know
9 whether the plaintiff won the lawsuit or
10 whether the defense won the lawsuit?

11 A. I don't track it that carefully
12 after I leave. But I believe in three cases
13 the plaintiff won. And I think the fourth
14 case the defendant prevailed.

15 Q. Do you have any idea as to where
16 those cases were?

17 A. The three that the plaintiff
18 prevailed was in Texas and the one where it
19 was decided on behalf of the defendant was in
20 New Jersey.

21 Q. You also testified that you have a
22 total number of -- well, I guess when you add
23 them together, it would be approximately eight
24 cases that you are currently working on; is
25 that correct?

0166

1 Starer

2 You said about three or four others

3 are for Wilkes & McHugh and then you said

4 there were an additional four, approximately?

5 A. The file is sitting and the cases

6 are unresolved. I'm not actually doing

7 anything with them.

8 Q. That was my question, because it was

9 unclear to me whether those were cases where

10 you were asked to review the records or

11 whether they were active cases?

12 A. It's never clear to me. I look at a

13 case and then a year later I get a phone call.

14 Q. On the nonWilkes & McHugh cases that

15 you're currently working on, have you had any

16 communication with any of these attorneys that

17 have retained you in those cases say within

18 the last six months?

19 A. Yes. There's phone calls.

20 Something will come up and they'll ask me a

21 question. So, I'll say yes.

22 Q. You testified a couple of times that

23 you're not familiar with Arkansas per se but

24 that you believe that the community Little

25 Rock is similar to the community in which you

0167

1 Starer

2 practice medicine; is that an accurate

3 assessment?

4 MR. BUCHANAN: Object to form.

5 Q. Did I mischaracterize your testimony

6 in any way?

7 A. I don't know if you're

8 mischaracterizing or misquoting it. I did say

9 that I practice in a community with similar

10 characteristics to Little Rock, Arkansas.

11 Q. What I was trying to ask, can you

12 list those similarities, how the two are

13 similar?

14 A. Clearly there might be some

15 differences, the geography. But I looked at

16 the demographics of Pulaski County and I don't

17 see great differences in the population

18 makeup. Nor do I see differences in the

19 medical community. I was looking at a list of

20 the physicians there. So, I don't have any

21 reason to believe that the standard of care in

22 New York is any higher than that of Little

23 Rock nor is the standard of care in Little

24 Rock any higher than New York.

25 I believe there is an equivalency in

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1 Starer

2 the two communities.

3 Q. You're basing your similarities of
4 the two communities on the demographics and
5 also the kinds of practices of medicine? That
6 was poorly phrased, but the different
7 specialties that are available?

8 A. Yes. I mean, the people there have
9 much in common with the people here. What
10 we're asking to be done for the patients here
11 and there are basic, basic medical practices.
12 The medical community represents the different
13 specialties the way we do here. There are
14 medical schools in Arkansas. There's
15 credentialing.

16 I mean, such similarities, I do not
17 see that there is any significant difference
18 between where I practice medicine and where
19 Dr. Green practices medicine.

20 Q. And what you've just told me is your
21 basis for your opinion that the two
22 communities are similar? Is that a complete
23 assessment as to why you believe the two
24 communities are similar?

25 A. I don't know it's all encompassing,

0169

1 Starer

2 but I'm stating similar doctors with similar
3 backgrounds taking care of people with similar
4 needs who require similar response.

5 Q. There was a mention, too, you had
6 been provided information from the Office of
7 Long Term Care and information contained in
8 CFR sections and I believe you testified that
9 you can't -- you don't recall as we sit here
10 right now relying on the information included
11 in those documents?

12 A. Right. I just don't recall the
13 specifics of it as we sit here right now.

14 Q. Do you know, as we sit here right
15 now, whether any of those regulations are
16 applicable to Southwest Regional Medical
17 Center and their Traditions unit?

18 A. To be honest, I looked at it a while
19 ago.

20 Q. You're not basing any of your
21 opinions that you're giving here today on
22 information contained in those documents?

23 A. I might be doing it at a less than
24 conscious level. I might have looked at the
25 documents, these are acceptable ways of

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1 Starer

2 regulating these entities and I didn't

3 disagree with them at the time. So, maybe at

4 a subconscious level it is coming through.

5 But I can't consciously say I refer to any

6 specific parts of that document.

7 Q. So, it's fair to say that you are

8 not relying on those documents for your

9 opinions on what is the appropriate standard

10 of care as we sit here today?

11 A. I'm not recalling relying on them.

12 Q. If you after this deposition review

13 any of those documents and you decide that you

14 are going to rely on those documents or you

15 find that they are applicable to Southwest

16 Regional Medical Center, will you inform Mr.

17 Buchanan so that we will have the opportunity

18 to explore those opinions?

19 A. Absolutely, yes.

20 Q. You testified at one point that you

21 had a conversation with Mr. Buchanan yesterday

22 evening where he clarified for you the

23 distinction between Southwest Regional Medical

24 Center and the Traditions unit.

25 Can you explain exactly what

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1 Starer

2 information Mr. Buchanan gave you about the
3 distinction between the two?

4 A. Okay. So -- and I just met him -- I
5 had never spoken to Mr. Buchanan before. I
6 didn't want to come across as not knowing how
7 to read the records. The way the records were
8 sent to me, it's just put together in one
9 linear fashion. And I had trouble determining
10 why Southwest Regional was different on one
11 date than from another date. Because that's
12 how it was packaged. I said it seems to me
13 you're making a division between the two. And
14 he explained to me there is the medical
15 component -- because the thing just says
16 Southwest Regional. That's why I'm having
17 trouble with the charts.

18 He said on certain dates Ms. Lawson
19 is in the medical component, which I was made
20 to understand is an active internal medicine
21 part of the hospital. And then there is what
22 is called the Traditions which he described to
23 me to be a geriopsychiatric unit. When he
24 said that, then I said, well, now it makes
25 more sense.

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1 Starer

2 Q. There was a discussion in your
3 earlier testimony about an understanding based
4 on your review of the medical records that
5 there had been one or more discussions about
6 possibly discharging Ms. Lawson to hospice
7 care.

8 Do you recall that?

9 A. I do recall that, yes.

10 Q. Do you in your practice admit
11 patients into hospice care?

12 A. Yes.

13 Q. Is there an admission criteria for a
14 patient as to when they become appropriate for
15 hospice care?

16 A. This has been a little more complex
17 unfortunately because there are variables of
18 insurance. So, there are certain hospice
19 entities who want us to be able to document
20 that the patient has a defined life
21 expectancy. However, we are able to provide
22 palliative care around that in other settings
23 such as home hospice. I will say I am
24 familiar with certain hospices which are
25 certainly directed more toward a short term

0173

1 Starer

2 stay.

3 Q. Are you familiar with the admissions
4 criteria that Medicare requires for admission
5 into hospice care?

6 A. My recollection is it's very rigid.
7 It might be three months or something like
8 that.

9 Q. Do you intend to offer any opinions
10 at trial as to what the anticipated life span
11 of Ms. Lawson would have been if this fall had
12 not occurred?

13 A. Without -- with the information
14 provided to me, I cannot prognostitize (sic).
15 Unless additional information, which of course
16 you tell him, unless I have that, to date, I
17 cannot prognostitize (sic).

18 Q. There was discussion various times
19 in your testimony about an overall
20 comprehensive care plan for Ms. Lawson that
21 would encompass all possible care needs such
22 as dietary needs, physical therapy needs,
23 things of that nature. In this particular
24 instance I want to focus on the particular
25 allegations in this lawsuit.

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1 Starer

2 In this particular instance would
3 you agree that there is no evidence that Ms.
4 Lawson suffered any harm as a result of not
5 having centralized care plan apart from your
6 criticisms on her fall precautions?

7 A. Let me see if I can rephrase that
8 question.

9 Q. I want to be certain we're
10 understanding each other.

11 That's fair enough?

12 A. My criticism of there not being a
13 care plan might be different from there being
14 a document which has it all on one page.
15 Rather than splitting it out and saying well
16 now there's two things you've done wrong.
17 Basically it's one thing you've done wrong and
18 you're not to be penalized -- if that's what
19 you're asking. I think this is the thing
20 here, that it wasn't filled out in one place.
21 Should this be considered a separate criticism
22 from just having a care plan which is not
23 focused correctly? Is that what you're
24 asking?

25 Q. Not really. Let me see if I can

0175

1 Starer

2 break it down a little bit better.

3 I understand your opinions in this

4 case to be critical of a lack of fall

5 precautions and it's your opinion that that

6 was what caused her injuries, Ms. Lawson's

7 injuries.

8 That's kind of a rough summary, but

9 is that basically correct?

10 A. It sounds right, yes.

11 Q. But there was also in your testimony

12 a lot of discussion about overall care plans

13 as far as dietary needs and physical therapy

14 and different disciplines and things like

15 that.

16 A. Right.

17 Q. And I want to make certain that

18 those are more academic criticisms and not

19 criticisms that you are going to testify at

20 trial actually caused harm to Ms. Lawson in

21 this specific instance.

22 A. I can't promise that. I don't want

23 to look keep looking at the blank sheet. By

24 not having one central source of information

25 it might have allowed Mr. Kerr to be

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1 Starer

2 uninformed about some of the risks. If this
3 would have somehow protected her from not
4 being unsupervised, then it certainly would
5 have had an impact. It's not so academic any
6 more. That if everybody puts down their
7 little piece and each specialty signs it and
8 there is a place for -- somewhere in here, I
9 assume there's a place for Mr. Kerr to sign it
10 or read it, then this might have been helpful.
11 When you phrase it that way, I may have to say
12 I will speak about this.

13 Q. I understand what you're saying and
14 I understand that in medicine there's no --
15 it's not an exact science, that there's a lot
16 of different variables and possibilities;
17 would you agree with that?

18 A. No. Science is exact. If you say
19 that there's an art to medicine, then we can
20 have a discussion.

21 Q. What I'm getting at in my question
22 is the response to my question was it might
23 have changed things. And I understand that's
24 your opinion, that it might have.

25 But to a reasonable degree of

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1 Starer

2 medical certainty can you say that these other
3 things, this lack of this centralized care
4 plan proximately caused harm to Ms. Lawson, to
5 a reasonable degree of medical certainty?

6 A. Yes. And defining that as more
7 likely than not. Since Mr. Kerr himself has
8 said if I knew that these deficits existed I
9 would have acted differently. And since that
10 information was in a separate component -- for
11 me it's all in one place. But Dr. Green is
12 talking about -- clearly -- and I think it was
13 read to me and I'll read it back to you, he
14 documents the patient is unable to comprehend
15 or follow instructions and continues to get up
16 without assistance.

17 If that was then transmitted and
18 recorded in a place where Mr. Kerr could have
19 seen it, it might have made a difference.
20 More likely than not, it would have made a
21 difference.

22 Q. You had said something that Mr. Kerr
23 had testified that he would have done things
24 differently had he known about her prior fall.

25 Do you recall exactly where he said

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1 Starer

2 that in his deposition? Because to be quite
3 candid with you, I don't recall where he said
4 he would have done things differently.

5 A. Let me take a look and see if I can
6 find that spot again. I might have
7 paraphrased it and I certainly did not want to
8 twist his words. Just give me a moment.
9 Maybe our interpretations might be different
10 from this, from mine. I guess I'm basing my
11 interpretation on that -- on this line of
12 questioning, on Page 19, Mr. Kerr is asked,
13 "Would that be" -- all right -- he's asked,
14 "Did you know that she fell when in the
15 hospital part of Southwest"?

16 That's the hospital part, the other
17 chart. And he goes, "I'm not aware of that."

18 "Would that be something that you
19 would want to know in making your determining
20 as to whether or not you accompanied Mrs.
21 Lawson to the bathroom"?

22 "Yes. If that person was not
23 rational or alert or oriented times three."
24 So he actually says yes to that, to that
25 question, is that something you would have

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1 Starer
2 wanted to know in determining whether to
3 accompany her to the bathroom.

4 And I think it sort of comes up
5 again on Page 28, "If she was considered to be
6 a high risk for falls, would you have
7 accompanied her to the bathroom"?

8 "I would have either accompanied her
9 or had someone accompany her to the bathroom
10 if she felt uncomfortable with a male."

11 Q. The testimony that you referenced on
12 Page 19 starts out with in response to the
13 question Mr. Kerr saying again each person is
14 different but if the person was not rational
15 or alert and oriented times three and then he
16 says a person who is alert and oriented and in
17 charge of their own care has a right to refuse
18 help from a therapist.

19 Do you recall Mr. Kerr's testimony
20 that he found Ms. Lawson to be alert and
21 oriented and mentally competent when he walked
22 into her room and spoke with her?

23 A. I do recall him saying something
24 along those lines, but I'm not sure if he's
25 actually testing her competency, because the

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1 Starer

2 choice to go to the bathroom unescorted might
3 have actually been a failure on that test. He
4 might not have recognized that because he
5 didn't know her pattern in the past where
6 she's done things like that.

7 By knowing this is not something
8 she's supposed to do, he didn't recognize it
9 as being abnormal.

10 Q. Let me come back to that because I
11 don't want to forget this point. The next
12 testimony that you read, you do acknowledge
13 that he said that if he had determined that
14 she was at a high risk for falls that he would
15 have accompanied her to the bathroom or would
16 have wanted her to accompany him to the
17 bathroom.

18 It's not your testimony that her one
19 prior fall would have put her at a high risk
20 for falls, is it?

21 MR. BUCHANAN: Object to the form.

22 A. I would actually say that it does --
23 and he's not defining high risk in that little
24 discussion there. If you want to talk about
25 what makes somebody a higher risk than a lower

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1 Starer

2 risk. I would say if he knew the nature of
3 the fall, he would say she's at high risk of
4 falls. That is to say, if she's fallen up the
5 stairs in the past, and now she's going up the
6 stairs, that's a high risk.

7 This is a woman who has fallen --
8 you know, I say, since no one has really
9 investigated, I don't know if it has to do
10 with changing position or pulling up the dress
11 or something like that. Carrying out this
12 activity she's gotten into trouble before. It
13 would really, I think, behoove us to really be
14 on alert, knowing this has gone on before. It
15 all goes back to the question if he had a
16 place to look and looked, he would have known
17 that maybe she is a high risk right now.

18 Q. Let's visit about the toileting
19 issue, the pattern that you found and the
20 similarities between the fall and the acute
21 care setting and the fall in Traditions.

22 The fall in the acute care setting
23 was in the middle of the night, correct?

24 A. Correct.

25 Q. And it was not during the process of

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1 Starer

2 toileting but rather was when she was up in
3 the middle of the night disoriented trying to
4 make it to the bathroom.

5 Would you agree with that?

6 A. The incident, she slips coming back
7 from the bathroom in the hospital side. And
8 that does occur at 1:00 a.m. in the morning.
9 Here the report is that -- seems to be
10 daylight hours and she falls backwards after
11 getting up, it says. And I think we had
12 gotten into this before, is it more similar or
13 dissimilar. If you're using time as a
14 variable, is a 1 o'clock fall the same as a
15 4 o'clock fall, certainly you can say it's a
16 different time. I will agree with you it's a
17 different time.

18 Q. But the first fall was not similar
19 to the second fall in that it was during the
20 process of toileting, it was similar in that
21 the reason she was up was to go to the
22 bathroom, but not the actual process of going
23 to toileting, that something about that
24 process caused her to fall. It was actually
25 the ambulating to go to the bathroom in the

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1 Starer

2 middle of the night that caused her to fall,

3 correct?

4 A. And you're going to be a good member

5 of my team. Because that's the kind of

6 rationale I like when we go over a care plan.

7 Exactly. Don't focus on the toilet, I would

8 say to my staff. Focus on the activity. And

9 going to toilets, going from beds to toilets

10 and walking, that is probably what we should

11 look at. That's the commonality. It's not

12 the toilet bowl itself. It's the getting up,

13 going over, sitting down, changes in position.

14 How often during the day does that

15 actually happen for her. It may be a turn,

16 she's going to and coming back. And that's

17 the commonality we want to look for here. So,

18 it's that activity. She may be going in and

19 brushing her teeth and coming back. It's

20 getting up, going to a little room, getting

21 up, coming back. That's what puts her at

22 risk.

23 Q. The first fall she fell while

24 ambulating from the rest room, whereas in the

25 second fall she fell when she actually tried

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1 Starer

2 to get up from the toilet.

3 Are those two distinct activities?

4 A. These are activities. That's why

5 this is very, very interesting. It's a

6 balance problem. And it's in -- you can read

7 the fall articles later on. When you're

8 assessing somebody -- I don't know if you want

9 me to show you where it is.

10 When you're trying to assess

11 somebody for a fall risk, they do what they

12 call the get up and go test where you look at

13 each entity. The patient rises. You can

14 imagine what it is. They get up, they stand,

15 they walk, they turn and they come back. You

16 watch them. If at any point in the process

17 there's instability, you know there's a

18 problem, and they score positive for a risk.

19 It might be artificial, though, to say well,

20 the first time she fell coming back to the

21 bed, the second time she fell getting up from

22 the bed. There's something wrong with her

23 internal equilibrium that's not letting her

24 get through this. I don't know if she's

25 tripping both times. I don't know if she gets

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1 Starer

2 a little vertigo each time. I know there's

3 something wrong.

4 And this is someone who probably

5 needs some guarding, which I think they really

6 do agree with that. It's just that Mr. Kerr

7 didn't know it when he was there.

8 Q. Doctor, I appreciate your

9 explanations, but we are late in the day and

10 if you would just, if at all possible, try to

11 listen to my question and answer just the

12 question that is posed at this late hour.

13 Is that okay?

14 A. That's a very reasonable request.

15 Q. And the question was: The first

16 fall occurred while she was ambulating.

17 She was walking and fell, correct?

18 A. That is correct.

19 Q. The second fall occurred when she

20 stood up from toileting, correct?

21 A. That is correct. That's what she

22 put.

23 Q. When Mr. Kerr arrived in Ms.

24 Lawson's room, she was standing, correct?

25 A. Correct.

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1 Starer

2 Q. She had dressed herself?

3 A. This is what -- I heard this, hair

4 brushing, yes.

5 Q. And she was standing on her own,

6 hands above her head brushing her hair,

7 correct?

8 A. That's what -- yes.

9 Q. And she was able at that point to

10 ambulate to the rest room without assistance,

11 correct?

12 A. Correct.

13 Q. So, where she had previously fallen

14 was during the ambulation?

15 A. Right, yes.

16 Q. And not during the actual toileting?

17 A. Right.

18 Q. And in the second fall she was able

19 to get past ambulating on her own to the rest

20 room, correct?

21 A. Just a moment for a sec. I got

22 confused. I just want to look at his note.

23 I'm sorry.

24 Q. While you're looking for that --

25 A. I'm going to have this fast. All

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1 Starer

2 right. I guess what I'm pausing here is --

3 the description of the fall, I don't see that

4 Mr. Kerr -- is this Mr. Kerr -- where's Mr.

5 Kerr's note? While I'm looking for that, you

6 can ask me the other question.

7 Q. Have you ever heard of the

8 retrospectoscope?

9 A. Is that like a jackalope?

10 Q. Let me put it this way: Do you

11 agree that it can be easier criticize medical

12 providers' choices of care in hindsight than

13 it is by just looking at the information

14 that's available to them at the time?

15 A. It's very general. I don't know how

16 to answer that. There's so many different

17 ways of collecting information and things like

18 that. So I'm going to say I don't know. I

19 don't know.

20 Q. Do you believe that it's fair to

21 criticize medical providers' choices, clinical

22 judgment that's made at the time by looking at

23 it in retrospect and knowing the outcome?

24 A. I think it's fair. I think it's

25 obligatory. Checks and balances. You don't

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1 Starer

2 want a long answer. Yes, I think it's fair.

3 Q. Why?

4 A. Because this is how we improve our
5 practice. It's quality assurance. Each place
6 usually has on board something like that,
7 where an incident occurs and they review it to
8 see what can be done differently.

9 Q. In terms of medical malpractice, do
10 you think it's fair to judge a medical
11 provider's decision and clinical judgment that
12 they're making at the time by only looking in
13 hindsight knowing about the end result, do you
14 think that it's fair to criticize whether or
15 not they breached the standard of care by
16 looking at the whole picture in retrospect
17 knowing the outcome?

18 A. Yes. I have to think for a minute.
19 I don't see how else it can be done.

20 Q. In this particular case you're aware
21 that Ms. Lawson's granddaughters had or one of
22 her granddaughters testified that she had
23 shortly before her fall had been walking short
24 distances on her own?

25 A. I'm not familiar with that

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1 Starer

2 testimony.

3 Q. I'll represent to you that that is

4 what one of Ms. Lawson's granddaughters

5 testified to.

6 Would that change your opinions in

7 this case?

8 A. No. It wouldn't change my opinions.

9 Q. Have you reviewed any of the family

10 members' testimony?

11 A. No, I didn't look at that.

12 Q. Do you feel that that's important to

13 know what was going on with Ms. Lawson from a

14 physical and mental standpoint prior to her

15 fall?

16 A. I'm relying on the reports of the

17 health care professionals. If there's

18 something you'd like me to review, though,

19 I'll certainly look at that.

20 Q. You don't think that information was

21 important that she was walking short distances

22 shortly before her fall? It would not change

23 your opinions in this case?

24 A. The same information was provided in

25 these charts.

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1 Starer

2 Q. We know based on the information

3 that's -- based on Mr. Kerr's deposition

4 testimony and his notes that said that he came

5 to Ms. Lawson's room that she was standing on

6 her own and brushing her hair as we discussed,

7 correct?

8 A. Yes.

9 Q. And we also know that he had an

10 interaction with her, a verbal interaction and

11 that he assessed her to be alert and oriented

12 at that time?

13 MR. BUCHANAN: Object to the form.

14 A. I guess the reason I'm flipping

15 through this now is I just -- I'm relying on

16 my memory. But if we can find that part here

17 where I can just see it, it might be helpful.

18 I didn't actually mark that myself.

19 Q. I thought you did.

20 A. Not the stuff about the hair brush.

21 Q. I think you did.

22 A. Maybe I did.

23 Q. Hold on.

24 A. I marked something about oriented

25 times three, if that's what you're talking

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1 Starer

2 about.

3 Q. Let's look at pages 18 through 20.

4 I think on Page 19 -- it's a passage that

5 we've already discussed.

6 A. Okay. I apologize. I'm not certain

7 this specifically says she's alert and

8 oriented. He says if she's alert and

9 oriented.

10 Q. His testimony was that if a patient

11 is alert and oriented they have the right to

12 refuse assistance and we know he asked if she

13 wanted assistance and she said no and he

14 accepted that answer.

15 Based on that, even though the

16 specific question may not be asked or we may

17 not be able to point to it right now, but is

18 it a fair assumption that he assessed her as

19 being alert and oriented enough to make the

20 decision to not need assistance?

21 MR. BUCHANAN: Objection to form.

22 A. It's a good question. This is

23 making the presumption that this actually was

24 said. Because I can't find it right now

25 myself. But presuming that he said this, that

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1 Starer

2 she's alert and oriented to person, place and
3 time and she says to me, I do not want
4 assistance, does she have the right to make
5 that statement or does he have the obligation
6 to comply with it. Is that the question?
7 Give me your form of it.

8 Q. I was simply trying to set a scene
9 what he observed when he had come into her
10 room. She was standing up, she was brushing
11 her hair. There was a verbal communication,
12 exchange between of two of them about her
13 needing to go to the rest room before physical
14 therapy and that he made the decision at that
15 time that she was alert and oriented enough to
16 be able to make that decision and her decision
17 was that no, she did not need assistance.

18 Is that all a fair characterization
19 as to the circumstances surrounding Mr. Kerr's
20 decision to allow her to go to the rest room
21 on her own?

22 A. Okay. Good. He walked in and saw
23 her standing by the mirror. Right. Because I
24 can't find that --

25 Q. By the bed, actually, I believe was

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1 Starer

2 his testimony.

3 A. We can't find that right now. Okay,

4 she's standing up, though?

5 Q. Yes.

6 A. She says while standing up --

7 Q. And brushing her hair.

8 A. Hello, it's June 20 whatever it was.

9 And I do not need assistance, can I go to the

10 bathroom. Here's where I'm getting a little

11 bit foggy. Because according to the nurses'

12 notes it says she got up too fast to go to the

13 bathroom. I can't mesh the two.

14 His description of the situation is

15 she's brushing her hair and going to the

16 bathroom and then falls. But the nurses

17 report she got up too fast to go to the

18 bathroom, which would actually say she was

19 sitting down and got up to go brush her hair.

20 They're characterizing this entity

21 differently. If he's correct, then it

22 actually is more in line with what previously

23 happened on the hospital side, that she's

24 ambulating not changing position.

25 Q. It's my understanding the report was

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1 Starer

2 that she fell after getting up from the
3 bathroom, from toileting, and I believe that's
4 consistent with Mr. Kerr's recollection or
5 documentation as well.

6 MR. BUCHANAN: Objection to form.

7 A. I just want complete accuracy.

8 Q. Absolutely.

9 A. Absolutely. 11:45 patient says she
10 got up too fast to go to bathroom prephysical
11 therapy. So that's where I'm a little unclear
12 on the circumstances.

13 Q. If that were the case, then Mr. Kerr
14 would have been right there, based on his
15 testimony?

16 A. But his testimony -- his
17 recollection may not be accurate of the
18 situation. If he remembers her standing up
19 and going as opposed to having a change in
20 position, getting up and -- if the fall
21 occurred as she's getting up to go to the
22 bathroom, he would have been right there, as
23 opposed to her falling in the bathroom.
24 That's why I would like to see his description
25 now because it actually makes me concerned.

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1 Starer

2 Q. If you want to take just a minute to
3 find that, I think that's an important --

4 A. I think we should get that out of
5 the way.

6 Q. Let me ask you this: If it's your
7 interpretation of the nurse's note that she
8 fell while going to the bathroom, we know that
9 would have been in Mr. Kerr's presence?

10 A. Correct.

11 Q. Which would have been her still
12 falling with one on one supervision.

13 A. Which is why it's troublesome, why
14 he didn't -- let's make certain we know what
15 we're talking about.

16 Q. Can't a patient still fall with one
17 on one supervision?

18 A. Certainly it can happen if he is not
19 close enough to her or she's much heavier than
20 he is. But that's not the description I'm
21 getting. It's almost like he had his back
22 turned. Let me see if I can find the part. I
23 don't remember now --

24 THE WITNESS: Can I take a break to
25 answer the phone?

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1 Starer

2 (A brief recess was taken.)

3 Q. I understand you flipped through Mr.
4 Kerr's deposition and you can't find specific
5 reference as to when she fell as far as
6 whether it was prior to making it to the
7 bathroom or after.

8 A. Right.

9 Q. We have the nurses' notes.

10 Have you reviewed his note as well,
11 the 6:28 note?

12 A. Got it.

13 Q. Based on what information is
14 available and what information you recall, do
15 you believe that and do you have opinion that
16 it was a breach of the standard of care on the
17 part of the physical therapist to allow Ms.
18 Lawson to go to the bathroom on her own?

19 A. Standard of care -- now, this is the
20 presumption that -- that that's exactly what
21 happened. Because the other thing about
22 getting up from the bed suggests that she
23 actually fell prior to that. The presumption
24 that she fell in the bathroom, I believe it
25 was a breach in the standard of care for him

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1 Starer

2 to allow her to go to the bathroom on her own.

3 Q. Is it that breach of the standard of

4 care on the part of the physical therapist

5 that you maintain proximately caused the injury

6 to Ms. Lawson that directly led to her death?

7 A. That breach led to the injury, yes.

8 Q. And it's your opinion to a

9 reasonable degree of medical certainty that it

10 was that breach of the standard of care that

11 proximately caused the injury to Ms. Lawson

12 that led to her death?

13 A. Yes.

14 Q. And that's a criticism you have of

15 the physical therapist in this case?

16 A. Yes.

17 Q. Do you have any other criticisms of

18 the physical therapist?

19 A. Well, it's the same criticism, but I

20 guess within that is not being familiar with

21 Ms. Lawson's previous fall history. That's --

22 it's the same criticism.

23 Q. Do you maintain that the standard of

24 care required the physical therapist to make

25 himself familiar with Ms. Lawson's medical

0198

1 Starer

2 history before allowing her to ambulate on her
3 own to the rest room?

4 A. With pertinent components, yes.

5 Q. I'm going to kind of jump around
6 which is what I warned you I was going to do.

7 I've looked at some of the articles
8 that you have pulled here and I notice one
9 "Guideline for the Prevention of Falls in
10 Older Persons," that's published by the
11 Journal of the American Geriatric Society.
12 The best I can tell.

13 A. Let me help you. Okay. So this
14 was -- it's this one, Guideline.

15 Q. Yes, sir.

16 A. And that is published in the Journal
17 of the American Geriatric Society, that's
18 true.

19 Q. Are you familiar with the Journal of
20 the American Geriatric Society?

21 A. Yes, I've read it. I used to have a
22 subscription.

23 Q. You don't currently have one?

24 A. That is correct.

25 Q. Any particular reason as to why you

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1 Starer

2 don't currently subscribe to that journal?

3 A. Yes. I don't subscribe to any

4 journals any more because this is the 21st

5 century and you can get everything on-line. I

6 don't have to. You just go on-line and read

7 the articles.

8 Q. Your not having a subscription

9 doesn't have anything to do with the

10 credibility you place in the journal or the

11 articles they publish?

12 A. It's a financial decision.

13 Q. Do you rely on the data that's

14 published in the Journal of the American

15 Geriatric Society in your care and treatment

16 of patients?

17 A. Not solely, but I do use it.

18 Q. You consider it to be authoritative?

19 A. It's reliable and reproducible.

20 Q. Dr. Starer, do you agree that there

21 is a distinction in the medical literature

22 between fall preventions in nursing homes and

23 fall preventions in hospitals?

24 A. I don't know if I agree with that.

25 I've been looking at some of the stuff. Many

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1 Starer
2 of the components translate from nursing home
3 to hospital. So, I don't think there's a
4 clear distinction. I know they might when
5 they write it, they might have different
6 headings and alter thing ever so slightly.
7 But the principles generally translate from
8 one side to another.

9 Q. In preparing for your deposition,
10 did you review this article that you provided
11 us, the "Guidelines for the Prevention of
12 Falls in Older Persons"?

13 A. Yes.

14 Q. Did you rely on the information
15 contained in this article in forming your
16 opinions in this case?

17 A. I utilized some of it, yes.

18 Q. Did you read the section on Page 668
19 that states under the heading "in hospital
20 based study" that states, "Although the
21 strategy is widely implemented, there are no
22 adequate randomized control trials of
23 multifactorial intervention studies to reduce
24 falls among hospital inpatients"?

25 A. I certainly read that statement.

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1 Starer

2 Q. Did you follow up on that statement
3 there? I note there's a footnote.

4 A. Yes, 49.

5 Q. Did you look at the text referenced
6 in that footnote?

7 A. I mean, I looked at the article
8 there. I believe that's, you know, an opinion
9 piece. But I know what that statement -- I
10 mean, this is a statement which I'm not going
11 to refute.

12 Q. Do you agree that falls among older
13 hospital inpatients are common?

14 A. I know they do occur in the
15 hospital. I don't know what you mean by
16 common.

17 Q. If the Journal of American Geriatric
18 Society in 2000 had stated in one of their
19 articles that falls among older hospital
20 inpatients were common, would you refute that?

21 A. Well, I'm not going to refute that
22 the statement was made. But I'd still say
23 I'll go deeper into the article and see a
24 percentage. I'm not going to disagree with
25 it.

1 Starer

2 Q. Do you agree that the occurrence of
3 falls after an acute illness may be increased
4 in older hospital patients?

5 A. Yes. I'm sure in one of these
6 articles it says that, sure. That's why we're
7 writing the articles.

8 Q. Would you agree that such falls are
9 an inevitable consequence of encouraging
10 patients to regain mobility?

11 A. Well, it may be a consequence of
12 encouraging a patient to regain -- but
13 inevitable means everybody's going to get it
14 and I'd rather not use that phraseology. I
15 can't agree with the qualifier inevitable.

16 Q. Would you agree that not every fall
17 in a hospital setting that occurs with a
18 patient who has had an acute illness indicates
19 by its very fact that there is a breach in the
20 standard of care?

21 A. Yes. If it's an absolute statement
22 like that. I actually forgot whether it's a
23 positive or negative. Not every single case
24 can be a breach of standard of care.

25 Q. Falls can occur without being a

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1 Starer

2 breach of the standard of care?

3 A. I would need the specifics of it.

4 But I'm sure one can describe -- might be able

5 to say it's not a breach.

6 Q. You'd have to look at the

7 circumstances surrounding that fall, that

8 particular fall at that particular time, in

9 order to determine whether there was a breach

10 of the standard of care?

11 A. We'd have to look at the factors and

12 see which are preventable and which are not.

13 Q. Would you agree that hospitals with

14 no falls or a very low fall rate can only

15 achieve this by overcustodial approach or

16 widespread use of restraints?

17 A. It sounds like somebody made that

18 statement. I would like to see the article

19 where that's been used. There's been other

20 discussions that restraints don't even stop

21 falls in and of themselves. I'm not sure

22 where this hospital is. But I can't imagine

23 that you have to restrain every elderly

24 patient to get your fall numbers down to zero.

25 I would need to see where you extracted that.

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1 Starer

2 Q. And that's not what I was saying.

3 There may have been some miscommunication.

4 Would you agree that just overall

5 the only way to achieve an absolute zero fall

6 rate or low fall rate would be to take an

7 overcustodial approach or use of restraints?

8 A. I guess it's the overcustodial I

9 don't understand. If that's really increased

10 vigilance in supervision, certainly that is a

11 powerful tool. I would agree with it if

12 overcustodial means close monitoring.

13 Q. Do you agree that there are going to

14 be some falls of patients who have had acute

15 illness if you're going to try to rehabilitate

16 them to regain their mobility, that some falls

17 are going to occur with those patients?

18 A. It's too general. It depends on the

19 patient population. It may be different

20 sectors. I don't know how to answer the

21 question. It's too general. What are some of

22 the variables we're talking about? Actually

23 I'm not sure what we're talking about. You're

24 saying any time you're try to rehabilitate

25 someone, someone's going to fall. I don't

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1 Starer

2 know. I'm not certain about that.

3 Q. Do you intend to offer any
4 criticisms at trial of any of the nursing care
5 that was provided to Ms. Lawson in this case?

6 A. Well, I imagine I would offer some
7 criticism, yes.

8 Q. What would those be?

9 A. It would be in the area of fall
10 precautions and possibly had some additional
11 information on the obtaining of the CT scan
12 prior to the -- following the fall on June 28,
13 2002.

14 Q. What are your specific criticisms of
15 the nurses at Southwest Regional Medical
16 Center with respect to fall precautions in
17 this case?

18 A. Well, they did not -- I do not see a
19 plan being implemented and carried out to
20 prevent her falls. This goes back to what we
21 had spoken about before, monitoring
22 supervision, trying to understand what's going
23 on, you know, with this patient. And that was
24 fall precautions. It's not really dealing
25 with the situation in an effective manner.

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1 Starer

2 Q. Is there anything specific that you
3 believe the nurses could have done which would
4 have prevented this particular fall under
5 these particular circumstances with the
6 physical therapist making the decision to
7 allow her to go to the rest room on her own?

8 A. I think it comes back to the whole
9 approach to toileting with this woman and not
10 having the toileting plan in place, not having
11 a way for either the patient to communicate
12 with the nursing staff or with the nursing
13 staff to anticipate her needs and, you know,
14 she just gets up, goes to the bathroom with
15 the physical therapist standing around and she
16 falls.

17 She could have been on a toileting
18 schedule to make sure the bladder never got or
19 whatever it was, the need to have a bowel
20 movement, never got to the point where she
21 would go off unattended. Just preemptively
22 toileting her, knowing that this is what gets
23 her going, this way she wouldn't have a need
24 to do it off schedule when there's no one
25 around to help her or someone around who

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1 Starer

2 chooses not to help her.

3 Q. Doctor, are you going to testify at

4 trial to a reasonable degree of medical

5 certainty that under these particular

6 circumstances, these fact specific

7 circumstances in this case, that preemptive

8 toileting would have prevented the fall, Ms.

9 Lawson's fall, in this case?

10 A. Yes, I will.

11 Q. What is that based on?

12 A. Based on the time that she got up to

13 toilet herself. If we had toileted her --

14 there's no evidence that I find that she's

15 going to the bathroom just to visit the

16 bathroom. She's going to the bathroom because

17 she has to urinate. She actually says it at

18 one point. If someone had toileted her 15

19 minutes, half an hour, prior to the episode,

20 she -- come in, here we are, we're going to

21 take you, now you're empty, then she wouldn't

22 have felt a need a half an hour later to get

23 up and go. I think it more than likely that

24 would have worked.

25 Q. Do you have any information whether

0208

1 Starer

2 or not the nurses did ask Ms. Lawson whether
3 she had to go to the rest room prior to the
4 physical therapist?

5 A. I couldn't find documentation that
6 they were doing the prompted toileting it's
7 called.

8 Q. Would a nurse be required to
9 document that she asked a patient do you need
10 to go to the rest room? I mean, that's not
11 something a nurse would ordinary document, is
12 it?

13 A. You know what's important is
14 documentation when people are going to be
15 looking for it. That's the whole
16 retrospectoscope. If it's important now, it
17 might have been important then. If we know
18 that this is going to be her problem, that she
19 gets up and goes to the bathroom and we're
20 going to try to put a plan into place, and
21 you're not going to use your care plan, you're
22 going to leave it blank, then there's got to
23 be somewhere else where you can look at it and
24 go, okay, she's been toileted, I don't have to
25 do it.

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1 Starer

2 This is a communication tool. It's
3 not supposed to be used the way we're using
4 it. People are putting in information so they
5 can check to see what the last practitioner
6 did. If you're not going to document your
7 interventions, either you didn't do or you're
8 doing it and you're keeping it a secret. If
9 you're keeping it a secret, we have nothing to
10 build on. Who knows whether she went to the
11 toilet before. Maybe it's here. But I
12 couldn't find it.

13 Q. Doctor, you're saying theoretically
14 if she had this preemptive toileting she might
15 not have needed to go with the physical
16 therapist and the fall wouldn't have occurred.

17 But isn't it also just as likely
18 they could have had this preemptive toileting in
19 place, they could have asked her whether she
20 needs to use the rest room; she could have
21 said no because she didn't at the time, and
22 then 15 minutes later the physical therapist
23 walks in and lo and behold she needs to use
24 the rest room and then we're exactly back to
25 the same situation that we're in? Is that not

0210

1 Starer

2 just as likely?

3 A. You see, it's just as likely because

4 they at the time did not approach this as a

5 problem. It's one basic criticism. She's

6 falling and she's getting up to go to the

7 bathroom. If someone sat down and said well,

8 let's address this. Let's say that it's

9 toilet related and let's put this plan into

10 place and see if it works and document it.

11 Then there would have been no question at that

12 time whether it was working and no question

13 retrospectively whether it was working.

14 It wasn't there. However, I will

15 say that their documentation when they find

16 something is pretty extensive. You can almost

17 say that it didn't occur because there's this

18 whole paragraph here about her peeing in the

19 middle of the night and they just go on and

20 on. So, they're not shy about putting down

21 things. Because I think you might suggesting

22 is it important to document these little

23 things.

24 There's this whole thing about when

25 I need -- she's being quoted. I need to pee.

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1 Starer

2 I'm going to the bathroom. Should I have pee
3 in the bed? It's all in here. So, they are
4 oriented to part of it. They're just not
5 carrying it out. If you're going to document
6 that the woman is getting up in the middle of
7 the night and she doesn't want to pee in bed,
8 then implement a plan, toilet her and let's
9 see where we go.

10 This is just -- it's voyeurism.

11 They're collecting the information but they're
12 not synthesizing it into a plan.

13 Q. You've used the term, it's just
14 speculation.

15 Is it fair to say whether or not it
16 would have changed the outcome in this
17 particular case would also just be speculating
18 as to whether it would have changed the
19 outcome in this particular case?

20 A. Well, I'm basing it on the records
21 and on my experience and on the standard of
22 care and more likely than not it would have
23 made a difference.

24 Q. Do you have any medical treatises or
25 authoritative texts that support that opinion?

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1 Starer

2 A. I don't have it with me now. If
3 you're talking about the opinion of the
4 effectiveness of prompted toileting, that does
5 exist, sure.

6 Q. Can you provide that?

7 A. To Mr. Buchanan?

8 THE WITNESS: Are we going to do
9 that?

10 A. Yes.

11 Q. Also, doctor, do you have any
12 authoritative studies, texts, treatises that
13 support the proposition that in hospital fall
14 prevention programs reduce falls in hospitals?

15 A. This I would actually have to look
16 before I can say yes or no. I can search for
17 that and see if I have it in my file. I don't
18 know if I have it right now.

19 Q. Do you know if such studies exist
20 that support the proposition that these fall
21 prevention programs that you have testified
22 should have been in place with respect to Ms.
23 Lawson actually reduce falls in hospital
24 settings?

25 A. Are you asking for a placebo

0213

1 Starer

2 controlled trial or --

3 Q. What I'm asking for is anything

4 of --

5 A. I could search for you.

6 Q. But as we sit here today, do you

7 know of any authoritative medical text,

8 research treatises that support that

9 proposition?

10 A. As I sit here today, I cannot name

11 one for you.

12 Q. The other criticisms that you had of

13 the nurses you said have to do with respect to

14 the CT scan.

15 What is your specific criticisms of

16 the nurses with respect to that issue?

17 A. I said I might have a criticism

18 there because this -- and this comes back from

19 the deposition of Dr. Thomas. There seems to

20 be some confusion as to whether the CT scan

21 was obtained and I don't know -- I don't know

22 how that was -- the chain of command there. I

23 would need some additional information which

24 might be provided later on where the nurse is

25 the one who, you know, arranges for the CT

0214

1 Starer

2 scan after picking up the order or the nurse
3 is responsible for communicating to the doctor
4 that the CT scan wasn't done or the nurse is
5 not even involved.

6 Without additional information, I
7 may or may not have criticism. It just seemed
8 that the doctor got very annoyed, Dr. Thomas
9 got annoyed that there was a two hour lag,
10 which to me, I would then want to know who did
11 not carry out their part of the -- what was
12 the system for obtaining the CT scan.

13 Q. Have you reviewed Nurse Poge's
14 deposition testimony in this case?

15 A. I looked at it. I didn't read it in
16 as great detail as I did these.

17 Q. As we sit here today, based on the
18 information that you have available to you, do
19 you have any criticisms of the nurses with
20 respect to the ordering or the carrying out of
21 the order of the CT scan?

22 A. With the information I have in my
23 recollection right now, I do not have a firm
24 criticism.

25 Q. You said a firm criticism and you

0215

1 Starer

2 understand we're here today for us to learn
3 all the criticisms that you intend to express
4 at trial and I don't want to be surprised at
5 trial if there's a criticism you intend to
6 express against the nurses.

7 A. If I develop a criticism, I will
8 then inform Mr. Buchanan.

9 Q. Thank you.

10 Have we thoroughly explored your
11 criticisms in this case against the nurses at
12 Southwest?

13 A. I believe we have. As best as I can
14 recall right now I am going to say yes. This
15 is Southwest Traditions?

16 Q. Absolutely.

17 A. Okay.

18 Q. On the fall precautions you said
19 that your criticism of them was there should
20 have been this preemptive toileting and we
21 discussed that in detail.

22 Is it your opinion that the nurses
23 were solely responsible for implementing that
24 plan of care or is this a -- something that is
25 a multi-disciplinary team approach that should

0216

1 Starer

2 have been carried out and wasn't or you hold

3 the nurses solely responsibility for?

4 A. It seems like nobody was carrying it

5 out. I'm holding the nurses and the physician

6 responsible.

7 MS. CAULEY: I'll pass the witness

8 at this point.

9 EXAMINATION BY

10 MR. ANDERSON:

11 Q. I am Overton Anderson. I represent

12 Dr. Lynn Thomas in this case. I'll be asking

13 you some questions about opinions that relate

14 to her.

15 Do you have any opinions that relate

16 to Dr. Lynn Thomas?

17 A. Yes.

18 Q. What are those, sir?

19 A. My -- Dr. Lynn Thomas, as I

20 understand, was involved at the Traditions

21 side. I just want to be clear on that. And

22 my criticism is with the reaction after the

23 fall and the obtaining of the CT scan.

24 Q. What is the criticism? I don't mean

25 to rush you.

0217

1 Starer

2 A. I understand you have a time

3 constraint.

4 After the head trauma there is the

5 neuro checks which we've spoken about and

6 there are changes in her status somewhere

7 along the line, I believe around 1400 hours,

8 1400 hours and 45 minutes where she begins to

9 complain of pain. That is the symptom that we

10 spoke about. And the doctor is notified.

11 Now, at this point it seems like Dr.

12 Thomas is in charge and during this time the

13 patient goes and has a skull x-ray, comes

14 back, gets more confused and vomits. The CT

15 scan is delayed. There is a delay in care and

16 probably a lack of supervision in the

17 implementation of the diagnostic plan at this

18 time.

19 Q. So, is that your sole criticism of

20 Dr. Thomas?

21 A. Well, Dr. Thomas seemed to be

22 involved -- here I would have to -- the

23 relationship between Dr. Thomas and Dr. Green

24 is not that clear to me. I might be provided

25 with additional information later on or maybe

0218

1 Starer
2 right now. But Dr. Thomas writes the
3 admitting orders as well as Dr. Green. It
4 seems that Dr. Thomas, the way this is
5 written, is the primary physician with Dr.
6 Green acting as a consultant for medical
7 issues.

8 I'm not sure how they're operating,
9 but it does say to me that they are operating
10 almost in tandem. And I think it comes up in
11 deposition. Therefore, I would criticize Dr.
12 Thomas as well for the lack of implementation
13 of a fall prevention plan.

14 Q. Is that an opinion that you
15 developed after you and I started talking?

16 A. No. I was giving you the thought
17 process of how I arrived at it. This is an
18 opinion I based upon looking at the chart.

19 Q. What is your understanding of Dr.
20 Thomas' role in the care of this patient?

21 A. My understanding is with the
22 information provided to me that Dr. Thomas is
23 the treating physician for this patient.

24 Q. You understand Dr. Thomas is a
25 psychiatrist?

0219

1 Starer

2 A. This is an understanding I have now,

3 yes.

4 Q. So the answer is yes?

5 A. Yes.

6 Q. And if you would give yes answers
7 and no answers and I don't know answers when
8 you're able to do so, would you do that for
9 me, please?

10 A. I'll do the best I can.

11 Q. Is it your understanding that Dr.
12 Thomas was to provide psychiatric care for
13 this patient and that Dr. Green was to follow
14 the patient with respect to medical issues?

15 A. That was not my complete
16 understanding based upon my review of the
17 records. If you're telling me that, then it's
18 my understanding now.

19 Q. Is there anything in the record that
20 is inconsistent with the proposition that Dr.
21 Thomas was providing psychiatric care and Dr.
22 Green was following this patient for medical
23 issues?

24 A. Yes.

25 Q. What?

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1 Starer

2 A. Looking at the order sheets and
3 they're both writing admitting orders and it
4 seems to be a bit of a crossover here where
5 Dr. Green is prescribing the -- some of the
6 psychiatric medicines. He writes the
7 admitting orders for Effexor where Dr. Thomas
8 takes on the responsibility of ordering diet,
9 vital signs, weights, activity orders,
10 medicines for constipation. That's why my
11 answer was longer, that they seemed to be
12 sharing responsibility.

13 Q. To the extent that they shared
14 responsibility are you able to determine?

15 A. I can't determine where one led off
16 and the other began. I see Dr. Green writes
17 orders in the chart. Dr. Thomas writes
18 orders. Dr. Thomas felt very involved in the
19 obtaining of the CT scan. That's a medical
20 component in which she was involved in.
21 That's why I'm having difficulty dividing
22 their responsibilities.

23 Q. You understand that Dr. Thomas'
24 specialty is psychiatry?

25 A. You have told me that and I

0221

1 Starer

2 understand it.

3 Q. Is it your intention to express

4 opinions regarding the duty of Dr. Thomas in

5 this case?

6 A. I need clarification. The duty in

7 what way?

8 Q. Is it your expectation to testify

9 that Dr. Thomas had a duty to do something she

10 didn't do?

11 A. Yes.

12 Q. What is it you intend to testify

13 about with respect to?

14 A. That's a good question. I would

15 testify that she was involved with the care of

16 this patient as far as preventing falls and

17 also with the obtaining of a CT scan.

18 Q. What is it that you claim that Dr.

19 Thomas could or should have done that might

20 have prevented the fall of June 28th, 2002?

21 A. If Dr. Thomas had also contributed

22 to a care plan, which did not seem to exist,

23 there might have been a care plan and then the

24 fall would not have occurred.

25 Q. How do you know that?

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1 Starer

2 A. How do I know that?

3 Q. Yes, sir.

4 A. Well, in the absence of a plan, the
5 falls continue to occur. In the absence of
6 Dr. Thomas recognizing that the patient is at
7 risk of falls, there was no opportunity to
8 intervene. And certainly this is her purview.

9 Q. Are you assuming that Dr. Thomas did
10 not recognize that this patient had a risk of
11 falls?

12 A. I am basing it on my review of the
13 records where I don't see Dr. Thomas
14 discussing the risk of falls. It might be in
15 a document which I don't have. But I don't
16 see that this is addressed.

17 Q. So you assume that Dr. Thomas did
18 not consider this patient's risk of falls?

19 A. I don't see any evidence of that.

20 Q. So, do you assume that she did not
21 address or consider risk of falls in this
22 patient?

23 A. I can assume based on the
24 documentation that her consideration was not
25 communicated with the staff and the result was

0223

1 Starer

2 the patient fell.

3 Q. You have told some of these lawyers

4 that you don't know whether or not this

5 patient would have died even if she had an

6 immediate CT scan; is that correct?

7 A. That's correct.

8 Q. And you don't know if a CT scan

9 conducted, for example, immediately after

10 11:45 would have shown an intracranial bleed?

11 A. That is correct.

12 Q. And you don't know if earlier

13 surgery would have changed the outcome in this

14 case; do you agree?

15 A. I do not know based on the

16 information I had.

17 Q. You don't know if any intervention

18 taken by any physicians taken after the fall

19 would have changed the outcome in this case?

20 A. That's correct.

21 Q. You used the term standard of care

22 in your testimony.

23 A. Mm-hmm.

24 Q. What do you mean by that term?

25 A. The standard of care is what a

1 Starer

2 practitioner who is reasonable, responsible

3 and prudent would provide to a patient in

4 order to deliver care.

5 Q. What you have given us is your

6 opinion as to the standard of care of what was

7 required of Dr. Thomas and Dr. Green; is that

8 right?

9 A. That's right.

10 Q. In other words, the standard of care

11 is not something that is written down, is it,

12 sir?

13 A. Oh, it can be found, certainly.

14 Q. Do you believe that there is

15 something written in any of these articles

16 that you have accumulated here to support your

17 opinions that even discusses standard of care?

18 A. Without going through the articles

19 in detail, I'm not sure if the phrase standard

20 of care is there. But there are guidelines

21 how to take care of patients.

22 Q. There are recommendations?

23 A. Recommendations and rules and

24 regulations. Yes, it's all included.

25 Q. Are there any -- you told us there

0225

1 Starer

2 are no written protocols or policies at your
3 hospital with respect to when a CT scan is to
4 be ordered?

5 A. Not that I'm aware of.

6 Q. Do you know of any hospital anywhere
7 that has a policy or a protocol that requires
8 a CT scan?

9 A. Well, certainly I have not been to
10 every hospital. But I, of course, would say I
11 cannot tell you about every hospital, so I
12 don't know.

13 Q. You don't know if the standard of
14 care in Little Rock, Arkansas, has anything
15 written that says in circumstances such as
16 this a CT scan would be required, do you, sir?

17 A. You said the standard of care in
18 Little Rock has written.

19 Q. Maybe I misspoke.

20 Do you know about any written
21 standard of care that exists at any hospital
22 in Little Rock, Arkansas?

23 A. No, as I sit here today --

24 Q. Let me finish my question.

25 A. Oh, sorry.

0226

1 Starer

2 Q. Do you know anything written in any
3 hospital in Little Rock, Arkansas that
4 requires a CT scan be ordered for a patient
5 under circumstances such as this?

6 A. I don't know of any written
7 documents in Little Rock, Arkansas that
8 addresses this.

9 Q. Do you know of anything in Arkansas,
10 any written documents, that require CT scan
11 under circumstances such as this?

12 A. I am not aware of any documents at
13 this time in Arkansas about CT scans about
14 situations --

15 Q. You have articles that have
16 recommendations, but those aren't rules, are
17 they?

18 A. Without going into each of the
19 articles. There may be a rule in here. I'll
20 just say in general these are recommendations
21 and guidelines, direct guidelines.

22 Q. And recommendations and guidelines
23 are not rules and regulations that doctors
24 must always follow?

25 A. These are not laws. These are

0227

1 Starer

2 guidelines.

3 Q. Do you agree with the statement

4 never say always and never say never?

5 A. No. But I don't know what it

6 actually means.

7 Q. Does that apply in medicine?

8 A. I don't use that phraseology, so --

9 Q. To what extent is clinical judgment

10 a factor in the standard of care?

11 A. Clinical judgment is a factor in the

12 standard of care.

13 Q. How? How is it a factor?

14 A. Clinical judgment allows you to

15 apply the guidelines in a rational way to the

16 patient you have with you.

17 Q. You say your practice at your

18 hospital is to order a CT scan under

19 circumstances such as Ms. Lawson's case; is

20 that right?

21 A. That's correct.

22 Q. When did you learn what the standard

23 of care in Little Rock, Arkansas was?

24 MR. BUCHANAN: Object to the form.

25 A. When did I learn? I guess I learned

0228

1 Starer

2 what the standard of care in Little Rock,
3 Arkansas is when I learned what the standard
4 of care is in New York.

5 Q. Your assumption is the standard of
6 care in New York City is the same as in Little
7 Rock?

8 A. Yes, applicable, yes.

9 Q. Is there any locale in the United
10 States that you believe to have a different
11 standard of care than New York City?

12 A. I would have to go area by area. As
13 of now I cannot think of -- I'm not really
14 addressing other locales, so I can't think of
15 an answer for you.

16 Q. Do you assume that there is a
17 national standard of care?

18 A. I believe that there is a standard
19 of care where I practice and when there is an
20 area that is similar as far as population and
21 medical community, then the standard of care
22 where I am applies there.

23 Q. You mentioned that you looked at the
24 demographics of Little Rock?

25 A. That is correct.

0229

1 Starer

2 Q. Is that information Mr. Buchanan's
3 law firm sent to you?

4 A. Yes. I received it from them.

5 Q. What do you mean by demographics?

6 A. I actually looked at a bunch of
7 things. Should I itemize them?

8 Q. Just tell me what you mean by
9 demographics.

10 A. Age and gender distribution, race
11 distribution, household income, infant
12 mortality, infant statistics and I also looked
13 at the physician specialty list, state nurse's
14 aide training programs and some information on
15 nursing home facilities.

16 Q. So you looked at the demographics of
17 the general population with items such as age,
18 sex, income, what else?

19 A. Race.

20 Q. Race.

21 A. Infant mortality, if that counts.

22 Q. Let's just talk about demographics.
23 Those items that you talked about, how does
24 that tell you what the standard of care of
25 doctors practicing in Little Rock, Arkansas

0230

1 Starer

2 is?

3 A. It tells me that we're treating a
4 similar population of people.

5 Q. It tells you that people in Little
6 Rock are similar to people in New York still?

7 A. More similar than different, yes.

8 Q. And then you also look at
9 physicians' specialties?

10 A. That's right.

11 Q. What physicians' specialties exist
12 in Little Rock, Arkansas and what physicians'
13 specialties exist in New York, correct?

14 A. Exactly.

15 Q. How does that help you determine
16 what the standard of care is in Little Rock,
17 Arkansas?

18 A. It helps me see that the same depth
19 of medical information is available in both
20 places. There are specialists there and there
21 are specialists here and the different
22 disciplines are represented in both geographic
23 locations.

24 Q. You are not a psychiatrist?

25 A. No.

0231

1 Starer

2 Q. No residency in psychiatry?

3 A. That is true.

4 Q. Never held any privileges at any

5 hospital to practice psychiatry?

6 A. True.

7 Q. Never taken boards in psychiatry?

8 A. Yes, that's true.

9 Q. Never admitted a patient to a

10 psychiatric ward?

11 A. No, I haven't.

12 Q. Do you claim any expertise in the

13 field of psychiatry which is Dr. Thomas'

14 specialty?

15 A. I have no expertise beyond what I

16 would need to know as an internist.

17 Q. If you encountered a patient who

18 needed psychiatric care, would you consult a

19 psychiatrist?

20 A. I will say yes. I mean, if it's my

21 patient, yes.

22 Q. What are hospital privileges? What

23 are privileges?

24 A. The privilege is exactly that, the

25 right to practice in a hospital. You are

1 Starer

2 granted that privilege to take care of
3 patients in that particular facility.

4 Q. You have privileges at your
5 hospital, I take it, to practice as an
6 internal medicine specialist and a geriatric
7 specialist?

8 A. Yes.

9 Q. Is that the extent of your
10 privileges?

11 A. Yes.

12 Q. And to gain those privileges you or
13 any other physician have to convince the
14 medical staff that you are educated and
15 trained and experienced enough to practice in
16 that specialty, correct?

17 A. And ongoing education, yes.

18 Q. Do you know anything about Dr.
19 Thomas?

20 A. Aside from what I have in the
21 deposition and the note she's written, that's
22 all I know.

23 Q. Do you have any reason to believe
24 that she lacks any training or experience to
25 practice as a psychiatrist?

0233

1 Starer

2 A. Without having her CV in front of me
3 now, I have no reason to suspect that she
4 lacks the experience and training to practice
5 as a psychiatrist.

6 Q. As far as you know, is she well
7 trained and experienced as a psychiatrist?

8 A. I don't know anything about her
9 training, actually.

10 Q. Have you encountered in your career
11 physicians who are caring physicians?

12 A. Yes, I have encountered caring
13 physicians.

14 Q. Do you know whether or not Dr.
15 Thomas was a caring physician?

16 A. I do believe she's a caring
17 physician.

18 Q. Do you believe she has the best
19 interest of her patients at heart?

20 A. I believe everyone has the best
21 interests of their patients at heart.

22 Q. Dr. Thomas and the other caregivers
23 providing care to Ms. Lawson had to make
24 clinical decisions regarding her care; is that
25 correct?

0234

1 Starer

2 A. Could I just hear that one again,

3 I'm sorry?

4 Q. The caregivers, including Dr.

5 Thomas, had to make clinical decisions

6 regarding Ms. Lawson's care; is that correct?

7 A. Right. They were responsible for

8 her care, yes.

9 Q. In doing that, they had to make

10 judgments as to what care would have been

11 appropriate for her; is that right?

12 A. That is true.

13 Q. And your opinions that you've

14 expressed indicate to us that you believe you

15 would have made those judgments differently

16 than Dr. Thomas and Dr. Green; is that right?

17 A. Yes.

18 Q. I may have asked this. I want to

19 make sure that we have it.

20 Do you know of any law, regulation,

21 rule or policy which would require Dr. Thomas

22 to do anything differently than what she did

23 with respect to this patient?

24 A. Law, rule, policy and what was the

25 last thing --

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1 Starer

2 Q. Just take those. Any law,
3 regulation, rule or policy.

4 A. I am not aware of any law to check
5 your CT scan. I would have to say with the
6 information I have now, I don't know of any
7 law or rule that requires her to provide the
8 care in the manner that I have suggested.

9 Q. Or policy?

10 A. Policy, the policy might differ
11 where I am and I don't know, there might be
12 policies elsewhere. I don't know, I can't say
13 right here as I sit here today that I know of
14 a policy.

15 Q. Do you know of any writing anywhere
16 that says Dr. Thomas should have done
17 something differently than she did?

18 A. Any writing that says you should
19 check a CT scan, that it's obtained. I don't
20 know of such an exact written comment as I sit
21 here today.

22 Q. So, what we're left with is, if
23 there is no writing or rule or policy, what
24 we're left with is clinical judgment?

25 A. The doctor just does what they want.

1 Starer

2 Q. Within the confines of the standard
3 of care where they practice, correct?

4 A. No. There's no rule. Then, in the
5 absence of rules, laws, policies, one should
6 do according to the standard of care. So, I
7 believe there was a deviation -- I'm not
8 saying that she didn't comply with the
9 standard of care. I'm saying she deviated
10 from it.

11 Q. You're saying she deviated from what
12 your opinion is as to the standard of care,
13 correct?

14 A. As my understanding of the standard
15 of care as it applies to Little Rock,
16 Arkansas, she deviated. That is my opinion.

17 Q. Do you agree that Dr. Thomas had
18 some advantages over you, sir?

19 A. In what way?

20 Q. Was she able to see and evaluate
21 this patient?

22 A. She had the opportunity to see and
23 evaluate the patient and I did not.

24 Q. Did she do that?

25 A. I don't see any evidence of it in

0237

1 Starer

2 the chart.

3 Q. You see no evidence that Dr. Thomas

4 saw this patient and evaluated her?

5 A. At the time of my -- the part of the

6 time that I'm criticizing. There are other

7 times where she has documentation, but I do

8 not see during that critical time

9 documentation that she saw the patient.

10 Q. What is that critical time as you're

11 using that term?

12 A. If you give me a moment. I believe

13 the critical time would have been when she

14 realized the CT scan had not been obtained,

15 two hours.

16 Q. Are you saying Dr. Thomas should

17 have done something differently after she

18 realized a CT scan had not been obtained?

19 A. Yes.

20 Q. What is it you claim she should have

21 done differently?

22 A. Obtain the CT scan.

23 Q. Isn't that what she did?

24 A. Well, you have to understand that

25 two hours had passed. So if she waited four

1 Starer
2 hours and then obtained it, that doesn't make
3 it any righter (sic) either -- any more right.
4 She did not know that the CT scan had been
5 obtained. And then on discovering it had not
6 been obtained, she ordered it. I don't think
7 that corrects the absence of oversight --

8 Q. I think we're not communicating.

9 A. Perhaps not.

10 Q. I thought you just told me that the
11 critical time as you viewed it was when Dr.
12 Thomas realized that the CT scan had not been
13 performed, which you said was 1445.

14 A. From 1445 is when the doctor was
15 notified. There's an order in here actually
16 from Dr. Thomas to order -- and I hope I'm
17 reading it correctly, a skull x-ray today as
18 soon as possible at 1500 hours. By this
19 documentation she herself did not order the CT
20 scan and might have made an error ordering a
21 skull x-ray either by mistake or thinking that
22 is the test to be obtained.

23 Then by her deposition, she comes
24 back several hours later and says why didn't
25 we get a CT scan. From 1445 the patient

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1 Starer

2 deteriorates. 1445 Dr. Thomas orders a skull

3 x-ray. At 1510 the patient goes for skull

4 x-ray. And then when the patient is vomiting

5 at 1600 hours Dr. Thomas is surprised a CT

6 scan was not obtained.

7 Q. What did you assume Dr. Thomas

8 ordered at or about 1500 on June 28th, 2002?

9 A. Well, my presumption is based upon

10 the physician's order which I have here where

11 it says skull x-ray today ASAP.

12 Q. Is it your assumption that Dr.

13 Thomas ordered a skull x-ray at 1500 on June

14 28, 2002?

15 A. That is my assumption.

16 Q. And then later on in the afternoon

17 you know that Dr. Thomas became aware that a

18 CT scan was not actually accomplished?

19 A. Based on her deposition, yes, that's

20 what I'm basing it on.

21 Q. You indicated to us, doctor, that

22 you have never been sued yourself for

23 malpractice?

24 A. That is right.

25 Q. Do you realize what you are doing is

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1 Starer

2 offering the opinion that Dr. Thomas was
3 guilty of malpractice?

4 A. I would need to have that -- if
5 you're telling me and --

6 Q. I'm asking if you realize that what
7 you are doing is offering your opinion that
8 Dr. Thomas was guilty of malpractice?

9 A. I didn't realize that.

10 Q. What did you think you were doing?

11 A. I was critiquing her care of the
12 patient.

13 Q. In critiquing Dr. Thomas' care of
14 the patient, was it important for you to be
15 fair?

16 A. Absolutely.

17 Q. Would you want an expert testifying
18 against you in a malpractice case to be fair
19 with you?

20 A. I hope so.

21 Q. Would you want such an expert
22 testifying in a malpractice case that you were
23 guilty of malpractice to be knowledgeable in
24 your field?

25 A. In the areas that I'm being

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1 Starer

2 critiqued for I would like them to be

3 knowledgeable.

4 Q. Would you want such an expert to

5 have a basis for his or her opinions?

6 A. Yes, sir.

7 Q. Would you want such an expert to

8 guess about things?

9 A. I would like them to form their

10 opinions on the basis of a reasonable medical

11 certainty.

12 Q. You wouldn't want them to guess or

13 speculate, would you?

14 A. No. But if asked to speculate, they

15 may speculate.

16 Q. You wouldn't think it would be fair

17 for an expert testifying against you and

18 saying you were guilty of malpractice to guess

19 or speculate, would you?

20 A. They may be asked to speculate. But

21 in the end I think the decision will be made

22 on reasonable medical probability.

23 Q. You wouldn't think it would be fair

24 for an expert testifying against you to base

25 opinions on assumption?

1 Starer

2 A. It should be based on the chart, the
3 depositions, facts.

4 Q. But not on assumptions?

5 A. On reasonable medical probability,
6 as I said before.

7 Q. Why wouldn't you want an expert
8 testifying against you to base opinions on
9 guessing, speculations and assumptions?

10 A. Because it should be based upon what
11 has happened, what should be done and a
12 reasonable medical probability.

13 Q. Tell us something about your
14 relationship with this law firm that Mr.
15 Buchanan is with. The Lawson case is the
16 first case you received from this law firm?

17 A. That's what I recall, yes.

18 Q. And you said earlier in this
19 deposition, according to my notes, that you
20 had received three or other -- three or four
21 other cases from this firm since the Lawson
22 case; is that correct?

23 A. Yes. I think it may be three or
24 four. I didn't count them.

25 Q. So you've received a total including

1 Starer

2 this case of four or five cases now from the

3 Wilkes & McHugh law firm?

4 A. It may be four or five.

5 Q. And you told somebody here that the

6 cases you now have under review for all law

7 firms are around nine; is that correct?

8 A. Yes, roughly.

9 Q. Is the time that you spent on the

10 Lawson case about typical for the amount of

11 time you spent before the deposition today?

12 A. This is atypical.

13 Q. What do you mean by atypical?

14 A. I spent more time on this than I

15 usually do.

16 Q. You said you spent 15 hours on this

17 case before today.

18 What would be a typical amount of

19 time for you to spend on the other nine cases?

20 A. The way those are usually done, more

21 often than not it doesn't go to the point of

22 deposition.

23 Q. That's why I restricted it to before

24 the deposition.

25 A. But in preparation for the

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1 Starer

2 deposition, I start doing more work. You're
3 saying before the deposition is announced?

4 Q. Before you met with Mr. Buchanan
5 yesterday.

6 A. Once they started notifying me there
7 was going to be a deposition, I started
8 working again. In any case, prior to a
9 deposition, then it would be the same if a
10 deposition was to occur.

11 Q. How much time have you spent on this
12 case this month before today?

13 A. This is a very short month. That
14 would have been since Saturday.

15 Q. Say the last 30 days.

16 A. I did some work on Thursday --
17 Thursday might have been an hour. Friday I
18 did like a couple of hours. Saturday maybe
19 two more hours. And then yesterday I devoted
20 a lot of time, maybe six hours or so.

21 Q. And all of that totaled up to 15
22 hours total that you expended to this case?

23 A. I may have lost a number. Prior to
24 the deposition I might -- probably went five
25 hours and then maybe ten over the last two or

0245

1 Starer

2 three days. But I don't have exact numbers
3 for this. And I'm estimating 15. But I'm
4 going to say 15.

5 Q. And you said that this is an
6 atypical case.

7 Before you started preparing for
8 your deposition was there anything different
9 about the time you spent on this case?

10 A. No. No. It's the same. This was
11 all the same.

12 Q. Do you keep any time record of the
13 time you spend?

14 A. No. It's very informal. I have so
15 few cases I just --

16 Q. Nine doesn't sound like a few.

17 Is this more cases than you've ever
18 had in your career at one time?

19 A. No. It's a rough number of hours.
20 And I just have a certain memory that I've
21 done this. And I move it to piles so I sort
22 of know at what point I'm looking at how many
23 hours. Really I'm estimating hours. It's not
24 very rigid.

25 Q. Have you billed any time on the

0246

1 Starer

2 Lawson case so far?

3 A. No.

4 Q. Did you require a retainer before

5 you started looking at records?

6 A. I asked for one. I didn't get one

7 this time.

8 Q. Have you received more than four or

9 five cases from any law firm other than the

10 Wilkes & McHugh law firm?

11 A. Yes.

12 Q. What other firm would that be?

13 A. Four or five. Let me think now. I

14 know the Filmore law firm in Texas I may have

15 done four. There is another lawyer who's

16 never done a deposition but sends me cases to

17 look at. The name is Doolan, D-o-o-l-a-n, in

18 New York. And there might be another guy,

19 another firm in Pennsylvania. I think we

20 might have hit the four mark. Dorian,

21 D-o-r-i-a-n.

22 Q. Dorian is the Pennsylvania firm?

23 A. Pennsylvania. Doolan is New York.

24 Filmore is Texas. I'm trying to think if

25 there's any more where I've done four or more.

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1 Starer

2 Q. Another question I had was, now you
3 tell me you estimate nine cases that you are
4 currently working on.

5 Is that more cases than you've ever
6 had in your quote inventory close quote since
7 you've started --

8 A. There's no regularity to it. We're
9 talking about things that stay open. So
10 there's an overlap. Some of these cases may
11 have been open for -- over time, it's more
12 than seven years ago, but might be the average
13 for around the last couple of years.

14 Q. So for the last couple of years you
15 estimate you might have had nine open cases?

16 A. It really varies. Something ends
17 and something comes.

18 Q. We're all supposed to file income
19 tax in the next couple of days.

20 A. Absolutely.

21 Q. For 2004 how much money did you make
22 from your reviews?

23 A. I'm going to estimate because it's
24 in the hands of my accountant now. I don't
25 know if it's 15,000 or 20,000. It will be

1 Starer

2 certain on April 15th.

3 Q. Yes, sir. Your best estimate now is
4 somewhere in the 15 to \$20,000 range?

5 A. Yes. It's all these little slips of
6 paper and then I hand it over to the
7 accountants.

8 Q. And 2003, would that be about the
9 same?

10 A. Yes. I don't even remember now. It
11 might be less.

12 Q. It would be the same or less in
13 2003?

14 A. Maybe the same or less. It varies
15 from year to year.

16 Q. And 2002, do you have any estimate?

17 A. I don't know. It's not going to --
18 it shouldn't go much higher than 15,000.

19 Q. And you have in earlier depositions
20 estimated that your income from this activity
21 on behalf of lawyers would range in the five
22 to ten percent of your income?

23 A. Yes. I think that still stands.

24 Q. Your other income from your
25 practice, and we won't get into whatever else

0249

1 Starer

2 you have, is salaried income; is that right?

3 A. That's right.

4 Q. The income you make from this kind
5 of activity, do you take leave, do you take
6 vacation? You're full-time employed, so how
7 do you do that?

8 A. That's a very good question.
9 Vacation.

10 Q. So you're on vacation today?

11 A. It just became a vacation. It
12 wasn't in the morning, but it became vacation.

13 Q. When you're on trial, you would have
14 to use vacation?

15 A. I have to use vacation, yes.

16 Q. Doctor, you produced these articles
17 to us today and we have not, of course, had
18 time to review them. When we do review them,
19 we may have additional questions. But I know
20 we all have planes to catch. So I'm going to
21 quit at this point with the proviso that we
22 may on review of the documentation need to
23 supplement by telephone.

24 Fair enough?

25 A. Fair to me.

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1 Starer

2 MR. BUCHANAN: I have one. We'll

3 offer that as Exhibit 3.

4 (Starer Exhibit 3, curriculum

5 vitae, marked for identification, as of

6 this date.)

7 BY MS. CAULEY:

8 Q. Doctor, you don't plan on coming and

9 testifying at trial that anyone acting on

10 behalf of Southwest did anything intentionally

11 or willfully to injure Ms. Lawson, do you?

12 A. Willfully or intentionally, no, I

13 don't think that anybody intended to hurt her.

14 MS. CAULEY: That's all I've got.

15 EXAMINATION BY

16 MR. BUCHANAN:

17 Q. Doctor, have your criticisms of

18 these defendants been expressed to a

19 reasonable degree of medical certainty?

20

21

22

23

24

25

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1 Starer

2 A. Yes.

3 MR. ANDERSON: Object to the form.

4

5

6 (Time Noted: 4:05 p.m.)

7

8

9

10 PERRY J. STARER

11

12 Subscribed and sworn to before me

13 this ___ day of _____, 2005.

14

15 _____

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25

1 CERTIFICATE

2 STATE OF NEW YORK)

3 : ss.

4 COUNTY OF NASSAU)

5

6 I, ELIZABETH F. TOBIN, a Notary

7 Public within and for the State of New

8 York, do hereby certify:

9 That PERRY J. STARER, the witness

10 whose deposition is hereinbefore set

11 forth, was duly sworn by me and that

12 such deposition is a true record of the

13 testimony given by the witness.

14 I further certify that I am not

15 related to any of the parties to this

16 action by blood or marriage, and that I

17 am in no way interested in the outcome

18 of this matter.

19 IN WITNESS WHEREOF, I have

20 hereunto set my hand this 12th day of

21 April, 2005.

22

23

24

25 _____
ELIZABETH F. TOBIN

1 ----- I N D E X -----

2 WITNESS EXAMINATION BY PAGE

3 PERRY J. STARER MR. EDWARDS 5

4 MS. CAULEY 164, 250

5 MR. ANDERSON 216

6 MR. BUCHANAN 250

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10 ----- EXHIBITS -----

11 STARER FOR ID.

12 1 Notice 6

13 2 Copy of expert disclosure 136

14 3 Curriculum vitae 250

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